

St. Michael's Academy

An Institute of the Brothers of St. Patrick

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"Now I saw a new heaven and a new earth, for the first heaven and the first earth had passed away. Also there was no more sea." Revelation 12:1 WHAT IS A CHANGE?

"It is an act or process through which something becomes different. "Growth is the energy of life. You can invite the light of growth into your life in simple daily ways. Small changes add up to big ones, and every positive step you take for yourself can advance you on your path to a healthy, balanced, beautiful life.

Through Scriptures we know that God wants us to succeed in life. By growing and using our faith and trust in the Lord we can be strengthened to fulfill His will in our lives- this is true success. The first and most important thing required for making changes in your life is actually wanting to change and often you'll find that you're unaware of the emotional factors that are holding you back. Many people for instance won't take a chance on a career change, or on launching a project, because they are afraid of failure. They don't want to try, because they're afraid it won't go right. Before you can begin to make the real change in your life, you need to make sure you really want them which means thinking about the things you want to change, and maybe even talking to a professional.

The success of any kind of social epidemic is heavily dependent on the involvement of people with a particular and rare set of social gifts. A change solely does not depend upon a person's skills, but also the culture in which the person exists. You cannot be a connector if you are in an environment where people do not want to come together. So although a change agent can trigger growth in an organization, the culture in which they exist or are brought into has a huge bearing on their success. If a school embodies itself as a true learning organization, change will happen much quicker. With that being said, the individuals who are really successful in helping to be a catalyst for change certainly embody some similar characteristics.

- 1. An individual does not have to be the person in authority, but they do however need to have a clear vision and be able to communicate that clearly with others. It is essential to note that a clear vision does not mean that there is one way to do things; in fact, it is essential to tap into the strengths of the people you work with and help them see that there are many ways to work towards a common purpose.
- 2. Change does not happen overnight which is a universal truth. To have sustainable change that is meaningful to people, it is something that they will have to embrace and see importance. Most people need to experience something before they really understand that, and that is especially true in schools. Every step forward is a step closer to a goal.
- 3. Asking questions focusing on, "What is best for kids?", and helping people come to their own conclusions based on their experience is when you will see people have ownership in what they are doing. Keep asking questions to help people think, don't alleviate that by telling them what to do.
- 4. Someone who stays active in not necessarily teaching, but active in learning and working with learners can show by example what learning can look like now, will have much more credibility with others. If you want to create "change", you have to not only be able to articulate what that looks like, but show it to others.
- 5. All of the above, means nothing if you do not have solid relationships with the people that you serve. People will not want to grow if they do not trust the person who initiates changes. You should never be afraid to approach that individual based on their "authority" and usually they will go out of their way to connect with you.

Without a doubt, transformation is another way of saying change. God does not want us to be like the world. Instead, He wants us to change who we are by renewing our mind and setting our sights on Him.

We believe that changes will help to create more leaders.

Be the change to see the change. Stay Blessed.

Editorial Board

Rev. Bro. Jeyaseelan Mrs. Dixeena Nathan & Mrs. Sofia Wilson Mr. Sathish Kumar

From the Principal's Desk

Dear Michaelites,

"The highest Education is that which does not merely give us information but makes our life in harmony with all existence." - Rabindranath Tagore.

I take great pleasure in presenting the Annual reflection of SMA, documenting its developments and achievements. The year 2016-17 was marked with many events

and success stories. This can be attributed to the dedication and team spirit of the members of the management, staff, non-teaching staff, students and parents.

I feel that schooling is our first contact with the world, a period of joy, healthy competition and learning to adjust. It is not the wide open spaces, classrooms, the libraries, laboratories, and the large fields that make a school. It is in the heart of the students, teaching and non-teaching staff and in particular our parents that our true institution exists.

SMA family has left no stone unturned in providing an environment which facilitates the integrated development of a child's personality. In this journey our students have earned many laurels in various academics, co-curricular, sports activities and brought fame and goodwill to the institution. Our school plays an important role in enabling every student to face a real life situation with adequate knowledge not only through text books but also through their excursions, and outreach programs.

The aim of our school is to mould our students to grow into fine human beings who are capable to face the challenges of the present world. We make sure that those who pass out from our school are to be men and women who are ever ready to live and serve others.

"Watch your Thoughts; they lead to attitudes.

Watch your Attitudes; they lead to words.

Watch your Words; they lead to your actions.

Watch your Actions; they lead to your habits.

Watch your Habits; they lead to your character.

Watch your Character; it determines your DESTINY."

I sign - off with acknowledgement to our students and staff members for their concerted effort in making the annual school magazine as it is and wish all readers an enriched journey through the pages of "Be a Change; See the Change" which was the theme for the year 2016-17.

May God Bless us All.

Regards **Bro. Jeyaseelan**



Vice Principal's Message

Mahatma Gandhi rightly said, "Be the change that you wish to see in the world.

"You must be the change you want to see in the world."

If you change yourself you will change your world.

Students can play a vital role in changing society as they have a decisive force to mould people around them.

We should learn and practise duties and decent behaviour towards others to make the society trouble-free Whatever changes we would like to effect in our society has to begin with us.

"India's youth are tomorrow's leaders and they can bring about great social change. Through regular action like tree plantation drives, cleanliness drives, visits to old age homes, skill development programmes for under-privileged children, these young leaders have been able to make a difference in the society they live in "Change starts from us."

The concept of change can be unsettling. Many of us would prefer to shy away from changes no matter whether they are big or small. However, change is an integral part of your personal development journey and for the most part should be embraced. Change touches all aspects of life, but embracing change in your career, can contribute enormously towards positive personal development.

I came across an interesting article. This article was about how an 18 year old domestic help started a make shift school for children in her area!

Suchita Baraik, an 18-year-old resident of Ranchi, Jharkhand, goes out every morning to work as a domestic help that enables her to earn a living for herself and her parents. But every evening, she takes up the role of a teacher for the 60 children who come to her house to study.

Kudos to this woman, for taking a stand and making a change!

If she can do it, with such dire situations - you can do it too!

Change enables you to become the person you want to be. Practising and enacting change yourself is one of the most rewarding processes you will ever experience. It also displays a very valuable life skill.

Implementing change in your life and kick starting your personal development by investing in training will help your past to seem like a distant memory and help you to step into the career role you always dreamt of.

Change Leads to Opportunity and Experiences

Change Ensures That Bad Situations End

Change means progress

Let our every moment be an example of what we teach and counsel.

Let our every action be a reflection of our beliefs.

Let our every word be reflective of our own thoughts.

As you reflect on your life, realize that every growth period is accompanied, and sometimes caused,

by significant changes. Like it or not you must be willing to transform if you wish to grow and

have the desire to become the best you can be.

Be the change! See the change!

God bless Rev. Bro. Pasca

XII SCHOOL TOPPERS



Sandra Anne Sharon 1185 / 1200



Nachammai Savithri 1178 / 1200



Meenakshi .S 1177 / 1200



Salma Afraah .F 496 / 500





Manu Sanchara .S 490 / 500



Jashwaanth S.B. 491 / 500



Lindsey .A 490 / 500

Kavyashree .A 490 / 500

PTA AWARDS FOR EXCELLENCE

HIGHER SECONDARY 2015 - 2016

School First	::	Sandra Anne Sharon	1184/1200
Group A : First	::	Deepashri Marieta P J	1173/1200
		Adithi K	1173/1200
Group B : First	::	Sushmita Rajtilak	1168/1200
Group C : First	::	Sandra Anne Sharon	1184/1200

CENTUMS

CHEMISTRY: Deepashri Marieta P.J.

GENERAL MATH: Sushmita Rajtilak & Kritheka K

BUSINESS MATH: Sandra Anne Sharon

ACCOUNTANCY: Sandra Anne Sharon | Nachammai Savithiri | Abirami V

Michelle Finny & Sharon Rose Swamykannu

COMMERCE: Sandra Anne Sharon | Meenakshi | Ajith Arumugam &

Nachammai Savithiri

ECONOMICS: Nachammai Savithiri

FRENCH 199 / 200

Munukoti Mrithika Adithi. K Shwetha Mahendran Ann Mary Chittilappilly

Sushmitha Rajtilak Debbie M S

Jaaymi Dasan Elvia Camille G

Joe Aksharan P Kritheka K

Nitish B Sundar Maureen Rachel Cassandra

Sailesh U Neha Pranadika B

Sharath L Priyanka P

Vignesh A S

Abirami V

Daya Shivan

Lakshana Ramakrishnan

Meenakshi S

Nachammai Savithri R

Sandra Ann Sharon

Abhishek Joseph George

Ajith Arumugam

S.S.L.C. 2015 - 2016

SCHOOL FIRST: SALMA AFRAAH F 496 / 500

PTA AWARDS FOR EXCELLENCE

CENTUM IN MATHEMATICS (17)

Daniya Nishi N

Dharani S

Harita Lakshmi B

Kavyashree A

Kiruthika K

Prasidha Prabhu

Salma Afraah F

Sarah Edith Perinbam J

Allen Jones N

Anselm Nicholas H J

Arunachalam J

Hilal Ahmed P M

Jaswaanth S.B

Maurice Britto L

Sabarish Subramaniam A V

Sanjit J. K.

Sukhesh K. R.

CENTUM IN SCIENCE (6)

Sneha B

Daleesh D

Jashwaanth S.B.

Kevin Christopher A

Suriya Prakash Y.J.

CENTUM IN SOCIAL SCIENCE (24)

Dharani S

Haritalakshmi B

Arunachalam J

Karunya V

Katherine Olivia R

Lily Ann B

Lindsey A

Kavyashree A

Nethra A

Niranjana

Priyanka R

Reshma Anna Daniel

Saher Unnisa

Salma Afraah F

Amrut Srinivas

Ashif K.M.

Bhargav Harshal Vora

Chriswin A

Daleesh D

Jashwaanth S.B.

Maurice Britto L

Sanjay Krishnan

Sanjit J.K.

Shane Sam A

Sukhesh K.R.

SPORTS 2016 - 2017

Andrew Rajan XII C

> Mithra V.M. XII C

CULTURALS 2016 - 2017

KEVIN B.

XII

AADHYA B. XII A



Special Ewards

The Uma Ganesh Award

(Max. Centums In Science In Board Exam Or School First) **Deepashri Marieta P.J.**

The Bro. Aloysius Award

(A Catholic Student Who Secured The Highest In The Board Exam)

Deepashri Marieta P.J.



The Niraj Prabhu Award

(Best Outgoing Student Of The Year 2016 - 2017 Of Std. XII)

Vinay Joseph Govias & Jyotsna Muralidharan



The Vijayaraghavan Memorial Award

[The Highest Mark In English In The Hr. Sec. Board Examination]

Sushmita Rajtilak - 195/200



Poornima Sundaram Memorial Award

A Student Of Class XII Who Scores The Highest Total In The Main Subjects (Science Student)
In The Govt. Examination (Excluding Language And Practical Marks)

Deepashri Marieta P.J. - 790/800



The Stephen & Rose Mary Memorial Award

(A Student Who Secured The Highest Mark In Physics In The Higher Secondary Board Examination)

Aju Richard Jerard - 198/200



The Selvaraian Memorial Award

(A Student Who Secured The Highest Mark In Biology In The Higher Secondary Board Examination)

Deepashri Marieta P.J. - 198/200



The Stephen & Rose Mary Memorial Award & The Selvarajan Memorial Award

The Following Students Have Secured Centum In Science In The Sslc Board Examination, April 2016: Sneha B | Arunachalam J | Daleesh D | Jashwaanth S.B. | Kevin Christopher A | Suriya Prakash Y.J.



The Bakkiyavthy Special Award

The Bakkiyavthy Special Award Goes To **Deepashri Marieta P.J.**For Securing Centum In Chemistry In The Hr. Sec. Board Examination, April 2016



The Rex Tamil Award

The Rex Tamil Special Award Goes To $\pmb{Aarthi~B}$ For Securing Highest Mark In The Higher Secondary Board Examination With Tamil As Second Language. 1150/1200



The Mrs.Lourd Devadoss Memorial Tamil Award

The Mrs. Lourd Devadoss Memorial Tamil Award Goes To

Aarthi B / Fathimathu Afrah A / Santhini P For Securing The Highest Mark In Tamil In The Higher Secondary Board Examination. They Secured 179 Out Of 200.



Sathya Shyam Award

(Rolling Trophy & Cash Award Of Rs 1000)

The Sathya Shyam Award Goes To **Sandra Anne Sharon** For Securing The Highest Mark In The Hr. Sec. Board Examination of The Commerce Group. 1184 / 1200



The Neerajaatchi Memorial Award

This Award Is Given To The Students Who Have Secured School Second & Third Of Class X & XII In The Higher Secondary & SSLC Board Examination With A Cash Prize Of Rs 1000/- Each. This Year The Award Goes To

Hr. Secondary		
School Second	Nachammai Savithiri.R	1178/1200
School Third	Meenakshi S	1177/ 1200
S.S.L.C.		
School Second	Jashwaanth S.B.	491/500
School Third	Kavyashree A	490/500
	Lindsey A	490/500
	Manu Sanchara S	490/500



The Joseph C.V. Memorial Award

This Award Is Given To The Outgoing Students Of Std. XII (Boy & Girl) Who Excel In Sports & Games With A Cash Prize Of Rs 5000/- Each

Nithyaanand XII

Adlin Seles A XII

Std - I 'B' Section

Std - I 'A' Section



Narain Karthikeyan R First



Nataleo Don Bosco Second



Fernando Raj

First



Aditi Karthikeyan First



Daiwik Bhusal Second



Std - I 'C' Section

A. Brayden Edgar First



Uddhav S Thayanithy Second



I. Joshua Jaydon Third



K. Varshita Third

Bhavna J Third



Mariyam Sharia Third



Janice Yadira Second



Nishvitha T Third

Std - I 'D' Section



Arya S Vijay First



First



Christy Aaric Joe A. Sheryl Andrea Johanna Prakash Second



Second



Neha Claudine Third

Std - I 'E' Section



Urja H Vora First

Std - II 'B' Section



Vivileya Amalin C Second



Sakthi Anirudh R Third

Std - II 'A' Section



Keziah S First



Jonathan Shimon P J Second



Laya V Third



Tamana Deepak First



Irvin Cyril Second



Balachandhar Third



Karyn Marisa Peter Third

Std - II 'C' Section



Shivani S First



Johan Paul B Second



Karyn Fiona Antonie Machado Third

Std - II 'D' Section



Juan Raj First



Haben James Binu Second



Libin Freedy Third

Std - II 'E' Section



Darrin F First



Danny Fredrick D Second



Sanjev M.P. First



Std - III 'A' Section

Ananya Anto Second



Riona Navin Raj First



Std - III 'B' Section

Nikhil Xavier Divien Second



Dhananjay Third

Std - III 'C' Section



Sahana V Third



Shauvon Desmy Rozier Third



Athreya K Third



Gavin Jeril Martin Third



Keerthana T.S. First



Sanjai P.S. First



Aashish S Aiyamperumal M Second



Sanjanaa J Third

Std - III 'D' Section



Shalan Victor J First



Sahana Premkumar Second



Andrea Renita H Third

Std - III 'E' Section



Michelle Monica Lino First



Abhinav Rajesh Second



Sara K.J. Third

Std - IV 'A' Section



Jerome Amala Anto First



Jason Daniel Hendry Second



Smitha Srikumar Third

Std - IV 'B' Section



Ajay Ram Iyyappan First



Ann Merine John Second



Netanya Joel Third

Std - IV 'C' Section



Aditi Rajmohan First



James Srishti Minz Second



Pranav Anand Third

Std - IV 'D' Section



Angeline Mary Jennifer First



Apoorva R Second



Nithila Michelle N Third

Std - IV 'E' Section



Fazil Mohamed First



Sharon Ensa T Second



Nitin Rozino A Third

Std - V 'A' Section



Asher Daniel Fernando First



Johnsson Jaden Dhyriam Second



Steve W Frank Second



Kezia S Third

Std - V 'B' Section



Jeffrin Edward First



Kevin Kinsey Second



Sanjna J Third

Std - V 'C' Section



Braxton Elmer First



Antonita Evelyn Maria Second



Amika Third

Std - V 'D' Section



Laurel Benedict X First



Pranav R.N. Second



Elakya Kathiravan Third

Std - V 'E' Section



Ashwin Kumar R First



Kathalyne Nirubhama Second



Jeremiah Hudson C Third

Std - VI 'A' Section



Aaditya Krishna First



Harshitha R.S. Second



Prabhitha Miracline M Third

Std - VI 'B' Section



Derrick Jotham G First



Aananya S Second



Ramitha Malar C Third

Std - VI 'C' Section



Christy Shawn Franco First



Yogita J.S. Second



Zeba Zayan O.K. Third

Std - VI 'D' Section



Sharanya N First



Sarrang Srinivas Second



Tanmaya M.S. Third

Std - VI 'E' Section



Adrienne Madiel n First



Enoch Paul A Second



Bastin K J Third

Std - VII 'A' Section



Pragya Balaji First



Ashish Abraham Francis Second



Jeeva Svithra S Third

Std - VII 'B' Section



Antony Gerard Joseph Roshan R - First



Jahnavi Murali Second



Rebecca Sandra E Third

Std - VII 'C' Section



Jonathan Daniel R First



Srivatsan B Second



Vikram R Third

Std - VII 'D' Section



Sam Matthew Hendry First



Neil John Daniel Second



Niveditha S Third

Std - VII 'E' Section



Jai Ganesh K First



Kaavya A Second



Krithika B J Third

Std - VIII 'A' Section



Rohan Ajay Samuel First



Sadhana P Second



Kumaran O.R. Third

Std - VIII 'B' Section



Caris Abishek J First



Shannon Blanche Gomes Second



Mohammed Rayyan Third

Std - VIII 'C' Section



Nivedha Shankar First



Mathew K. J. Second



Jovina Virgin X Third

Std - VIII 'D' Section



Paul Stefen I.A. First



Samantha Tirzah M Second



Joyson Isaac J Third

Std - VIII 'E1' Section



Akshaya D First



Akilandeswari A Second



Mukesh Raj K Third

Std - VIII 'E2' Section



Monica S First



Saran Rajavel Second



Madhumitha S Third

Std - IX 'A' Section



Deepthika First



Rashmi Anand Second



Shwetha Patra Third

Std - IX 'B' Section



Adline Fernando First



Krithika K Second



Rufina Jennifer Third

Std - IX 'C' Section



Andrea Nerthi R First



Jayaant N Second



Evina Novi T Third

Std - IX 'D1' Section



Davina Muriel Sarah J First



Vinson Prakash Second



Michelle Ajit A Third

Std - IX 'D2' Section



Sreenithi S First



Jerry Rinaldo S Second



Aswin L Third

Std - X 'A' Section



Allen Jones N First



Daleesh D Second



Ashif K.M. Third

Std - X 'B' Section



Kavyashree A First



Dharani S Second



Shane Sam Third

Std - X 'C' Section



Kevin Christopher A First



Daniya Nishi N Second



Rebecca Maria Third

Std - X 'D' Section



Salma Afraah First



Priyanka Ramesh Second



Manoj Prakashan Third

Std - XI 'A' Section



First



Jyotsna Muralidharan Vinay Joseph Govias Second



Shivan I R Third

Std - XI 'B' Section



Shruthilaya A First



Sarah Parkriti Peters Second



Mahetha T.S. Third

Std - XI 'C' Section



Preethika K First



Silvia Lourdu Ezhilarasi Second



Ramya R Third

Std - XII 'A' Section



Aarthi Bhaskaran First



Deepashri Marieta P J Second



Fathimathu Afrah A Third

Std - XII 'B1' Section



Patrick A Joseph First



Aditya Avinash Second



Joshua Dominic Third

Std - XII 'B2' Section



Harish Sainath K First



Second



Sushmita Rajtilak Glenys Abigail Shamitha Third

Std - XII 'C' Section



Meenakshi S First



Pristina Ann Lynda Second



Abirami V Third

"" Train your child as if you were preparing a prince for his future reign, for he will grow up to be one of the forces that shapes the future of mankind.""

100% ATTENDANCE 2016-17

♦ L.K.G - B

Sathya Yazhini D

♦ L.K.G - C

Shirish G

♦ L.K.G - D

Hewson Alpha J Mohammed Rayyan Rohith Kumar S

♦ L.K.G - E

A. Abishek

Pragathe Selvakumar

♦ U.K.G - A

Bryan Easow Tinoy Ethan Jeevan Langton S

♦ U.K.G - B

Viknesh N

Arutchelvi Annamalai

♦ U.K.G - C

A. Lakshitha

♦ U.K.G - D

Maria Aaron S Taniya Suresh

◆ STD I - A

Andrea. A Ettania Yelsha. B Tejasvi. V

◆ STD I - B

Naveen J

Wite,

100x

◆ STD I - D

M.L. Ritesh

J. Jerusha Sharon

◆ STD II - A

Andrew Jonathan JB Braden Edger Janice Yadhira D.F. Mritti

Vivileya Amalin C **Tabitha**

♦ STD II - B

Abimanyu. A

Caleb Sam Mullai P. K

Ashnee Davidson

◆ STD II - C

Nighesh. S.N.B Joshua Giftson. J Kamalenee, R.V

◆ STD II - D

Fernando Raj Jason Richards Vishanth

◆ STD II - E

Varshan. N.D Arya. S. Vijay Andrew Richard. D Saniva Suresh Sheryl Andrea. A Sydelle Maresa. J

♦ STD III - A

Gowtham. M Priyanka Stella

◆ STD III - B

Harris Benito, V

◆ STD III - C

M. Balachandhar

♦ STD III - D

Eshwar. S Keziah. S Mrithika Shajil

◆ STD III - E

Lanshia. S X Tanishaa Sudhakar

◆ STD IV - A

Dylan Trispy B Shahir Muzamil Hussain Caroline Deborh Daniel

♦ STD IV - B

Dalston J Dharshan S Sachu Joseph Padmapriya C

◆ STD IV - C

Lokshana R Rupeshwar C ◆ STD IV - D

Anees Affan R Sanieev Kumar S Annika Meril S Harriet Roshini S Michelle Monica Lino Parvita S.M. Rachel Joann Louis Sanjanaa A Srinidhi K

◆ STD IV - E

Dharshan S Subaash Castro M Mahitha G Prasanth Manikandan . L. Tarosh V

◆ STD V - A

Jonathan Christopher Praveen Kumar. S Sharon Ensa, T Jenifer Williams

◆ STD V - B

Jayden Dev Priyan. J Ranil Rayen Sarah Sam Sunder

◆ STD V - C

Allan Paul, P.K. Renganathan. M Vishaal, S Jercia. A **Paul Castor**

◆ STD V - D

Kevin Richard, C Pranav Aanand. R Sanjay S.M Nithila Michelle. N

◆ STD V - E

Rohan R. Pai Tarun, D. S. Allen Danel. A Leema. J Yuvashri. J A Boaz Ajay

100s





10

100x 100x 100s

100% ATTENDANCE 2016-17

◆ STD VI - A

Andrea. J. B Jeffrin Edward. A Seanan Josh. D Mohammed Maagil. A. H

◆ STD VI - B

Pranav. R. N

◆ STD VI - C

J. M. Rexline Magi Daman Deep Singh Steve Jalen. M

◆ STD VI - D

Agnes Roselin. D Jagatheesh. N Kavin Murugan. M Kiruban Vasi. A Rohin Sharon. T. S Krishta Shua Amboocken Rahul. C Nithiya. M

◆ STD VI - E

Bhamathi A Dolorus Camryn G Jayamkuru Karthick N Shasikhiran S

◆ STD VII - A

Monisha. K Yuvan. M Sivapriya. S

◆ STD VII - B

Mohamme. A Rohan Daniel

◆ STD VII - C

Malha Faustino Ganesh Yogitha. J.S Allam Jacob. A.X Anitha Baskar Avanthika Mageshwar Enoch Paul. A

◆ STD VII - D

Dharani. C Maria Jenifer Jabez Samsunder

◆ STD VII - E

Joshua Ziegen Paul V Michael Johnson M Kingston S Jeyam Austin

◆ STD VIII - A

Cathy Megan Doss Shreya Bavana

♦ STD VIII - B

Nivila Rachel. N Ramita Anand Rohan Steven. B

◆ STD VIII - C

Adlin. D Heavenly Paul Roshan. S Monish Arjun. A Arjun. G

◆ STD VIII - D

Levina Mary. D Niveditha. S

◆ STD VIII - E

Brindha R Nivethaa Daniel L

◆ STD IX - B

Shereen Samyuktha

◆ STD IX - C

Karthick Rohan

◆ STD IX - D

Prince N Nasario Waman S

♦ STD IX - E1

Akilandeswari Akshaya D Pravin Saran Rahul S Shivadarshini Mukesh Raj

◆ STD IX - E2

Anusneha Mary A Krithiga S Prithika Goldie U

◆ STD X - A

Deepthika K Jofin F Archbald Maria Angus S Jennifer Wilfred

♦ STD X - B

Hema Priyadarshini Krithiga Raj Rufina Jennifer V Rohith R Shyam S Allen Joe Sally

◆ STD X - C

Sharon Sujitha A Bala Prathik A Rakshena A.R. Fathima Celina

◆ STD X - D1

Shankar Narayanan S

◆ STD X - D1

Jaya Shruthi S

◆ STD XI - A

Arock Joe Joel Rathinam Manoj Prakhasan

♦ STD XI - B1

Shruthi Mukunth Steffi Jason Sadhanandh C. Sandeep Germanius Vishal Moses Marinne Rhea V. Andrew

100s

◆ STD XI - B2

Arjun Dharma Ernest Carwalho

◆ STD XI - C

Sinduja Jamuna Krishnan

◆ STD XII - A

Prithika K Monica Faustino G Shivani R

◆ STD XII - B2

Nishinth N Mario

◆ STD XII - C

Benzy Amala

1000

100s







Kindergarten Co-ordinator

I am he who will sustain you
I have made you
I will care for you
I will carry you and
I will reserve you. -I saiah 46:4

It gives me immense pleasure to highlight the events and celebrations that followed in the "Kindergarten Section" of St. Michaels Academy I sincerely thank the hand work of teachers and the commitment with which they hourned. This dedication by my team gave way for a diverse and unique methodology in teaching the tiny tots.

In the month of June we started with an orientation program for the parents and the tiny tots.

Colours are the smiles of nature, colours are used in many ways. We celebrate it as "Colour day" every month. This day is filled with fun and frolic and children enjoy themselves a lot.

Field trips are organised for the younger ones, and this year we visited beach and grocery shop. This gave way for shullfull leaving.

The child's potential was well brought out during our parents day. The desi of each child was fulfilled by putting them on stop. The parents were thrilled and excited to see their younger ones on stage.



Picnic to Dizzee world was conducted for the children.

Graduation day - A day where children rejoice and the year's celebration comes to a end on this wonderful day.

I thank the almighty for His grace, and continuous support with blessings on us. I thank our beloved Brothers and enthusiastic teachers for their guidance and support, without whom this academic year would not have been a grand success, Thank you.

Mrs. Anitha Isen

Primary Co-ordinator

At the blossoming of new academic year, I would like to extend my warm wishes and welcome the young learners of St. Michael's Academy. The teacher's role in the formation of a budding mind is one of education as well as imbibing good character for the benefit of the society. The benevolent role of teachers is one of instructing the learners with patience, admonition and guidance that requires passion for teaching and gives immense joy in seeing the formation of young minds, I am proud to be one of the noble teachers of this wonderful institution.

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In our society education is seen as necessary tool to come up in life and to achieve economical independence. Consequently learners are herded into choosing particular subjects and to undergo rigorous training mostly by rote learning methods to score high marks. Money seems to be the ultimate goal of one's studies which depicts an unhealthy scenario in the field of education. In such scenario, the role of a teacher becomes even more appropriate to build an egalitarian society where people could love, share, flourish and live happily by using their individual God given excellence and potential for the

benefit of the entire society. We cannot presume that the role of improving our society is assigned to the Political leaders, authorities and parents, but we the teachers are to play a key role in the formative years of the young



Indians by imparting ethical values, fear of God, care for environment, respect for elders along with teaching the subjects. As our nation is growing and facing the pains of modernisation and westernisation coupled with the moral degradation because of smart phone culture, let us, the teachers of St. Michaels take a pledge to uphold education with character building to our precious students. In our teaching journey, may God bless us with team work, friendship, appreciating and complimenting each other in this academic year.

Mrs. Nirmala

(ICSE) Middle School Co-ordinator

THE MIRROR IMAGE

"As in water, face reflects face, so the heart of man reflects man. - Pro 27:19

From the Little and Burle and the noises, glares and shares of the outside world every morning is blessed moment to enter into a haven of serenity, Stardom and stupendous & energy for every being who comes in touch with it. This haven called St. Michael's stands tall in every aspect and makes every person venture with pride, trust and hope.

We acquaint ourselves to every new dream, new situation and hope in the form of students. We as teachers grow and nurture the growth of these young minds showing them the road to face challenges and succeed with everything changed, plagued with selfishness, jealousy concert and self centered attitude. We have a greater responsibility to make the young minds aware of all these nices and tutor them to take a clean path which is less trodden these days.

This haven with a canopy of flora and fauna breathes unlimited supply of freshness to every mind and soul dwelling within. This spreads all over and energizes the students to do well in academics and extra curricular activities. This institution offers which in turn transforms every student into a well groomed



individual. Thus this big beautiful mirror called St. Michael's reflects the light received a number of times and whoever looks into it get to see a beautiful image and this mirror image remains priceless always.

Mrs. Celia Peter

Samacheer Middle School Co-ordinator

Behold, the fear of the lord, that is wisdom and to depart from evil is understanding-Job 28:28

I am honoured and privileged to write a few lines on my loving students.

"Children are a heritage from the lord, offspring a reward from him.

Our children are so open minded, innocent and they share all their problems. They cooperate and take correction in the right attitude. They are guided and trained well in the remedical classes. Thanks to the parents and children for their co-operation and support. I am grateful and thankful to our Principal and Vice-Principal for their constant guidance support, prayers and concern.



Mrs. Amsa Devarani

High School Co-ordinator

At the outset, on behalf of the high school teachers, I would like to take this opportunity to thank out Principal, Rev. Bro. Jayaseelan and our Vice Principal Rev. Bro. Pasca for their support and mentoring throughout this academic year 2016-17 which has helped out teachers and students to give their best and achieve good results in the very first batch of ICSE Class X board examination. This is a significant milestone and we Michaelites shall join together and congratulate everyone for giving their best to reach this honour.

It has been a challenging year for all our high school teachers to consolidate all their best efforts in training out students for the board examination. As a result of the hard work and with the cooperation from all our beloved students and parents we could achieve good results in our first batch of ICSE students. The school first mark was 479 out of 500 (95.8%) which was obtained by Krithika K. We had one centum in mathematics and four centums in Computer Applications.

The school has taken great efforts in giving training programs for our teachers in the high school level for the ICSE board. The trip made by our teachers to our ICSE School in Angamally along with our Principal had enlightened our teachers on coaching the children for the ICSE board examination. St. Michaels Academy is a Great Place to work because of the empowerment, motivation and excellent guidance extended by our management to explore new avenues of teaching.

On the request of parents, we introduced two new optional subjects such as Art and Economic Applications along with Computer Applications in this academic year 2016-17. This has positively helped out students to pursue their interests in the respective fields.



St. Michaels Institution strongly believes in the overall development and is a Great Place for the students to study and evolve as an all-rounder and shape one's personality and confidence to become great leaders of tomorrow. In this atmosphere, I am sure we will continue to be able to achieve greater results in the years to come.

I am humbled to say that Michealites are "One family with one mission of Receiving to Share". We pray that, May Our Beloved Lord bestow his blessings on us.

Mrs. Nalini Josephine

Higher Secondary Co-ordinator

"Education is never about achieving perfection, but rather about meeting challenges."

Children are the future of this country and how we treat them in their early days determine the future and development of our society. It is for this reason that schools pay such an important role in their lives.

The purpose of education does not limit to just building career but to develop a vision for the society they are going to live in. Keeping all this in mind at the crucial time where career and education meet face to face in the decision making , we at St. Michael's organized a career fair (IDP Education) which definitely benefited our students of standard XII and gave them an insight into the right educational choice to achieve their goals.

Knowing that, academics cannot determine a complete man, a new bloom in culturals came up with the RENAISSANCE, adding an extra edge to the children by giving them the rich experience to organize the entire event by themselves.

"With God comes success" a prayer meeting was conducted for the students of std XII We could definitely see that God has showered his blessings on each one of the michaelite in the board exam with the creditable cent per cent results in the academic year 2016-2017.

Live the life you imagined, Farewell with the blessings of our management and all our teachers and non teaching staff we are proud to bid farewell to the complete michaelites hoping that they will do well in their lives, no matter wherever they are.



I take this opportunity to thank our Principal Rev. Bro. Jeyaseelan, Vice-Principal Rev. Bro. Pasca, teachers, well wishers parents and my loving children for their support and guidance in making the year an eventful one.

Mrs. Celine Herman



















You are Special...
You are Unique...







Teaching staff KG & Junior School

Sitting L-R: Mr.S. Vikram, Mrs. Pamela Selvaraju, Mrs. Colleen Aaron, Mrs. Maureen

Fraser, Mrs. Anita Isen, Rev. Bro. Jeyaseelan, Rev. Bro. Pasca, Mrs. Nirmala Jaishankar, Mrs. Bernadette Joy, Mrs. Poongothai Raja, Mrs. Feioyla Fernado, Mr. David Charles **Standing I row L-R:** Mrs. Shashikala Sekar, Mrs. Shirley Huffton, Mrs. Juliet Robert, Mrs. Hilda Bernard, Mrs. Cameila Joseph, Mrs. Nancy A.P., Mrs. Jayashree Venugopal, Mrs. Sunitha Rajesh, Mrs. Merline Joseph, Mrs. Femina Patrison, Mrs. Anthuvanth Anita, Mrs. Margaret Jeritta, Mrs. Sheena Tinoy

Standing II row L-R: Mrs. Sahaya C. Agnes Hilda, Mrs. Alfanso Margaret, Mrs. Malarselvi Fernandez, Mrs. Lucy Beulah, Mrs. Malathy, Mrs. Isabel Theresa, Mrs. Anna Rose Bency, Mrs. Jackuline P, Mrs. Mary Premila, Mrs. Rita Israel, Mrs. Sujatha R, Mrs. Mekala, Miss Celine Monica

Standing III row L-R: Mrs. Mary Josephine Raj, Mrs. Indira Gandhi, Mrs. Yasmin Manasseh, Mrs. Muthuselvi, Mrs. Jennifer Cooper, Mrs. Annie Elizabeth, Miss Mary Grace, Mrs. Visalakshi, Mrs. Susana Benjamin, Mrs. Nancy Greeta, Mrs. Cherylann Sitting L-R: Mrs. Jackuline Andrews, Mrs. Celine Herman, Mrs. Amsa Devarani, Mr. Prince Devanesan, Mr. Senthil Kumar, Mr. John V.S, Rev. Bro. Jeyaseelan, Rev. Bro. Pasca, Mr. Dilli Babu, Mr. Muthuramalingam, Mrs. Leela Bose, Mrs. Jayanthi Manokaran, Mrs. Sheela Stephen, Mrs. Sofia Wilson

Standing I row L-R: Mrs. Nalini Josephine, Mrs. Dixeena Nathan, Mrs. Rachel Jeyachandran, Mrs. Preyanka, Mrs. Margaret Wilfred, Mrs. Anbuerani, Mrs. Helen Prabha, Mrs. Vijalakshmi, Mrs. Lysa Oliver, Mrs. Maria Aruna, Mrs. Reena Murphy, Mrs. Sharmila, Mrs. Vidya, Mrs. Preeti Aggarwal, Mrs. Pameala Vasanthakumari,

Mrs. Narmila, Mrs. Vidya, Mrs. Preeti Aggarwal, Mrs. Pameala Vasanthakumari, Mrs. Helen Selvamary

Standing II row L-R: Mrs. Faustino Christy, Miss Sindhya, Mrs. Eben Stephenson, Mrs. Sunita T Philip, Mrs. Miriam Solomon, Mrs. Anita Rebeiro, Mrs. Rosalind Anita, Mrs. Uma Victor, Mrs. Elizabeth Vinnarasi, Mrs. Shanthi, Mrs. Vasantha D, Mrs. Caroline Mala, Mrs. Sujatha Murali, Mrs. Amala Dorothy, Mrs. Sandra Raaj

Standing IV row L-R: Mrs. Jasmine Fathima, Mrs. Auxilia Steffie, Mrs. Ezhilarasi, Mrs. Maria Catherine, Mrs. Jansi, Mrs. Celia Peter, Mrs. Natasha Sam, Mrs. Shalini, Mrs. Pavida Decath Mrs. Pavida Peter Mrs. Natasha Sam, Mrs. Shalini,

Mrs. Pappa Joseph, Mrs. Devi

Teaching staff Senior School



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STAFF PHOTOS 2016-17



Sitting L-R: Rev Bro Pasca, Rev.Bro.Jeyaseelan Standing row L-R: Ms. Carolin Rinie F, Ms. Dhanya T, Mr Shankar Dhayal, Mr. Vinod C K, Ms. Divia Jayapalan, Mrs. Suganya Robert

Sitting L-R : Rev Bro Jeyaseelan, Rev Bro Pasca **Standing row L-R :** Mr. Jayakumar, Mr. Rajendran, Mr. Arockiasamy





Sitting L-R: Rev Bro Jeyaseelan, Rev Bro Pasca Standing row L-R: Mr. Murugesan, Mr. A. Anthony, Miss Ranjini Udayakumar, Mrs. Lakshmipriya Sreejith, Mrs. Sandra Anthony, Mr. S.Sathish Kumar, Mr. John Thomas Suresh

Sitting L-R: Mrs. Mahalakshmi, Mrs. Tamilarasi, Mrs. Shanthi, Mr. Selvam, Rev.Bro.Jeyaseelan, Rev.Bro.Pasca, Mrs. Lakshmi, Mrs. Karpagam, Mrs. Saraswathy, Mrs. Bhagyam

Standing I row L-R: Mrs. Aadhiammal, Mrs. Mythili, Mrs. Bholamma, Mrs. Jaya, Mrs. Geetha, Mrs.Aashika, Mrs.Arulmozhi, Mrs. Aadhiakshmi, Mrs. Usha, Miss Santha Kumari, Mrs. Kaliammal

Standing II row L-R: Mr. Mari, Mr. John, Mr. Kaliperumal, Mr. Kesavan, Mr. Adaikalam, Mr. Ajith, Mr. Udaya Kumar, Mr. Edinborough

Staff Ancillary Staff



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At the end of the day, the most over whelming key to the Child's success is the positive involvement of parents.



Be the change see the change

- Our motto "Be a change see the change" has the resemblance of our Mahatma Gandhi's fundamentals for changing the world.
 - "You must be the change you want to see in the world"-Mahatma Gandhi.
 - "The world as we have created it, is a process of our thinking. It cannot be changed without changing our thinking"- Albert Einstein.
 - "If we don't change, we don't grow. If we don't grow, we aren't really living"- Gail Sheehy
 - "Those who cannot change their minds cannot change anything" - George Bernardshaw
 - "I alone cannot change the world, but I can cast a stone across the waters to create many ripples" - Mother Teresa.

Be the change see the change

Jessica Joseph, III-C

We the kids are the future generation or the so called pillars of our country. If we want to see our country progressing in the right path, then we need to change ourselves. How do we change or what do we need to change. We need to keep primarily our surroundings clean, plant more trees and be honest to others.

At this age we need to inculcate these habits. If we have this change within ourselves, then automatically people around us will change themselves. Shall we start from today....

Be the change see the change

Gandhi, the man who inspired human rights movements worldwide said "You must be the change you want to see in this world". We now see this quote, everywhere at churches, yoga centre. Political rallies, or workshop flyers and bumper stickers. To be the change we want, choose and commit your actions to do the right things. A change can only happen if you want to see it happen, and the change could happen only if you put your effort into it. The quote "If its to be, its up to me" explains to us that too many people thinks that others such as leaders are suppose to be the change.

Be the change see the change

Priyanka Stella F, III-A

Nowadays we often hear about water scarcity and death of farmers who are the backbone of our society. This is because, the seasonal rain has failed and also there is a drastic changes in climate. Planting trees can put an end to these problems. Vardha cyclone has uprooted millions of trees. We have lost trees our valuable natural treasures. So it is our prime duty and responsibility to replant more trees. Let us gift saplings to my dear ones in this new year. On memorable occasions lets plant more trees.

"Nothing can be changed by changing the face but everything can be changed by facing the change."

elita Tessy aa 11th std student of our school published her riveting debut novel titled "Battle of the Spheres – a sci fi fantasy. The book promises to satisfy, if not overwhelm your craving for an unimaginable adventure. The concept is fresh and the pace is thrilling. Melita says that she got the inspiration when she was just thirteen at the concept of ecology, the layers of the earth, the news of the disappearing airplanes and the story of the Bermuda triangle coincided. Battle of the spheres can be found in online stores like Amazon. Flipkart and Google play.

Literary Excellence

Delve into a magical world with this teen author

Melita's fantasy novel Battle of the Spheres is all about protecting the environment, finds Blessy Mathew Prasad

what goes on inside the mind of children? From fairy godmothers and talking unicorns, roes and parallel worlds,

novel Battle of the Spheres.

Melita was just nine when
she started reading her first
novel Dary of a Wimpy Kid and
ever since, there was no looking

was so addictive that my friends back. Reading, for ber, was a means of letting ber imagination sour.

eve you ever wondered taking her to new places and letting her see things she'd never see otherwise, "I was so fascinated by fantasy fiction. I couldn't put those

in a child's mind, there is no dearth of possibilities, no limit to imagination.

This holds strong for 16-year-old Melita Tessy, author of the fantasy gone to our native place in she adds, south Tamil Nadu. I started

and family would often wonder what I was always doing with my

protecting the environment and making it livable for all creatures."

published by Notion Press, and is currently available to readers worldwide. The book is about a fifteen-year-old Jacelyn, who ccidentally disappears into the ore of the Earth, where she encounters strange creatures and a whole different world. The creatures have been waiting to wage a war against humans and use Jacelyn as their trump card. However, Jacolyn, with the help of books down. Authors like Suzanne two other people forms a league to Collina and JK Rowling are my try and protect the Earth and bring peace between the three layers -the crust, the mantle and the core.

pen and notebook," she says. In 2016, Melita's book was

illy completed and was recently

"Ultimately, the backdrop is ecology," says Melita.""It's about

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I started writing this covel, trying to piece in everything I was imagining. It was so addictive that my friends and family would often wonder what I was always doing with my por and notebook

Article published in The Hindu





Be the change see the change

- Melita Tessy, XII

Children crying, people dying, Bomb blasts and disease. Tears falling, money ruling, A nation at unrest and unease

> Atrocities and calamities, Powernever set you free. Tragedies and Castastrophes, Power is a call to duty.

There is always someone to blame And say the problem is not yours Aworld with seven billion names And ongoing, couple dozen wars.

We love to play our verbal contests Wherewe manipulate what's true Weuseit for our gain, our own interests, Heaven knows what we're trying to prove!

We draw borders for doing good, Judge politicians and economists We easily resort to justify our inaction "I don't smoke. We're not alcoholics."

Our women are still subject to cruelty, Domestic violence and honor killings Bullets, suicides and terrorist activity Black money and illegal-drug dealings.

Poverty and growing inequality, Begging and child-trafficking, Gender and wage disparity Superstitions and illicit trading.

Racism. caste and creed. Brides, lust and corruption, Pride, vanity and greed... Weapons of mass destruction.

Animals extinct, forests destroyed, From so-called rapid urbanization, A planet ecologically imbalanced... The growing pressure of population.

And yet I haven't even stated everything Like oil spills and the forms of pollution. How can we keep doing almost nothing? My friends, please make the right decision.

"wait! I know that's just a list of problems. NOT an attempt at creating any solution, But that's the end to the classic-writer escape -words well put, without any motivation."

(Here 's my solution. You may add yours!)

You needn't devote your life to the poor And leave your bread-winning job. But maybe, in the nearby, unoccupied room, The fan and light are not switched off.

Maybe a tap is pointlessly left open, And maybe you call someone colored, Maybe you scream at, don't listen, To that kind and loving Beloved.

Perhaps, watch a movie you don't pay for, And throw that garbage bagout-the-bin, Copy on that test and say "I'm not going far!" "Little things like that... can't be called a sin...

Maybe you leave yourself become numb, And remain superficial to not get hurt. You don't visit that little orphanage, And you never ever try to volunteer.

Perhaps, you lie about something vital To those who choose to believe in you, Maybe you go spark a distressing rumor, Then say, "Who cares? I thought I knew!"

Now, Don't say that it's not your fight! Don't just crave a better difference. You're your only golden armored knight. Get out of that stupid picket fence.

Every problem has a solution, If not ten, then at least one. Learn, go create a revolution! We need passion, not guns.

Own your past, present and future, Dump Fate. Get along with destiny. Make a choice. Use that voice... Be the change you want to see.

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Outdoor games - A rare phenomena

Rishab A P, IV-C

Games play a great role in our life as it keeps us healthy and active. Great achievements come our way when we maintain our physical and mental well being. Outdoor games such as cricket, football, volleyball hockey etc are few popular outdoor games worldwide. These sports are played as a contest between two competitive sides which attempt to exceed other. One of the contestants becomes winner where as another becomes the loser.

These sports give the sports person fame, name and money. Sports can be played for personal and professional benefits. Being involved in outdoor games help us in getting protected from numerous diseases. Even though the benefits of outdoor games are plenty, only a small section in the community realize that and get involved in outdoor games. Lack of playgrounds and coaching facilities in our country are making outdoor games – A rare phenomenon

Outdoor - A Rare Phenomena

Treshalini A, IV-A

India our motherland is brimming with variety of natural phenomena at every given point of time. These natural phenomena sometimes occur rarely or are found only in India. India is sometimes called a land of natural mysteries because of these rare natural phenomena. Some of these are:

Floating phumdie of Loktak Lake, Maniur

Loktok is the largest fresh water lake in North East India and is known for its unique floating islands that exist on the water. A collection of vegetation, soil and other organic matter of various stages of decomposition have taken a solid form and lies suspended above the water. These islands are locally known as Phumdis and vary in size and number. Not only is the lake itself a major lifeline for the locals, but the bigger islands act as home to many people.

The largest single mass of Chumdi is in South eastern part of the lake, covering an area of 40sq km. This mass constitutes the world's largest floating park named KEIBULLAMJAO NATIONAL PARK.

This park was formed to preserve the endangered deer subspecies called SANGAI in the Manipuri language, indigenous to this area. Phumdis are used by local people for constructing their huts for fishing and other livehood uses, and are inhabited by approximately 4000 people.

These rare phenomena make us want to explore Mother India. But do remember that we must explore Mother India without disturbing or damaging her.

Outdoor games - A rare phenomena

Name, IV-D

Football started to be played in an organized way during the lot nineteeth century. Even then, it was an amateur sport, played purely for fun and exercise, that is, nobody gets any money out of it.

In 1863, the game of football came to be known as the Association Football. New rules and regulations were introduced, and the game became more professional with the formation of FIFA in 1904.

Many rare phenomena have occurred during the Football games. On the eve of World Cup final in 1938, the Italian players received a telegram from their dictator Benito Mussolini. It read, 'Win or die'. After the match, when Italy won, the Hungarian goalkeeper is said to have remarked that though Hungary lost, atleast the lives of the Italians were saved!

An another incident occurred during the England versus Brazil group game in the 1970 World Cup. Bobby Moore, the English captain was arrested on charges of theft, and held in Colombia. He was released only on the eve of the competition. On the night before the match, the Brazilian fans sang all night outside the hotel rooms of the English team in order to prevent them from getting a good night sleep!



Outdoor games - A rare phenomena

Abhinav Rajesh, IV-B

We play some games in the open air. There are called outdoor games. The Indian games like Hadu-du also called kabadi are played in the open field. Football, cricket, hockey, tennis etc are also outdoor games. There are western games. These games were introduced into our country by the English. We have learnt to play these games quite well.

Importance of outdoor games in life

We live in an automated world today, and are so adapted to reserved places, that our entertainment also stays indoors most of the time. Everyone knows that it is not very healthy. Outdoor games are the best ones that along with great entertainment help us develop both physically and mentally.

In this age, where children are suffering from obesity, outdoor games form an important part of our life. Outdoor games have long term benefits on our health. Adequate outdoor activity increases health and physical development by improving sensory development, reducing obesity, stimulating blood cells.

Outdoor activities help us stay fit and active which will benefit us in the long run. We can prevent problems like obesity and heart ailments later in life. Some of us frequently fall ill; being active in life will help to stay healthy: we will feel hungry and have meals on time. Since we will feel tired by the end of the day, we will sleep on time too. When we play outside, we gain a sense of mastery and competency skills. We try climbing, running, throwing and we feel we can do it, which in turn builds up our confidence level. Even when we are playing any game, it helps us to develop the winning spirit. It's a best way to boost our self-esteem as well. It helps us to learn to work in groups:

There is a great truth in the saying, "All work and no play makes Jack a dull boy". Games are necessary for health and proper development of the body. Games keep us bodily fit and free from diseases or illness. We learn to remain active and smart by playing. Thus, games cure us of laziness and make us physically as well as mentally alert.

All parts of the human body are dependent on one another. A diseased body cannot have healthy mind. That is why it is said" A sound mind in a sound body". So while games give us good bodily health they also give us a sound mind.

Qualities of leadership and team work are developed best on the playground. It is only here that we learn our first lessons in mutual cooperation and obedience. It is here again that the leader gets his first lessons, and develops his ability to command.

A sportsman learns to accept his defeat as a part of the game. This attitude helps him when he enters life. In life we do not always succeed, and our life will be made sweet or bitter by the manner in which we take our defeats. If we extend the sportsman spirit to other spheres of life, we shall see how it makes our living smooth.

Games and human behaviour

In outdoor games we have to obey all the rules. We learn how to act with the players in our group. In outdoor games, we learn sportsmanship. So we tolerate the victory of the opponent party. When we play outdoor games we breathe in mess of fresh air and oxygen which keeps us away from different kind of fatal disease. So it turns away, one s mind from all kind of tensions, problems and worries.

Outdoor games teach us different types of skills which help us throughout our life and tell us how to handle different type of situation. It gives us confidence which man always lacks and man always need confidence in every situation. It enhances our decision making. It makes us sharp to manipulate the decision. We learn to obey of rules and laws, so it teaches us discipline. Tolerance is another factor which it gives us. When we are defeated by the opposite team it teaches us the tolerance against the winning team. It also teaches us the sportsmanship passion and motivation. When we are defeated, it gives us passion and target to win next time.

Outdoor games bring unity among people and provide a platform to exchange their culture, tradition, customs, views, thoughts and ideas

Science has made a remarkable progress in the field of technology, just to provide comfort and to serve humanity in a better way. During the last few decades, our society is facing a serious problem that our youth has involved too much in gaming at their homes for hours and hours but it is very disastrous for their health.

As we know that video games have been in existence for last few decades and growing concerns about their negative influence are very high especially according to survey held in New York City that those teenagers who play violent video games over a number of years become more aggressive and stubborn. According to a recent research that violent video games can change the brain in just one week and make players more hostile and harsh. Outdoor activities are aerobic even if a person simply takes up walking. This means that energy is burnt off which helps to increase physical fitness.



Outdoor activities are not really set up to help a person concentrate. In fact, they often involve allowing the mind to wander, as this is often part of the relaxing element involved with outdoor activities.

Part of education

Outdoor games are the new part of our education in the school. formerly it was not so. At present many schools have their own playgrounds. The students of the schools take part in outdoor games. Young men of India are now taking great interest in outdoor games.

The Public, our Government and Games and Sports

The public and our Government have felt the importance of games and sports. We have now Sports Ministers at the Centre and at the state level to look after the games and sports of the country. The public also have organization to look after these. In West Bengal we have the Indian football Association (IFA) to look after the game of football and the cricket Association of Bengal (CAB) to look after the game of cricket. There is an association for each kind of games and sports.

There are also All India Organisation for games and sports. Our Government at the centre as well as at the state level spends money to encourage young boys and girls to be good players and sportsmen and sports-women. Those who show exceptional skill in games and sports now earn a lot of money. Following the examples of the British Government, our Government also is now conferring titles on those who show exceptional skill in games and sports and thus they are honoured.

Value of outdoor games

a)Regular participation in sports provides a healthy channel for diversion of energies. Wherever students and other youth participate in sports regularly, misdirection of youthful vigour is much less and the tendency to indulge in indiscipline and mischief is curbed.

b)Playing games and the spirit of sportsmanship help to inculcate lasting values, which make for good soldiers, good fighters and good discipline, apart from promoting 100 percent physical fitness.

c)The crime graph dips, which means that the incidents of general crimes decrease because the right spirit and the right approach to things is developed on the playground.

Final words; the kind of game you chose does not matter but your regular and active participation will definitely boost your spirit, to make sure you maintain a healthy, happy and lively day-to-day lifestyle.

Outdoor games - A rare phenomena

Sachu Joseph, IV-B

Outdoor games play an important role in the overall development of mind and body of everyone.

Splashing in puddles, building sand castles and playing with friends, the simple outdoor pleasures are missed out by our today's computer-loving children.

Children are staying in, playing computer games. Traditional games like playing in puddles and mud are disappearing. The outdoor activities that was almost universally enjoyed a generation ago are falling out of favor. Studies say that the average child spends just under five hours a week playing outside unlike the 11 hours their parent's generation enjoyed. The seek of outdoor activity is having a significant impact on children health. Nowadays children have much more to keep them busy, computers and smartphones, something older generations didn't have. However there has been a change in the attitude of the Indians towards outdoor games. They have fully realized that kids lose their health without outdoor games. Therefore, these outdoor sports and games have now been made a compulsory part of school and college education.

Outdoor games a rare phenomenon

Rashika T G. IV-D

Playing in the mud, making sand castles and climbing trees are simple pleasures that have defined childhood for generations.

But such youthful pursuits appear to be dying out as an increasing number of children play computer games instead

Researchers say dozens of outdoor activities that were almost universally enjoyed, a generation ago are falling out of favour. Experts believe that lack of outdoor activity is having a significant impact on children's health with no exercise and lack of fresh air. Lack of outdoor play also affect the education about nature. Planting seeds and gardening are great fun which today's children are missing.

Today children spend most of their time indoor with computer games, I pads and cellphones. These electronic gadgets harm their eyes, cause hypertension, aggressive behavior, obesity etc. outdoor sports also reduce stress related to studies and make children experience nature and fresh air.

Outdoor games

Padma Priay C, IV-B

At first, gymnastics were the only methods of physical exercise. Gymnastics is essentially dull and monotonous. Man wished to get mental pleasure during physical exercise. So, he invented outdoor games. Now, outdoor games are popular all over the world.

In India, we have now two classes of outdoor games, such as the native and the foreign. The native games are Na-dudu, Hide and Seek, Kabadi and so on. The foreign games came to us, when the English came to India. The foreign games are football, volleyball, ringball, hockey, tennis, cricket and so on. The game of football is the most popular of all the outdoor games. At present, many football teams are there in our country.

Outdoor games are very useful. They give us all the benefits of physical exercise. Outdoor games are open air games. So, we breathe in plenty of fresh air. We breathe in plenty of oxygen. Hence, our blood circulation works very well.

In outdoor games we play together and obey the rules. Thereby we learn obedience to law and obedience to umpire. We learn how to behave with our fellow players. Hence, we learn fellowship.

In outdoor games we learn sportsmanship. We imbibe the spirit of the sportsman when we appreciate the victory of our opponents. This attitude is a master quality with every sportsman.

Outdoor games are important for another reason. Knowledge of outdoor games is an additional qualification for getting a good job

We know that the outdoor games are very interesting. So, they lead us to do more exercises. Excessive exercise is certainly bad for our health. Sometimes we discuss much of the outdoor games and neglect our study. Hence it spoils our future. We should guard ourselves against all these short comings.

In India, the present position of outdoor games is quite satisfactory. More teams are coming into the field.

Large stadiums have been set up. Match-games are played in thousands. Shields, cups and prizes are given to the best players. The Indian teams are going abroad to contest in the inter-national tournaments

Outdoor games are necessary for health and happiness and to achieve a high sense of discipline. Hence, they should be made popular with all children of our country. We can play a good role in it. We can open new teams in our own hamlets. We can encourage the new-comers to play with us.

Outdoor games - A rare phenomena

Akash Dev. IV-

We play by nature. All human beings have a basic instinct to play and enjoy in a happy mood. Games that are played in an open area are called outdoor games. Outdoor games are a great source of pleasure to mind and body. Kids love to play outdoor than in closed area, and explore the new and exciting things in nature. While playing in groups kids learn the art of coping up with winning and losing. Youngsters have lot of energy which they need to channelize into playing physical games.

But the present age children are so busy with their studies, video games and other indoor activities that they do not get the chance to play out in groups. Instead of playing or interacting with actual friends in the playground, they are finding it interesting and convenient to do the same on social networking sites virtually. Many other reasons like working parents, innumerous TV channels, gadgets, social networking etc have contributed to the demise of outside play over time. Few years ago many hours would have been spent playing outside. Now a days parents over schedule their kids as a result of which they lose the opportunity to have simple fun which could foster their creativity.

Outdoor games are necessary for the health and happiness of the children. Hence outdoor games should be made popular among the present generation.

देखो यह जग का पतिवर्तन

जिन किलयों को खिलते देखा मृदु मारुत में हिलते देखा प्रिय मधुपों से मिलते देखा हो गया उन्हीं का आज दलन देखों यह जग का पतिवर्तन

रहती थी नित्य वहार जहाँ वहती थी रस की धार जहाँ था सुषमा का संसार जहाँ है वहाँ आज बस ऊजड़ बन देखो यह जग का पतिवर्तन

था अतुल विभव का वास जहाँ था जीवन में मधुमास जहाँ था सन्तत हास विलास जहाँ है आज वहाँ दुख का कंदन देखो यह जग का पतिवर्तन



जो देश समुन्तत-भाल रहे नित सुखी स्वतंत्र विशाल रहे जन-मानस-मंजु-कराल रहे लो उनका भी हो गया पतन देखो यह जग का पतिवर्तन

4

45



Class Teacher: Mrs. Anitha Isen, Mrs. Pearl C

Sitting L-R: Darren Jason, Sai Monish, Ashwin Karthik, Harshath Krish, Sarabesh Siva S, Melchizedek, Rinesh R, Alen Lourdu E, Ria Sancta Paldna, Jessica V, Krishna Sankara Raman, Tharunika S, Abriyanna G A, Varshitha V, Chrisel Jennifer Standing I row L-R: Tharun Kumar S A, Siddharthan C S, Jivesh B V, Eric Hadriel, Jonas Fernados, Irai Anbu, Leandro I, Savannah J, Niah Nelson, Gianna Marissa D, Sheeba S P, Donna Fernando, Sarah Binu C, Reyhanna P, Michelle Susan A Standing II row L-R: Niyaaz Ahmed, Joel V, John V, Vibin, Avidan S, Chandy Balu T, Adhav C K, Jerome Antony, Hussain Basha K L, Afraz Ahmed N, Kirtin Aldrich K, Shruthi K, Aneira Anne A, Tejaswini S, Rakshitha Lakshmi A, Priyanka S

Class Teacher : Mrs. Jennifer Alice

Sitting L-R: Kishore G, Alwin Lourdu, Eric Santiago, Yohaun Raj, Rishaan, Giffin Jayasingh, Akshay E, Jai Sivaram B, Ridhi K, Samantha, Ravaana V, Anira Karmel, Kanishka S, Nisha Edna Naveen, Nathania Lawrence A, Srimathi P Standing I row L-R: Tanishq Kumar S, Antony Akshith Raj, Reuben Paul, Fabian Caleb, Nethan Anand, Kevin Romeo J, Harish Ram, Dev Madesh, Akshitha V, Punya C, Lipoch Virthula Marion, Lakshana D, Krithika Laymi, Hamila

Punya C, Jinesh, Virthula Marien, Lakshana D, Krithika Laxmi, Hamsika Maradona, Mithra G, Jafita Maria A

Standing II row L-R: Chezian J, Rahul K, Sudhan Chriswin, Obed Joshua, Adithya Ram C S, Karthick S, Bolton Marshall Amaldas, Melvin Christ A, Joam

Immanuel, Tessie Johanna C, Jeya Abirami Lakshana, Maria Chrisantha, Shalyna A, Ryana Jocelyn A, Margaret Adiel, Sathya Yazhini D





Class Teacher: Mrs. Juliet Robert

Sitting L-R: Eric Sherwin R, Jaden Austin, Athrish Pradeep Raj, Kayan D S, Dhairya Milin Shah, Adrian Juvin P, Aarnav Arun, Shayan S, Tania Maria Arul, Alisha Ann Soundappan, Jenesha V, Saiakshara M, Joanna Christy, Fiona Martin, Subikshaa S,

Standing I row L-R: Akshith S, Sai Anirudh M, Joshua Antony, Feodore N, Daniel Joy R, Prajin D, Tarun S, Hayden George, Harshada R, Arthi K, Juanita Eunice P, Thancya V, Joshitha R, Shanthana Sree P, Samantha A, Vismaya Nandagopal

Standing II row L-R: Bridget Jenson, Kodhanda Srivatsa Reddy, Yudish Navalnathan, Nikhil Cristino C, Shirish G, Rayan M, Rohan Anand A, Teddy Edrick T, Aniruddh Suresh, Mitchell Frodo D, Kaviya S, Manesha L K, Mrittika M, Danica Sylester, Hansini G, Renvitha K S K, Ridu Varshini

Class Teacher: Mrs. Hilda Bernard

Sitting L-R: Steve Jeremiah S, Adrian Michail Jacob, Ashwin A, Vijay M, Nikil Josh W, Dhanush R, Sharvesh, Alan lan Senthuraman, Shawn Jino, Hewson Alpha, Jelina R, Oviya M, Milena Jane G, Riyasri R, Davina J
Standing I row L-R: Joel Vikash A, Jovith Anton R, Sai Shrijith V, Caleb Josiah, Sai Ramakrishnan R B, Darius Moses Raja, Krishiv J S, Kevin Christo A, Rithika Juana, Maria Justin, Karunya S, Shathivikaa Merlyn, Jerusha Sahai A, Amisha Christudas, Varsha PA, Shana Marcela, Randlyn Libiana A

Standing II row L-R: Shravan, Abdul Khader Aasim K S, Mohammed Rayyan, Joash Lee John J B, Rohith Kumar S, Ethan Santiago, Azariah Kumar A, Joe Ezhilan G, Tanisha Noorin Bijili, Helena Pearline N, Ashritha, Jovika Gerardella, Neareah Hannah A, Kaynisha S R, Harinisree A R





CLASS PHOTOS 2016-17



LKG - E

Class Teacher: Mrs. Nancy A P

Sitting L-R: Krishna M, Tamil Iniyan R, Roshan S, Ashok D, Aldrick Daniel, Ilayon Sundaram K, Kevin Ethen F, Dhera D, Abishek A, Yuvika Michelle D, Aadhanya Anto, Varsha Rajkumar, Pragathe Selvakumar, Kelina Halfrida, Harshavarnni M, Megavi A Standing I row L-R: Marlon Samuel Rosario, Kevin Emmanuel B, John Aarav Antony, Nikhil N, Jude Antony T, Kevin Rossano S, Vishal G J, Lohidhakshan G, Siddharth K, Riya Fernandes, Shea Trinita, Jessica Sharon J, Igin Mabel D, Ria Jasney S, Joenesh Infanta S M, Adhira K, Sasha J Standing II row L-R: Mohit Yadav P T, Jeremiah Adaikala Selvaraj, Samuel K, Jerric Anshel Davion F, Darren Antony, Advaith Vinoth, Carlo Paul D S, Rikardo Akhil Abraham M, Thom Denis A, Gabri Maria Bincy P, Teana Hope Benjamin, Deandra Mariel K, Vanathi R, Andrea Reju, Chrisma Eunice Priya Nikitha, Nethra K S

Class Teacher: Mrs. Cheryl Ann Sydenham, Mrs. Isabel Theresa

Sitting L-R: lan David Benjamin, Vikash A V, Joshua Anthony A, Bryan Easow Tinoy, Ethan J, Alberich Abhay A A S, Tamilselvan, Jessin Riya H G, Kaviya A K, Sonakshi B, Sai Harshitha J, Moriah Princella D, Ashritha H, Tasnim Sofia Muzamil Standing I row L-R: Narain P, Kishore N R, Langton S, Joycen C, Aditya Adrian V, Denzel Aldwin A, Jayden Z Maniganda, Imaad Chand Hameed F, Nithyashree P, Krityaa K D, Isabel Beatrice, Monaleeza Malachi, Mariya N, Srutika K, Anamitraa P M, Haniya M

Standing II row L-R: Yuvan M, Keerthan Vasi A, Shaun Michael, Joel Aaldrick J, Chris Joel F, Shyam M, Joseph Tarun Corera, Barath M, Joel Fabio Thomas, Shaindhavi D, Evangeline Felicia R, Rhea Joseph, Laura Vijisha M, Cavlina Kaitlyn A, Dhiya Shree R, Nirupa V





UKG - B

Class Teacher: Mrs. Annie Elizabeth

Sitting L-R: Prathyush K, Mohammed Afzal A, Shajan R, Sushant Moses Sam, Iniyan Kristen V R, Krishan D, Jeevin Joel S, Abraham Oliver Raj, Nikita N, Sri Ranjini J, Hematmika M, Dania Fernando S, Ananya R, Maarshika Maany G, Stefi Jenilia D Standing I row L-R: Viknesh N, Karthivel K, Aaron Anand P, Hareeshwara Reddy B, Harish Kumar S, Chris Kevin A, Dharshan V, Roshan Vianney D, Riya Nivas B, Prithika Mary F, Vasandhana G, Levita S, Daphne Miraclin D, Harshita H, Janani B, Gifty Sherline M, Lakshita S

Standing II row L-R: Joe Feardin A, Nishad Sundar K, Shawn Emmanuel, Ethan Stark Ranjithan, Keisho Kalyan S, Tarrun Kumar S, Arutchelvi Annamalai, Joshlynn Grazia S, Yaashas Shree A, Donna Bernice S, Sasmika K, Akshita M K, Tazima Hidaya, Keerthika S

Class Teacher: Mrs. Shirley Huffton

Sitting L-R: Alok Dharsh, Chris Michael Alfred J, Joshua Christopher, Vedanth Krishnan, Shannuel Canisius, Dayadhar B, Calwin B, Eshaan Chandrategala, Jesia Savio, Yalani M P, Jane Theola A, Jerusha Grace S, Lakshita

Standing I row L-R: Darius Saron R, Jeshwanth S, Gowshikan GG, Vishruth Shivnag R, Pawan Raj G, Yashwanth P, Praveen Romeo R, Feodore Yitzhah, Rumevi K, Hilda Irin T, Tharika S, SriMuthaa A M, Dhanyashree S, Rachael Joshy, Crace Judith Pablar. Nine Annachate Dhilis

Grace Judith Debora, Nina Annegette Philis

Standing II row L-R: Sai P H, Vasegaran V Shiva, Adhiban Paul O Xavier,
Naethan Immanuel, Kaushik S, Jaden J, Manya Saxena, Prashsti S, Akshita S, Adwitha Kishore, Andrea Dobson, Shivani Senthil K., Joanna Ajay P







UKG - D

Class Teacher: Mrs. Kirthika G, Ms. Muthuselvi (P.T)

Sitting L-R: Agilan S, Shawn Michael P, Benett Vishesh R, Vidharth Karthik G, Pranav V S, Kavish Rao K, Maria Aaron S, Ashleey Lera V J, Beneta Keren A, Loshana D, Ninita Vinoth, Chloe Fernandez, Jona Genevieve M, Sai Hamsika P Standing I row L-R: Joel Antony D, Chezhiyan N, Sanjaii Shawn KV, Jaaziel Prince, Gladwin Leander A, Rene Thomas Fernando J, Shreya R, Alaina Jane S, Taniya Suresh, Aishwarya Sharon S, Renita S, Lakshitha S, Serena Grace J M, Elaine Kezia S, Srinika T Standing II row L-R: Najeeb Ahmed D, Ethan Einstein, Jitesh V P, Abdeali Mustafa, Javden Ashank Britto. Joshua Shalom S, Yashini D, Veditha R, Javashree S, Kritya Mishra

Jayden Ashank Britto, Joshua Shalom S, Yashini D, Veditha R, Jayashree S, Kritya Mishra, Kavipriya Varshini N, Hannah E, Daria Lysania L

Class Teacher: Mrs. Camelia Joseph, Mrs. Maureen Fraser

Sitting L-R: Andro Jovan, Krish Kevin, Len Emmanuel, Krithik S, Aadhav V, Jose Jayson, Sherwin Karthik, Joshika Thomzina, Aashna Sahu, Jelin Rishona, Julianne, Manya Ann Mathew, Aayat Abdul, Thejaswini S R
Standing I row L-R: Jonathan Devotta, Siddharth A, Aaryan Karthikeyan, Nithin R, Allvin Thomas, Bendict Joy Solomon, Sebastian Prince, Keiron Tohana, Arwa T K, Mira A, Pranavika Dinesh, Jenet Sherly, Trinita Mary, Madhana R, Sendhiya Senthil

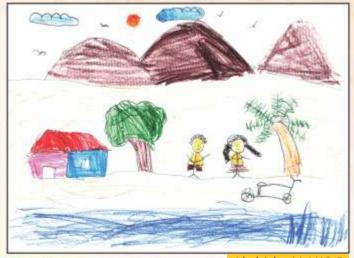
Standing II row L-R: Brasen Infant, Jivitesh Shyam, Darwin Steve, Johan Anto, Benjamin Clifford, Jadon Job, Shashank Kumar, Jason Immanuel, Azraa Shazana, Sai Vaishnavi, Shrinidhi V, Andrea Praveen



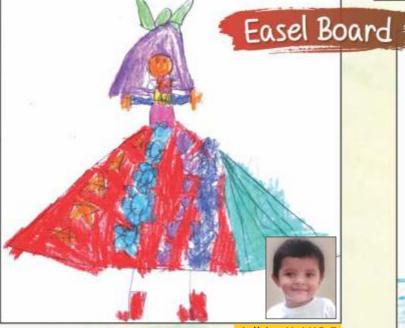




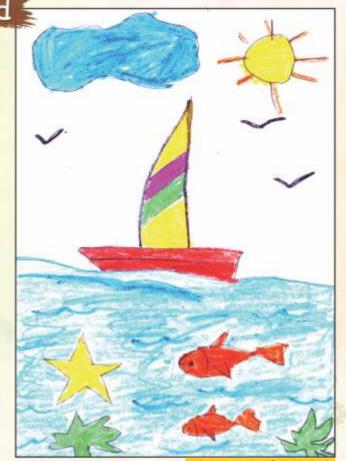
Abriyanna G A, LKG A



Akshitha V, LKG B



Adhira K, LKG E



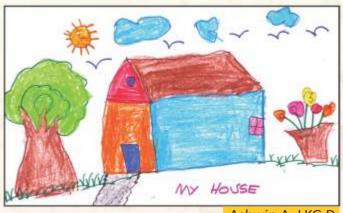
Christin Jenifer, LKG A



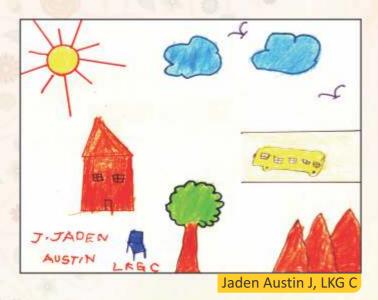
Giffin, LKG B

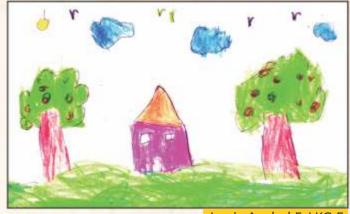


Donna Fernando S, LKG A

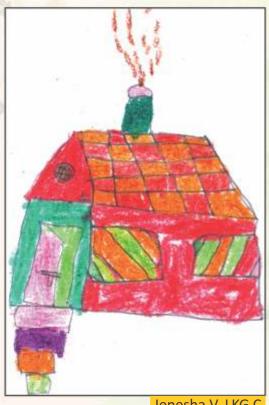


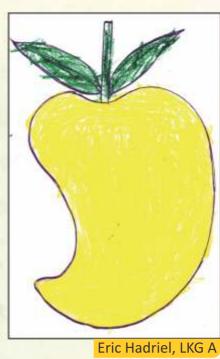
Ashwin A, LKG D

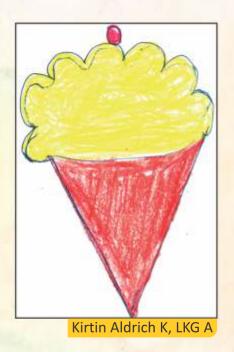




Jerric Anshal F, LKG E





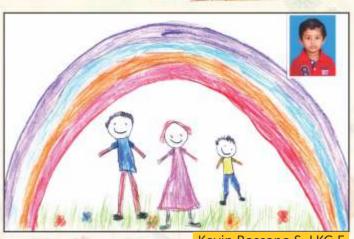


Jenesha V, LKG C

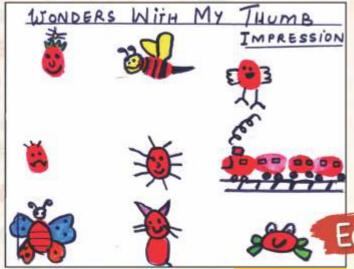








Kevin Rossano S, LKG E

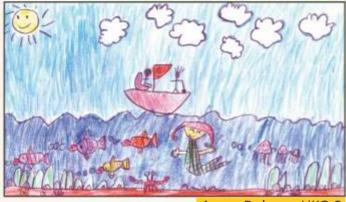


Easel Board Abraham Oliver, UKG B

Arwa T K, UKG E



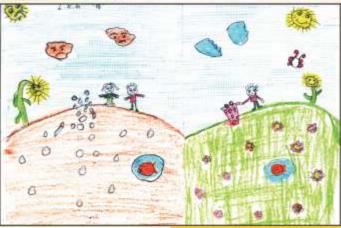
Shathana Sree, LKG C



Anrea Dobson, UKG C



Shawn J, LKG D



Tanishq Kumar S S, LKG B



Varsha Raj Kumar, LKG E



Allvin Thomas P, UKG E



Azraa Shazana F, UKG E



Jadon Job, UKG E



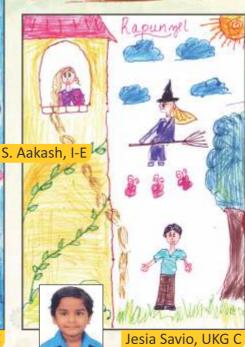
Cavlina Kaitlyn A, UKG A



Imaad, UKG A



Chris Michael J, UKG C



HONEY BEE S. Aakash, I-E

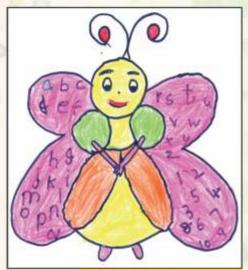
Marshika Maany, UKG B



Lakshana D, LKG B



Leandro I, LKG



Krithika Laxmi M, LKG B



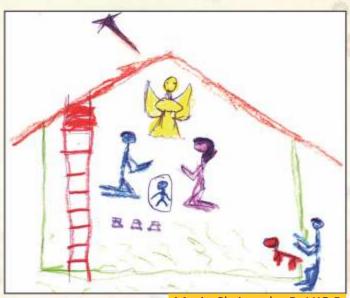
Michelle Susan, LKG A



Melchizedek, LKG A

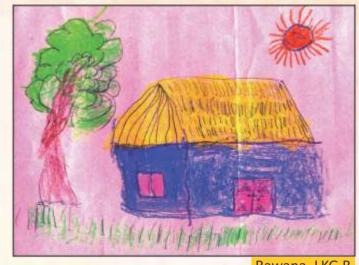


Margaret Adiel Jaya Joana, LKG B

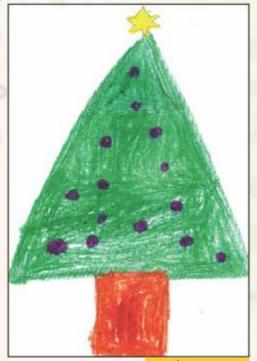


Maria Chrisantha R, LKG B





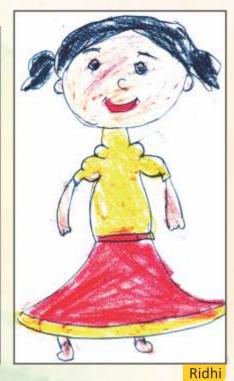
Rawana, LKG B







Reuben Paul Clarance, LKG B





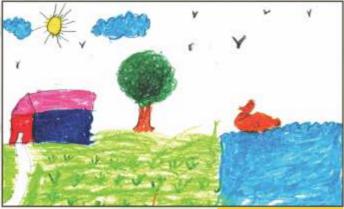
Ria Jasney, LKG E



Ryana Jocelyn A, LKG B

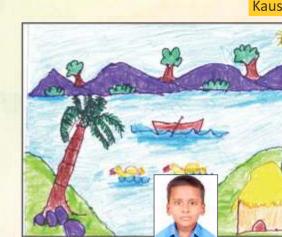


No more clean air? Joseph Tarun Corera, UKG A

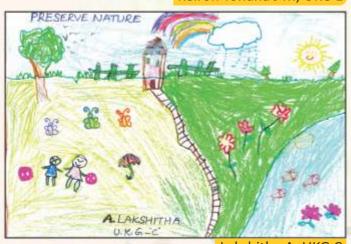


Kathirvel K, UKG B

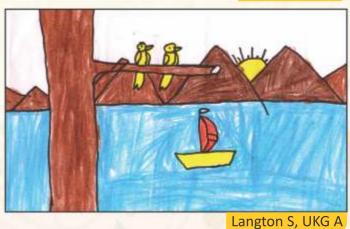




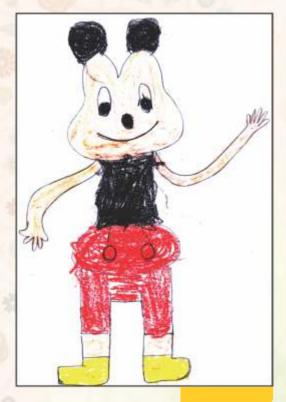


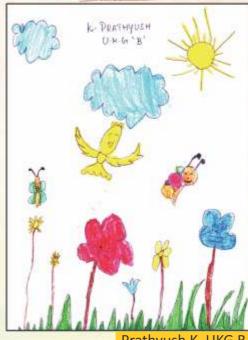


Lakshitha A, UKG C



Krithik S, UKG E

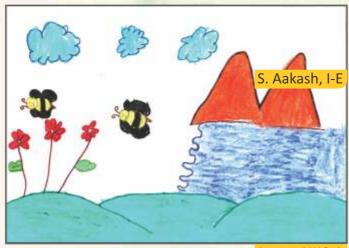




2017

Prathyush K, UKG B

Sai Vaishnavi N, UKG A



Laura, UKG A



Nirupa V, UKG A



Prashasti M S, UKG C



Sai Ramakrishnan



Soyez Le Changement, Voir Le Changement

Nous vivonsdans un monde oùles gens aimentà prêcher. Mais les choses doivent changer. Nous devonsprendrel'initiative de faire les choses correctmentplutôtque de dépendre des autres pour commencer premièrement. Nous devonsparcourir des sentiersinexplorés pour atteindrenotreobjectif, car nous ne sais pas ce qui nous attend danschaquevoie. Les gens espèrentqued'autresprendraient le risqué de commencer une nouvelle venture. Ilsaimentsuivre la fouleplutôtque de prendre la responsabilité et de les conduire. Nous devonsêtreprêtsà faire face aux conséquencespeuimportecequesi nous voulonsvraimentvoir un changement. Il faut du courage, la responsabilitéet un veritable besoin de changement pour unepersonne de mettre les choses en movement. Pour voir le changementque nous devons essayer d'être le changement.

- Jyotsna Muralidharan, XII-A

Soyez Le Changement, Voir Le Changement

Soyez le changement ,voir le changement a été le thème de notreécole au cours de l'année 2016-2017.Au cours de notre vie, le changement nous a toujours influence d'unemanièreoud'uneautre. Dans le plupart des cas, le changementestune bonne chose. Nous apprenons plus sur nous-mêmes de cettefaçon. Nous pouvons nous changer pour devenir de meilleures personnes en changeant notreétat d'esprit.

Pour faire de notre monde un endroitmeilleur, nous devonstravaillerà changer nous-mêmes d'abord. Le changement commencetoujours avec vous-même. Comme un enfant, nous grandissons en observant beaucoup de choses qui se passentautour de nous qui peuvent ne pas êtredroit.

Nous devonsd'abordapprendreà se lever pour ce qui estjuste. Nous ne devrions pas suivreaveuglément les traditions anciennes comme sati oul'infanticide des filles. Cespratiques sontinjustes et ne peuventêtre rectifiées si nous, la sociétédans son ensemble, décide de changer.

Lechangement commence avec vous.

- Sarah Peters, XII-B1

Soyez Le Changement De Voir Le Changement

"Tout le monde penseà changer le monde, maispersonnenepenseà changer"-Leo Tolstoi.

Pour être le changementsignifievouloir, choisiretvalidervos actions à faire la bonne chose. Nous pouvons faire unedifférence pour les individus, même à des groupes de personnes. Quelquesrares d'entre nous peut même influencer des communuatés entières et sociéties. Il y a nombreus es aides globales et les organisms de bienfaisance en vigueuraujour d'hui, et ilsont fait des progrès significatifs et importants pour résoudre les maux du monde. L'autreraison pour laquelle changer le monde est pas possible, et je croisque celaest la principale raison, parceque nous devons changer nous-mêmes d'abord.

Ceciestl'élémentdéterminant du changement-le changement commence à l'intérieur. Deuxièmement choisirestune décision. Gandhi a dit :"quoi quevousfassiez sera insignificant, maisilesttrès important quevous le faites." Cette citation me encourage à faire la bonne chose., peuimporte quoi. Pour moi, celaveut dire que je ne vaispas toujoursobtenir un prix pour chaque bonne action que je fais, mais je dois le faire justeparcequ'elleest la bonne chose à faire. Nosdécisions doivent ensuite être là etfait, et nous devons engager nos actions pour créer un changement que nous voulons voir.

Enfin "être le changementquevousvoulezvoirdans le monde" signifieà remarquerce qui se passé autour de nous estd e prendre des puissants, solidesétapesvers la construction de la vie et le monde de nos imaginations. Voyant le changementquevousvoulezarriveraprendra beaucoup de votre effort de vouloir, choisiret de commettrevos actions pour défenderce qui estjuste.

- Vinay Govias, XII-A



Soyez Le Changement, Voir Le Changement

Qui sommes-nous maintenantest pas qui étionsl'annéedernière, la semainedernière ,hierou même il y a une minute. La vie ne tienttoujours, peuimporteceque nous faisons. Le changementest la nature même de l'existence-nospensées, les sentiments, les croyances, les idées, mêmenos relations sontaussichangeantesque la pluie et le soleil, ou de la nuit et le jour. Maisautantque le changementestinévitable, Ilest pas toujoursbienvenueou facile à traiter. Il peutbouleversernotre monde et de générer beaucoup de sentiments contradictoires.

Cependant, i lest dansces moments mêmesoù tout sembledésespéréque nous avonsunechance réelle de se transformer en quelque chose de mieux: ceque la chenille appellee la fin du monde, nous appelons un papillon.

Le voyage àunetelletransformationest plus lissequand nous pouvonsrevenir en arrière de la colère, la peurou la douleur et de prendreunegrande respiration, avantl'émotionprend le relais. Ensuite, nous pouvonspermettreà la questioned passer, pour même pas ces sentiments qui semblenténorme, important ouécrasanterestent les mêmes. Comptetenu du temps, ce qui est vital pour nous maintenantvabient ôt perdre de sa pertinence.

Sachantce la signifieque nous pouvonsêtre plus à l'aise avec le changement. Comme le penséesvont et viennent, comme nous le montre les émotionsmontent et descendent comme des vagues, commeunedouleur physique, émotionnelleoumentale se fait sentir, puisdisparu, nous voyons comment cesallées et venues applique à tout, même notresouffle. Cesens du rhythme nous informeque, si nous attendonsasezlongtemps, même les plus sombres de foisvontégalement passer.

Afin de faire quelquechose, vous devez le vouloir. Si vous voulez quelquechose, vous endurez toutes les lutes et les douleurs qui viennent avec lui. Vous êtes determine à attein drevotre objectif. Un changement ne peut se produire sivous voulez le voir arriver, et le seulchangement pourrait se produire et sivous mettez votre effort. La citation "sielle est d'être, iles tàmoi", nous explique que trop de gens pensent que d'autres tells que les dirigeants sont cens és être le changement. Il est évident que rien ne va se passer sans vous. Vous pouvez choisir de faire un changement ou non. Pour prendre des mesures our est et là. Mais vous savez, à la fin de la journée, le choix a étéet est le vôtre.

- Robin Thomas, XII-B1

Soyez Le Changement, Voir Le Changement

Gandhiji, l'homme qui a inspiré des mouvements des droitshumainsdans le monde entire tout en vivant de façonspectaculaire la vie non-violente simple, il a prêché, a dit "vousdevezêtre le changement quevousvoulezvoirdansce monde". Nous voyonsmaintenantcette citation partout ; des églises, les centres de yoga, des rassemblementspolitiques, sur des déplaintsd'atelier, et des autocollants. Maisquesignifie "être le changement "signifie? Pour être le changementsignifievouloir, choisiretvalidervos actions à faire la bonne chose.

Commettreestcomme un contrat avec vousà faire tout cequ'ilfaut pour atteindrevotreobjetif. Un engagement estl'étaped'action, la poussée pour passer à travers les momentsdifficiles. Peuimportecequevousdécidez de le faire, vousdevezvous engager. Même sielleinvite quelqu'und'autreà siéger avec vous pour le déjeuner. Quandvousvoyezunepersonneassiseseule au déjeuner, vousvoulez faire de leurexpérience au déjeuner positive. Par consequent, vouschoisissez les inviter às'asseoir avec vous pour le déjeuner. Maistoutescespensées se précipitant dans votre tête, et quandvous regardez autour devous, tout le monde sembleêtre flagrante à vous d'une manière bizarre et maladroit. Juste pour une raison stupide commeça, vous décidez de ne pas inviter l'élèveà siéger avec vous. Voilàpour quoi vous avez besoin d'engagement. Donc, vous pour riez vous dire "ce que je veux voir se produire."

Enfin pourvoir le changement nous devonsêtre le changement

Shwetha, XI-A



Class Teacher: Mrs. Beulah, Tamil Teacher: Mrs. Visalakshi

Sitting L-R: Amsden Uzziel Subbaiyan, Jebishan Jebin, Varun Nidhi, Elvin Christopher, Rodney Jaden Silveira, Krithik Sharan D, Pravesh P, Andrea A, Annie Brinsi Teresa, Aradhana C, Jency Irin R, Sarah Evangelin S, Sandhiya B

Standing I row L-R: Mohamed Sharif B, Tarun S, Joshua Tamizhinban J, Mario Titus Paul T, Harshvardhan B, Kavin P, Raaghul V, Bratin I S, Janice Stefi J, Shiza Mariam A, Sanjana M, Tejasvi V, Charuhasni A, Kinsey Danya Roy S, Akshayaa B M, Jovitha Catherine A

Standing II row L-R: Jeime Fabin L, Antony John Raymond, Aakaash Somasundaram, Vishva K S, Ivan Joseph M, Denzel Yuwan, Mirdhula S, Ettania Yelsha B, Bhavana K, Radhika Krish, Haasini. R, Jenesia Philomin V, Madhulika C. S

Standing III row L-R: Kavinaya Tamilselvan, Prithika, Janani Priya B M, Sherin Maria LA, Hannah Irene

Class Teacher: Mrs. Shashikala Sekar

Sitting L-R: Abinaav V, Jasan Jose, Ayaan Joe Vilson, Chris Michael Vincent, Cheerla Joseph Sujith, Krishna L, Mithran E R, Chris Alstyn S, Vikashini Kalyani M, Samyukthaa N, Saina D, Yashna S, Agnes Fiona, Gowri S, Amanya Moses, Vigneshwer R

Standing I row L-R : Mithul Kruthik R M, Kavinidhi N, Emmanuel Joseph Wilson, Antony Steve Rohin, Kavin Sanjeevi S R, Kevin Felix, Ryan Brunoo P, Marcus Jordan D, Natasha Isabel Divien, Neha S K, Manya Lily Malhotra, Carenop Gracelin, Ojasvani S, Lini Angel, Vaishali T K, Anjana S D, Roshan G Standing II row L-R: Akil Dhananjay B, Aaron Anu Gnanam, Jaden Samuel J, Japesh Mohan R K, Jadon Nehemiah K N, Adrian Jason, Naveen, Jaswanth Kumar

A, Johanne Quislina Rodriguez, Ashley Ann Tharakan, Tejaswini S, Amina Azra K I, Jane Teresa Stenny S, Boomika M Sai, Hannah Gracelyn, Renita Rachel D

1 - B





Class Teacher: Mrs. Feiyola Fernando, Tamil Teacher: Mrs. Jackulin

Sitting L-R: Ebenzer Samuel, Sandeepy N, Sachin P, Sachin M, Mark Ryan, Asher, Punith Joshua C D, Yazhlni M, Vedhika S, Elliren Michael, Alice Juliana, Shruthi, Praisiya G, Reeha Presensia A

G, Reena Presensia A

Standing I row L-R: Jonathan Gerard Sagayaraj, Iniyan J, Adarsh Krishna L, Surya
Narayanan K, Fraan Charlin, Haresh Arya M, Haresh Atharvan M, Bridget Binu
Chettupuzha, Aldin Christa Isaac, Khirthijaa S N B, Falisha Tausif, Audre Perpetua
Fernando, Fatema HV, Harshita Sudhakar, Rafaelle Giann Louis

Standing II row L-R: Surya R, Arvindraj Ramanan, Allan Samuel S, Alan Paval,
Madhav P M, Arnav M, Karan M, Dallin Rishon E R, Jack Steven P, Jovan Isaac J, Felecia

Jaisudhan, Jananya M S, Janis Alvina, Yoshika G, Sanjana Fenelon

Class Teacher: Mrs. Bernadette Joy, Mrs. Sujatha R

Sitting L-R: Samson S, Vaibhav Sairam, Ajitesh Shajil, Anshul David, Anton Vijay A S, Morgan Nikhil T, Krishnaa S, Roshini A R, Saipoorvisha A, Sahana A V, Andrea Thomas, Lina Mariyam, Ananya S, Smitha K

Standing I row L-R: Aldrin Richard J, Harihara Guhaan S, Danny Jose A, Paulwin Roy P, Jesvin J, Derrick Dominic, Sai Karthi P, Joel Akash, Karthickeyan T V, Dhiyaa K, Riya P K, Cathryn Samantha P, Kanisha J, Jeniliya Yuvanjalin G A, Jerusha Sharon J, Hannah Wilson, Zara Yanichel

Standing II row L-R: Jashon Ruel R. Kairay Sanar V, Raiyan P, Sam Antony A

Standing II row L-R: Jashon Ruel B, Kairav Sagar V, Raiyan P, Sam Antony A, Ricky Joshua V, Dhruvan M, Shawn Emmanuel Aldrin, Ritesh M L, Saathvikhaa S, Diya S, Kaathikhaa T M, Kenny Kalvin, Keshav Raju, Subbiah G, Shyam G, Reagan Hanniel Jeeva E







1 - E

Class Teacher: Mrs. Mekala, Mrs. Pamela Selvaraju

Sitting L-R: Syed Asad, Vishvajith S, Kevin Jacob V, Raphael Maxim T, Irwin Nikhil A, Amesh Sairam L, Herwin A, Niva Michelle P, Sai Charanya P S, Shriya K J, Sree Darshini H, Benaret Joymaria T, Nikithaa P R, Hasana Fathima M K

Standing I row L-R: Safin R, Ashaun P, Shahir Ebrahim S, Aakash S, Shawn Britto S, Ryan Honey George, Nithin Kadavill, Juan Peter A, Sabareesh S, Sahana G, Keerthi Sri R, Nihana S, Anjali Narayan, Jhanvi Nandakumar, Fiohna M I, Joann Beryl A, Grace Maria M

Standing II row L-R: Yuvanesh S T, Rikhil A, Rohit A, Miffin Francis H, Aron James A, Krishiy I, N Ariun Mahadeyan A, Roshwin Xayin C, Sheryl Tiana A M, Delcy Zoe Eyelin F. Krishiv L N, Arjun Mahadevan A, Roshwin Xavio C, Sheryl Tiana A M, Delcy Zoe Evelin F, Kevin Antony M, Yeshwanth T C, Perino Cruz J, Immanuel Robinson, Ryan Joshua P

Class Teacher: Mrs. Poongothai Raja V S, Computer Teacher: Mrs. Indra

Sitting L-R: Aadhi Shankar S, Kavin M S, Johan F Archbald, Rishon Joshua A, Jashwanth Sai N, Dharshith S, Evangeline P, Neha Sherene A, Tabitha A, Ainsley V Ruffina, Sarah Agnes Prabhu, Vivileya Amalin C

Standing I row L-R: Andrew Jonathan J B, Lawerence Suseendran F, Abhinav K, Allan Mathew M, Eric John Patrick, Samuel Adaikala Selvaraj, Calvin Thomas S, Rishwanth V, Ashlyn Liya Joy, Keerthivasan S, Ankithaa S, Yashika S, Jesse Asmitha A, Sandriya Stella A, Jenisha Sharon J, Jesse Keerthi J

Standing II row L-R: Rohan Joshua C, Lohith J, Kevin A, Brayden Edger A, Anish Britto J, Arjun Rajmohan, Harshan D V, Mritti P A, Ananiya Titus, Hassini M, Adithi M, Tanya Roshan, Mariyam Sharia S

Standing III row L-R: Narain Karthikeyan R, Venkat Thilak P S, Sam Sherwin Raj, Eric Gabriel, Devesh Krishnan, Gautham Sai S, Sofi Biyanka P, Janice Yadhika D F, Anbuselvi G

Absentees : Riya D, Shayan







Class Teacher: Mrs. Nancy Greeta P T Teacher: Mr. Vikram

Sitting L-R: lywin Joel Samraj, Joshua Jaydon T, Lalit Raj A, Adharsh V, Jovan Samuel S, Abimanyu A, Satvik Srinivas K, Lithika R, Sadhana T, D'Costaa C, Niveditha, Linzy Antonetta J, Jenisha S, Kezia Grace S

Standing I row L-R: Daiwik Bhusal, Ferry Alwin S, Jude Chris J, Caleb Sam Mullai P K, Francis Calvin G, Amogh Sentha, Russell Stewart A, James Mathew Justin, Andrew S, Shanessa Samara Gomes, Brinda Krishnamon K, Urja H Vora, Sasha Cynthia, Taniha S S, Annie Cassandra J, Bhavna J

Standing II row L-R: Nithin Timothy B, Abraham Solomon, Shakthi Anirudh R, Mohamed Faheem M, Kevin Casey P, Aarya V S, Varshita K, Juliet Florence G, Kanmani S, Ashnee Davidson N, Serlin Santra Y, Kaitlyn Renita K

Standing III row L-R: Emmanuel Amit Daniel, Bedi Valancia Joseph B, Shaswath Antony F V, Neil Andrew P, Aaryan V K, Sanjay K H, Daakshin A

Class Teacher: Mrs. Margaret Jeritta, Co-ordinator: Mrs. Nirmala \$

Sitting L-R: Nighesh S N B, Shawn Anderson S, Kelvin N, Damian A, Joshua Fredrick, David Ryan J, Vaibhav M V, Tejaswini D S,Maithreyi R, Prathyusha S, Stephania Joy T, Tanzeal Unnisa, Nivedha D

Standing I row L-R: Armaan Mohammed A, Jared Prabhakar, Lohith Jaswanth M, Nataleo Don Bosco, Eldiah Stephen, Nithesh N, Joshua Giftson J, Rithin S, Anushka P, Kamalenee R V, Avantika S, Hajira Beevi S, Zara Latheef, Kavin Mozhi S,

Cinthya Karthrine A, Oceana Renee Thomas

Standing II row L-R: Gabrian Ernesto M, Ashwanth R Y, Lakshan M, Sharan
Karthik P, Ahmed K L, Maximus Raj Kumar, Drishik V, Nehal S, Divya Dharshini S,
Ooviya T, Neharrika S, Bhernice Sanjana J, Patricia Bernice P, Joann Prithika

Standing III row L-R: Gokula Raja C, Jonathan Ethan Dhyriam, Anya Lisa S P, Stacey Sharon, Sukeshwaran A, Austin Joel J, Aiden Denny J







Class Teacher: Mrs. Malathy V, Librarian: Mrs. Yasmin Manasseh

Sitting L-R: Fernando Raj, Jayanth A L, Vishanth J S, Ryan Fernandez, Alfred Kester M, Jaden Titus Muller, Tonia Sherely D, Darshana Porkalai J, Nishvitha V, Blessy Teresa David, Reena R, Shredha Santhosh, Viveka K

Standing I row L-R: Vibish S K, Sherwin Raj F, Sabareesh P, Ritheesh N R, Sanjay Deepak, Jeshrun M, Jason Raj R J, Frank Alvin J, Hanshikha K, Anushka Maheshwar, Yakshmita K, Rhea S, Dakshara Alexander, Rimona Grace I S, Dhiya Hasni V, Lakshanya S

Standing II row L-R: Godwin Samuel T S, Navaneeth Ram, Walan Arutchelvan W, Joel Fredric A. Ine Akilan G, Varshini K, Nishita R, Tanya Shree G, Neha Claudine Marielle Fredric A, Joe Akilan G, Varshini K, Nishita R, Tanya Shree G, Neha Claudine, Marielle Rose Fernandez, Sanjana Santhosh, Aditi Karthikeyan

Standing III row L-R: Frank Alvin J, Christy Aaric Joe, Jason Richards P, Harish Ravi A, Uddav S Thayanithy, Aaron Michael Prabhu, Beryl Christopher C, Ryan Daniel A

Class Teacher: Miss. Celine Monica Daniel, P.T Teacher: Miss. Muthuselvi

Sitting L-R: Evan John William, Aaron Joseph Prasad, Levi Cherubin B, Samuel Roshan Xavier, Mohanakrisha Bonasi, Aaryan Zac Samuel, Rajasri B, Aditi Ann Bright, Joshna Magdalene G, Nida Nazar A, Adhvaidha G V, Johanna Prakash

Standing I row L-R: Allen Joshua A, Iniyan S, Praveen A, Gavin Maria Fabio, Sam Ryan A, Jonathan J, Varshan N D, Rishita M, Lokithya S, Magna Shalom J, Deborah Angel A, Sydelle Maresa J, Anushka Malia J, Saniya Suresh, Sheryl Andrea A

Standing II row L-R: Yohan Manu, Sam Inigo S, Andrew Richard A, Steve Anto W, Paul Anthony Robert, Bennito Jose R, Riya Andriya P, Sankhya V, Anya Peter T R, Aparna H, Uppalapatti, Gianna Sherry I S, Pranaya M, Laya Lazar Martin, Iniya Mehaboobha A

Standing II row L-R: Francis Prakash Raj A, Pranesh M, Vrisavagav Suresh, Neil Jonathan Lakra, Lance Rachel J, Emma Ajay, Arya S Vijay, Pranay Marothi, Liam Hubert William





Class Teacher: Mrs. Susana Benjamin Music Teacher: Mr. David Charles

Sitting L-R: Abinayan S, Gowtham M, Berwin Joevedh S R, Raaghav Anand V, Johan Paul B, Logaelakkiyan P, Thanishka G, Shreenidhi V, Monica K, Catrina Kezia J, Tejaswini N, Jennita Maria Margaret J, Dhanalakshmi B

N, Jennita Maria Margaret J, DhanalakShmi B Standing I row L-R: Kevin Kaden S, Aaryan Francis R, Ashwin D, Sunjith Bhaskar, Suriya Narayana T K, Benedict Sam N, Irvin Cyril R, Reeny Arnold, Jashitha S, Layaa V, Ancy Jeff Valentina W, Harini D R, Sai Priya K, Rianna Xavier K, Joylynn Ferdora S Standing II row L-R: Sean Gabriel A, Blesswin Mathew T, Infant Efren, Chris Fabian, Nathaniel Fernando, Libin Fredy J, Jeffrey Manuel, Shrinidhi R S, Shrutheka Reddy R, Nathaniel Fernando, Libin Fredy J, Jeffrey Manuel, Shrinidhi R S, Shrutheka Reddy R,

Andrea Casildaa A, Priyanka Stella F, Christilda Janice S, Nakshatra P

Standing III row L-R: Merwick Jonath A, Vishaal RA, Dhananjeya Raghav S, Sembbian Senaikkondar, Sharanvel M, Lee Brett Christiano G, Yovan Markas D, Niphun S

Class Teacher: Mrs. Malar Selvi Fernadez S

Sitting L-R: Darryl Jose Peter, Anto Raphel, Arunan, Parithosh Raja C D, Aadhi Mathew Thomas, Jude Wilson, Yogith Shakthi K S, Aariya E, Rasheeqa R, Nehasree G H, Karyn Fiona A H, Marionette Diya Arputharaj, Joana Edlyn

Standing I row L-R: Sanjay Murugan B, Chris Proteuo L, Henri Shannon E, Aldin Andre A, Jason Prem Kumar J, Rohan Abraham Stanley, Raamalingeswaran B, Stephie Blessita J V, Lakshita B Y, Anna Caitlin J, Marlene Kavya A, Shauvon Desmy R, Taaniah Mustafa, Hemashree M

Standing II row L-R: Danny Frederick D, Justin Rohith P, Immanuel J, Ajwin Roy, Mohammed Imran S, Kingston A P, Hamshitha M, Maria Stefana S, Farana Fathima A, Karyn Marisa Peter, Maria Samantha R, Samira Yeshwanth I, Mahalakshmi D

Standing III row L-R: Chiranjeeve B, Joshua G, Karun Krishten, Sanjay Immanuel A, Aadithya E, Ashutosh Basu, Harris Benito V, Shawn Evaristus J





Class Teacher: Mrs. Saghaya C Agnes Hilda

Sitting L-R: Abishek Aachintya I N, Prajeet Niranjan S, Naligala Nishanth, Luca Daniel L, Yashwin Tilbert R, Issac C Devadoss, Sadhana Karthick, Jessica Joseph, Lakshitaa S, Praneeta Laxmi Parmar P, Preethi K, Rox Bertina T R, Kaveya B

Standing I row L-R: Infant Sam Prince M, Andronicus A, Chandranesan K S, Raphael Isaac Raj R, Shawn Marcus Y, Emmanuel Mathews George, Nathaniel Josephs George, Jotham Lemuel J, Nikita Sarah, Andrina A, Sanjana Yuvaraj, Jiana Sabriel Jesu, Riya Afreen, Sarah Wilson, Valencia T

Standing II row L-R: Chris Lionel N, Nagarajan B, Luke Symeon Gangai, Jeswin

Standing II row L-R: Chris Lionel N, Nagarajan B, Luke Symeon Gangai, Jeswin Nirmal Xavier, Vasigaran M, Mukesh B P, Sudikshaa J A, Andriya Meril T A, Sahana V, Riannah Chrishelle, Sarah Judith A, Keerthana Y

Standing III row L-R: Balamurugan B, Aalinth A, Darrin F, Hari Prasad S J, Isaac Asher J, Jayanth Nathan Nandakumar, Gowtham Venkadathri A, Calvyn X, Bala Chandhar M

Class Teacher: Mrs. Alfanso Margaret Sujatha

Sitting L-R : Justin Davis Christopher, Malwin John R, Shivaraam R, Aathim Daanish T, Shriram Aditya M, Antonie Joshua Johnson, Idhayan Michael Raj D, Mrithika Shajil, Lareina Jaunitha M, Kirthanna V, Aparna A, Tawfiqa Mehraj M A,

Standing I row L-R: Yashwanth M, Sherwin Jason Solomon S, Gino Jaden Paul W, Darren Samuel Jason D, Nehemiah Timothy Joseph, Joshan Jebin, Vignesh G, Tharun S, Irene Adelina W, Savanna Eden Thomas, Keira Nicholas, Mary Alphonsa C J, Vaishruthi S, Keziah S, Raphaela T D, Taniya Mathew

Standing II row L-R: Elijah Jaden Victor, Caranes Miltan J M, Maadhay J N, Mhuhilan S, Alvin L, Yamini M, Rebecca Marshall, Haben James Binu, Eshwar S, Harish Ragavendra AV, Rohaan Asher Praveen, Ronnie Stuart X

Standing II row L-R: Ashwaanth T S M, Surya J T, Anamika Rosy Tojo, Zaara Rubeina F, Tamana Deepak, Sharon Susan Oommen, Ananth Sudhir Ravindran, Joe Kevin A





Class Teacher: Mrs. Sheena Tinoy Language Teacher: Mrs. Anna Rose

Sitting L-R: Marciano Dwight S, Arun Gautam A, Kevin Royal Peter, Dev Rishi, Jonathan Shimon P J, Ryan Santhosh, Thomas Phillis, Sharon, Sameera Nasreen F, Meghna Mabel S, Sisira Lakshya, Iyrene N, Shivani S

Standing I row L-R: Mark Jeffrey M, Daveon Rio, Ryan Joe, Vittal Robinson J J, Dharshan R, Gabriel Ronit A, Gogulakrishnan C H, Reegan G, Vaishali K, Lovitoli D Souza, Muthraa S R, Lily Sheryl, Lakshmi Shree P, Kirthika B, Tanishaa Sudhakar, Amy Harsha

Standing II row L-R: Suriyaa Bhavesh V S, Sachin Sabari, Kevin Sachieal P, Jivishnu R, Simon Jonah, Juan Raj, Brahath P, Ronitah R, Varshini N, Charita Reet D, Katherin Emilda. Janneth J. Lanshia S

Emilda, Janneth J, Lanshia S

Standing III row L-R: Chahath B, Tom Shervyn L, Azlan Mohammed J, Annie Jasper D, Jeff Alberto J, Antony Marinson A, Arun Mozhithevan S

Class Teacher: Mrs. Anitha Ernest

Sitting L-R: Vaseem, Vaseer Rantino, Nolen, Aaron, Fabian, Dylan, Keerthana V, Andrea, Treshalni A, Ilakkiya N, Katrina, Melanie C

Standing I row L-R: Mohammed Shafiq, Jude, Nithisvar, Donald, Karthik M S,

Aditya, Ananya, Pragati R, Shaziya K, Rakshanyaa R, Annie, Jia Peter T R **Standing II row L-R**: Vishiharan V, Aldrich A, Harringten F, Siddharth K, Johane,
Shahir, Dharshini M, Sara K J, Moksha V, Sri Varshinee P S, Prarthana M L,

Standing II row L-R: Bharadwaj S S, Mohamed Adhnan, Mervin, Gavin, Caroline, Darren K, Akash D, Sanjay J, Ranjithan S J







Class Teacher: Mrs. Rita Mary Israel

Sitting L-R: Sam Gee Richard D, Roshan Joshua Monteiro, Amish Aboorvan A, Kirthik P, Jovan Joshua Singh, Antonio Thomson, Joan of Arc A, Amali Patricia J, Vibusha K P, Sherin Tiffany A, Shwetha S P, Claudia Ann Maria P

Standing I row L-R: Michael Harris Kevin P, Dalston J, Sachu Joseph, Rohit Krishna N, Surya Dave, Suman Kaarthi A, Kanishka Mishra, Damini Vijay, Rashvitha Y, Shruthi S, Shanmathy R, Zakira Ahmed, Padmapriya C

Standing II row L-R: Dominic Antony, Mithun Shriva Tsan G, Akash Dey, Mithul Sylesh G, Sanjai P S, Nickey Arav, Vidhusha M N, Aardhana, Tejasvi K, Chanda Sai K S, Sahana Bhaskar, Merlin Vitsca R

Standing III row L-R : Sanjev M P, Abhinav Rajesh, Lakshan Raj G, Hemath Kumar, Anto Bonje P, Lorena J, Samritha M P, Allan George, Mohammed Ismail, Mohammed Mafaz, Pranav D, Jefriel Christian, Dharshan S

Class Teacher: Mrs. Mary Josephine Raj

Sitting L-R: Dhananjay K Unni, Jashwanth Raaj A P, Joshua Nithin Raj B, Rishon Angelo L, Abishek Ramanthan, Daniel Timothy Chelliah, Clementia S, Sheryl Olivia K, Aditi Ram S, Melanshia Irin, Aayesha Fathima N Jerusha Maria Theodore Standing I row L-R: Shem Stephen, Athreya K, Andrew D, Isaiah Harrison D, Rishab A P, Rajapriyan, Dhia Reanna J A, Breena B J, Sahana Prem Kumar, Ashmitha S, Divina, Avantika Ramesh R, Thirumagan K A, Lokshana R, Sanjana Rai Raj E, Janishaa Manoj Kumar, Neha Suresh Kumar, Tanushikaa G, Lekashri B **Standing II row L-R:** Hrithikesh S, Nithish M, Mohammed Arsshad K N, Orlando March Huffton, Hemanth K, Thirumurgan KA, Lokshana B, Sanjana Ria Raj E, Janishaa Manoj Kumar, Neha Suresh Kumar, Janushikaa G, Lekashri B Standing III row L-R: Rehaan Rollands, Shabbir Mansoor, Cochinwala, Ayaan Navas Ali, Karthik S, Rupeshwar S, Prasanth S, Ebenezer Praksah, Shalan Victor, Kevin Emmanuel Joseph J, Jane Marria Harriet T, Yukta Kumaravel, Irene Libby Jisha, Sanjanaa J, Vaishnavi S

1V - C





Class Teacher: Ms. Mary Grace D

Sitting L-R: Calvin Ajay A C, Sandeep Surya J, Anees Affan R, Reno Royston D, Selvyn A, Harshan Arun, Joel Anto A, Jaslin Sandra D, Sarah Manasseh, Annika Meril B, Sharon Josslyn John, Judy Ansley Valeria J, Harriet Roshini S

Standing I row L-R: Adrian Sanjeeth C, Denham Maria Geetham K M, Valentino Charley Raj, Micah Jaden, Jai Aariya J, Abinaya Sri S, Rashika Priya T G, Raina Jeslin Juliet M, Sadhana Ravi, Keerthana T S, Rachel Joann Louis

Standing II row L-R: Sanjeev Kumar S, Melvin N, Viruthish Anto Jonathan M, Darren John Santhosh, Karl Langston B, Sanjanaa A, Shreya Bhusal, Michelle Monica Lino, Thamaraimalar S, Rudhampara B, Chris Kelvin V, Jeremiah Jeyakaran, Nithin Abraham Jenonathan

Standing III row L-R: Darshan Arun, Fredrick Fernando, Sheik Adnan, Akshith S, Austin, Rishon Adams J, Srinidhi, Joana Gabrielle, Sathya Varshini B, Parivita S M, Class Teacher: Mrs. Merline Joseph

Sitting L-R: Roger Hodson, Shyam Sundar, Dharshan, Raguela, Udith Anand, Dhanesh, Andrea Joseph, Teofila Olivia, Heshwini, Chelsea Joseph, Bavatharini,

Standing I row L-R: Steve Mathew, Antony Ahelgen, Roy Maximuss, Nhithish, Jordan Peppin, Nathanael, Suraksa, Betty Kezia, Shreya Muthu, Kezia Sharon, Tejashree, Krithi Yaragarla

Standing II row L-R: Eric Jefrey, Nishanth B, Logeshwaran, Nikhil Xavier, Jeswin, Shriman, Kyra Anabell, Adhya, Steve Sherwin, Gaven, Prasanth Manikandan,

Standing III row L-R: Rohan Jude, Akash Raj, Sherwin Danny, Steve Allanso, Ashish, Tarosh, Riona Navinraj, Sherin Joseph, Mahitha, Lakshya, Akshaya, Shiloh Faith, Yuvanthika

IV - E





Class Teacher: Mrs. Femina Patrison

Sitting L-R: Kavin Fredrick, Jerome, Dishan Marrio, Ricardo, Johan P, Joel Henry, Praveen Kumar S, Christin Fiona, Liza Sarah, Oviya Thoma V R, Deborah Betrina, Harshini

Praveen Kumar S, Christin Fiona, Liza Sarah, Oviya Ihoma V R, Deborah Betrina, Harshini Valliammai A R, Nikita Maria

Standing I row L-R: Aditya Shankar, Shravan Shekar P, Arul Prakasam, Shan Thomas, Karthick A, Jayakaran V, Andre Siddharth C, Mayuktha Manoj kumar, Asmita Mary, Sharon Ensa, Sree Varsha, Jenifer Williams, Angeline Mary

Standing II row L-R: Jeffery Infant S, Daniel Francis, Kavin Kumar, Riyan Hassan, Jeffry Jeyaseelan, Artika M, Joanna Sheal, Rayhaan Ahmed, Prapanjan S, Jonathan Christopher, Almir Ahamed A, Jason Daniel

Standing III row J-R: Keyin Samuel S, Haresh A, Evan Samuel C, Darshan MS, Shanyin R, Standing III row J-R: Keyin Samuel S, Haresh A, Evan Samuel C, Darshan MS, Shanyin R.

Standing III row L-R: Kevin Samuel S, Haresh A, Evan Samuel C, Darshan MS, Shanvin R, Rayna Haslin, Preethika K, Jessica Rozaila N, Harshini S G, Jerusha R, Jhanavi M

Class Teacher: Mrs. Jayashree Venugopal

Sitting L-R: Niteshan, Amrith, Jeffrey John, Jaden, Adolf, Joel, Sherona, Iniya Faustina, Yaksha, Elisha, Karen, Ann Merine
Standing I row L-R: Ryan Rozario, Jeffrey Solomon, Surya, Mark, Pavan, Gnanav, Harshada, Joan, Natalia, Maria, Iniya V, Nithyashree
Standing II row L-R: Vergheese, James, Ranil, Ruha, Irene, Sarah Sam, Jafflyn, Harshad, Sarana Pradeep, Shaun, Mohammed Ali, Ajay Ram
Standing III row L-R: Arjun, Nihal Tanish, Varun, Siddharth, Alhan, Magdeline, Sarah Faith, Shreya, Smitha, Anonya, Andreana

Sarah Faith, Shreya, Smitha, Apoorva, Andreana

V - B





Class Teacher: Mrs. Sunita Rajesh

Sitting L-R: Prasana D P, Allan Paul, Naveen Raj S, Siddharth P S, Sam Daniel A, Regananthan M, Jinu Tryphen Grace, Husna Farhana, Dhiya Sarah T, Noorul Fahhima A, Jeevana I, Humera M

Standing I row L-R: Naligala Preetam, Revin Richelle T, Arrthen Sham C J, Surya S, John James J, Pablo Amaris P, Varsha V, Dewlyn Mary A, Jercia A, Safia Dorty F, Jessica Anand, Anne Mercia Joseph

Standing II row L-R: Jarvis Calvin, Jibhin B, Vishaal S, Pattan Eshan Ahmed Khan, Santosh Jeevan, Anirudh B M, Kenneth Thomas D' Souza, Karlo Cruz, Swarith Ram M, Calvin Letha Anton. Pachan Remanding

Calvin Jethro Antony, Roshan Ramanujam

Standing III row L-R: Prasanth Pillai, Sujith S, Paul Castor A, Sai Kishore K, Jeffrey Davis A, Dericc Nalvyn L, Carol Shine, Lisa Maria F, Aditi Rajmohan, Benni Jasmine, Divina J, Jasper Blessy Angeline, Shreya Esther

Class Teacher: Mrs. Mary Premila

Sitting L-R: Vasanth S J R, Antonius Marcio N, Karthik G, Abhishek Kumar C, Shyam Sundar B, Yashwanth S, Dishita D, Manha N, Catherine Rose George, Tanishka V, Divya Sakthivel, Zia Latheef

Tanishka V, Divya Sakthivel, Zia Latheef

Standing I row L-R: Ryan Thomas J, Shravanth K S, Alan Nevin D, Dhanvi R,
Jason Mathew P, Aryan R, Nafeesa Misriya B R, Susan Heber, Christina Sarah Paul,
Nithila Michelle N, Vasundara R, Vidhiya Lakshmi R B

Standing II row L-R: Priyan P, Kevin Steve G, Suraj Kumar S, Angelin Anna James,
Divya Dharshini R, Kanishka R, Tanvi K, Raksha Harshini D, Kevin Richard C,
Narendran S, Athithiya Varman N SA, Pranav Aanand R

Standing III row L-R: Shanmuga Nachiappan C T, Sanjay S M, Simon Jones S,
Prabhakar M, Krithik V, Kadir P S, Rene Christine A, Keerthana S, Riya Venan R,
Hana Khadija J H, Neha Thomas, Shamyuktha K, Judica Samuel







Class Teacher: Mrs. Colleen Aaron

Sitting L-R: Janarthana Moorthy G, Deepak K, Santhosh B, Boaz Ajay A, Mohammed Imran J, Chebe Paramesh P, Varsha R, Lingadharrini S, Rishona Akita, Sushmitha S, Leema J. Yuvashri .

Standing I row L-R: Vishal J, Allen Danel, Ahammed Shafeeq, Gokul G, Rubeina Nofe, Sabrina K J, Mahalakshmi S, Leethiyah S, Rohan R Pai, Saravanan M S, Isaac Moses F **Standing II row L-R**: Nishal M, Fazil Mohammed, Tarun D S, Sachin J, Riyon R G, Steve Antony S, Vonn Bradley, Ayyappan AR, Nitin Rozino A

व्यवस्था परिवर्तन का समय आ गया है

व्यवस्था परिवर्तन का समय आ गया है भ्रष्टाचार पूरी तरह छा गया है

म्नाफाखोरी की बीमारी लगी सभी को महंगाई से जनता त्रस्त हो गई तभी तो न्याय मिलने में देरी हो रही है राष्ट्रिय संपत्ति चोरी हो रही है व्यवस्था परिवर्तन का समय आ गया है भ्रष्टाचार पूरी तरह छा गया है सडकों का हाल बेहाल है दूर दूर तक न कोई अस्पताल है

सरकार आँखे मूंदे बैठी है चोरो का अड्डा तो पुलिस चौकी है व्यवस्था परिवर्तन का समय आ गया है भ्रष्टाचार पूरी तरह छा गया है

नौकरशाही सब पे भारी है हर एक को रिश्वतखोरी की बीमारी है भ्रष्ट लोगों के खिलाफ जो आवाज़ उठाता है बह्त जल्दी ही आवाज़ दबा दिया जाता है व्यवस्था परिवर्तन का समय आ गया है भ्रष्टाचार पूरी तरह छा गया है



S. Aakash, I-E



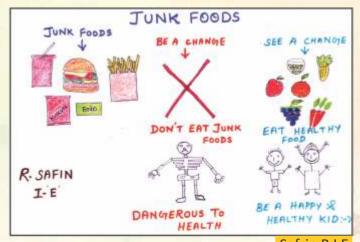




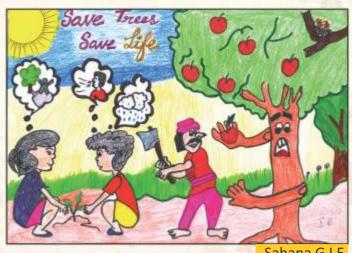
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Fiohna MJ I E



Safrin R I E



Sahana G I E

Sherlyn I E



Alfred Kester, M II D



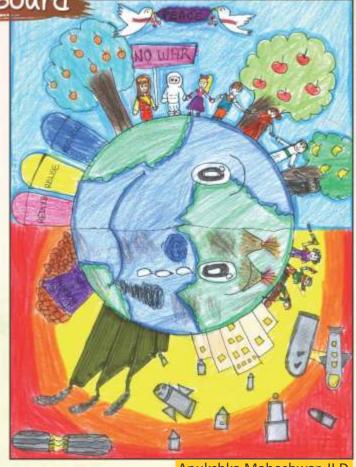
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Bathyusha S, II C



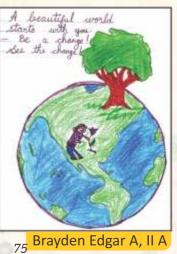
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Anukshka Maheshwar, II D

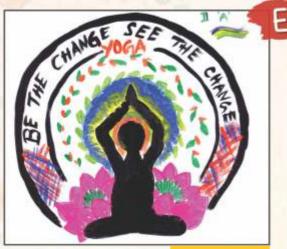


Fernando Raj, II D





Vaishruthi S, III D



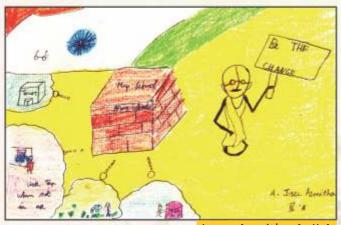
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Hajira Beevi, II C



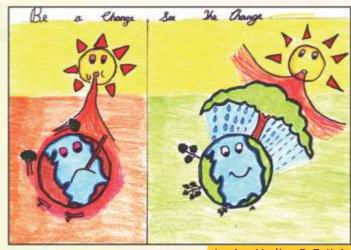
Kavin M S, II A



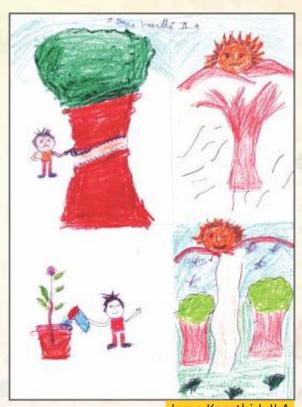
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Gautham Sai S, II A



Janica Yadira D F, II A



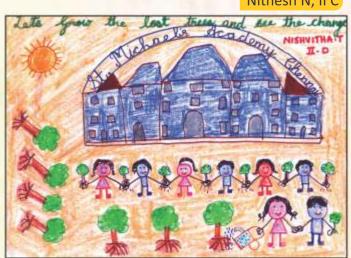
Jerse Keerthi J, II A



BE THE CHANGE SEE THE CHANGE STOMATHAN STO

Keethivasan S, II A

Jonathan J, II C



SEE A CHANGE AND SEE
THE GHANGE!

"YOU MUST BE THE CHANGE,
YOU WANT TO SEE IN
THE WORLD.

MENTING CANCELL

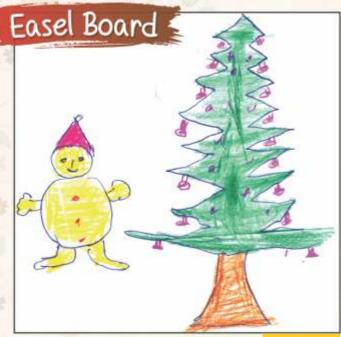
KOZIAŁ S. III D.



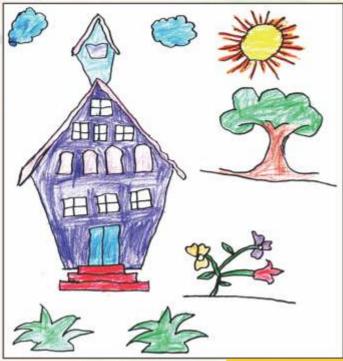
Tanya Roshan, II A



77



Risaan V G



Rumevi K, UKG C



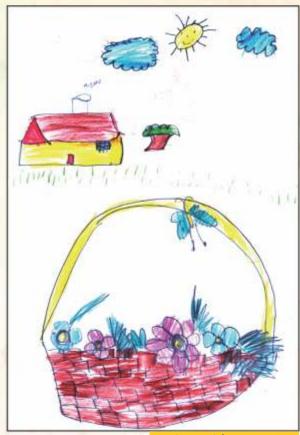
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Shrinithi V, UKG E



Vedanth, UKG C



Tazima Hidaya, UKG B

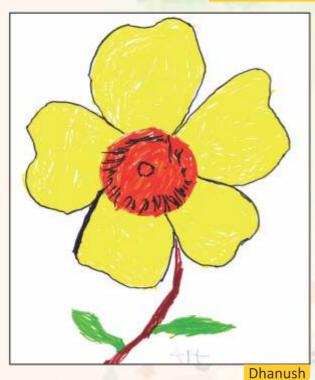


Shivani R When you waste Water

You waste the World







SAVE WATER

Shivani R

EXIVE THE WORLD





23rd, 24th, 25th August 2016

Jr. School Talent Search







"Everyone has talent. What's rare is the courage to follow it to the dark places where it leads".



Jr. School Talent Search









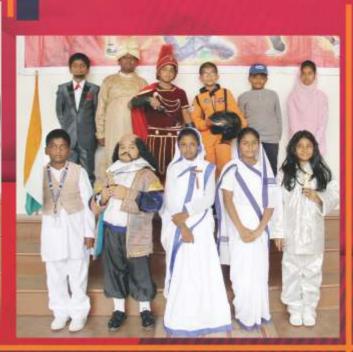
















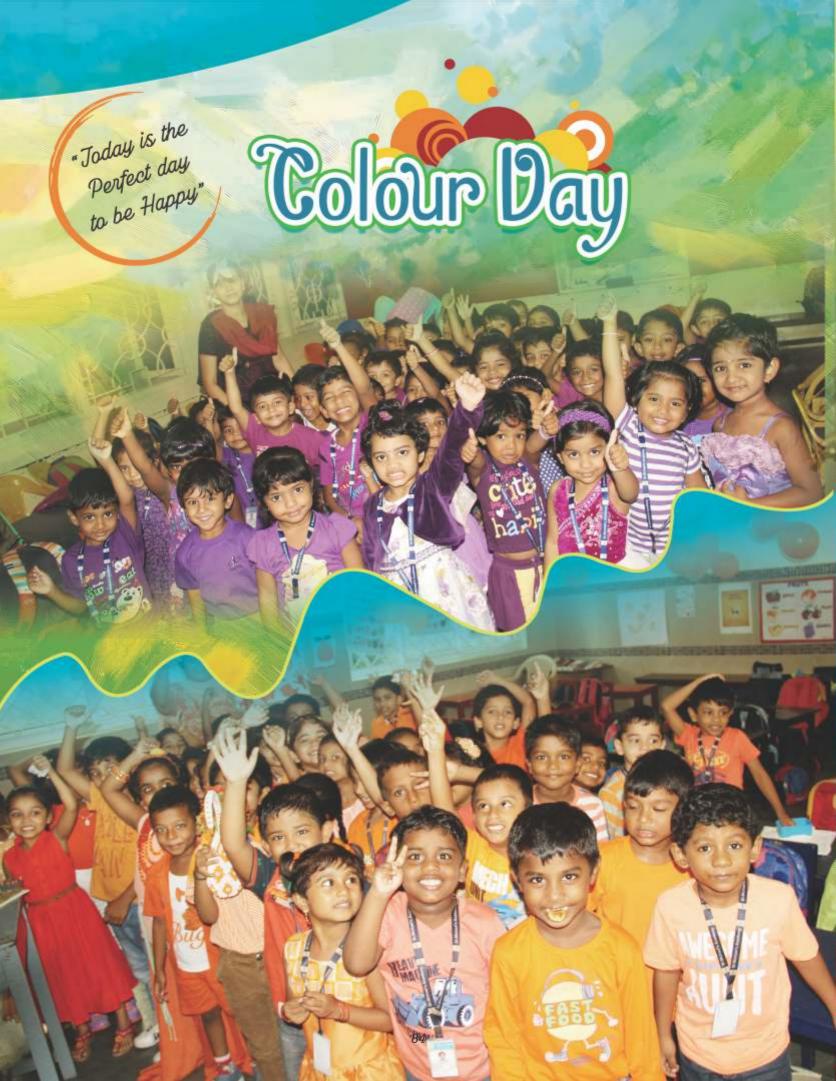
"Believe in yourself. You are braver than you think, more talented than you know and capable of more than you imagine".













Is Holiday an extended class?

Kevin Kinsey, VI-E

Holidays can sometimes be like an extended class. Holidays help to relax a little and stretch children's brain in different ways. It is a great opportunity for kids to interact with the community. It is also a time of reunion with relatives. From an educational standpoint, a child is able to experience other culture and can gain valuable language, history and social skills. It is also noticed that children actually benefit academically from longer holidays – they read more, go to the library, go on interesting trips and come back with a better learning mindset than before. For example, if the students visit some ancient architectural site then the students would be able to understand more about a particular empire.

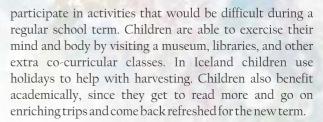
On the other hand, holidays can sometimes affect students in many ways. With today's technologically overloaded students, one of the emerging concerns against a prolonged vacation is the increased chances of deviation from constructive activities. Academic skills need daily practise which a modern parent may not be able to carry out at home due to the rising demands of work. Unlike before, a long study break is more likely to cause students to forget what they have been learning. With movies and video games, they slip away from study habits and become languid for some time without studying. This is more damaging especially to students who need the extra support that they cannot find outside school; where there are people trained to help them, and can concentrate well in an environment designed to studying.

During holidays, the students get to experience many things in practical ways, socialize with friends / relatives, visit historical places etc..; therefore holidays can sometimes be considered as an extended class for students.

Holiday an extended classroom

Cailin, VI-A

Long school holidays help students to clean their heads, relax a little and stretch their brains in different ways. Families who live long distances from their relatives travel together, sometimes across the ocean in order to connect with their loved ones. A holiday is an extended classroom because it gives an opportunity for children to interact with the community. A child is able to experience and gain valuable language and social skills. The students get to



However there has been a lot of debate among teachers and parents, as to how long a school break should be. With today's technological advancement and extended vacation, it increases the chances to differentiate concrete activities. Parents, children and teachers should form discussion groups to ensure that an extended holiday is fruitful and a relaxing period out to ensure that the child's learning rises in a healthy manner.

Is Holiday an extended classroom

Andrea J B. VI-A

Usually holidays were the days in which we enjoy, relax and go somewhere outside. But now holidays are the days in which we study do our homework and our projects and therefore a holiday is an extended classroom. The reason why a holiday is an extended classroom and we study in a holiday because the next day of our school our class teacher would give us a surprise class test. It would be a very big shock for those who didn't study during their holidays. They get low marks in their internals. So it is best to study during our holidays.

Secondly we do our homework during holidays in order to develop our studying or writing skills and also to remember and understand what they have taken in the class.

Thirdly we should do our project in order to get our internal marks. Marks would be given according to our presentation and our creativity. If we are late to submit our project it would be a great disappointment to our teacher.

All work and no play makes Jack a dull boy". This article shows that, if we keep studying always and never step out of the house to play, it makes us a dull child. We should relax and play at the same time, while we also should study or do our homework. A holiday is definitely extended classroom for a good reason.





Is Holiday an extended class?

Semiksha S. VI-A

Yes, holiday is an extended classroom. I do and learn many new things during my holidays. This time, I learnt lots and lots of new things which include Leadership training, gardening, yoga, music exploration, outdoor education, storytime with HPL libraries and other special activities etc. I also learnt to clean my surroundings too!

Leadership training: There are a variety of opportunities to engage in meaningful leadership experiences designed to promote self confidence and service to others.

Gardening: I have a garden in our outdoor space. Each spring my family and I contribute and create beautiful bed gardens. Through out the season we help to plan, plant and tend to the flowers and plants.

Yoga: Yoga is often added to my holiday activities. It is one of my most favorite activities during my holidays. Doing yoga relaxes my mind, keeps me active and energetic throughout the day.

Music exploration: Listening to different genres of music, making instruments, singing songs, exploring tempo and dancing are some examples to musical experimentations I like to do.

Outdoor education: Natural materials such as tree swamps, large legs, sand gravel etc., are used for climbing, digging, balancing and discovering by the children. Additionally, educators and children are encouraged to explore the nature trails and if weather permits go hiking and explore the forest and stream.

Storytime with HPL librarian: A librarian from the Hamilton Public Library visits the children's centre on a regular basis, extending children's literacy through puppets, fingerplays and stories.

Special Activities: Registered early children educators in each classroom plan special monthly activities to extend the children's interests and learning. These include cooking or baking (e.g. making soup, bread, pumpkin pie.) Dress up days, Food drivers, Pajama days or visits from special guests.

Is Holiday an extended class?

Diya, VI-A

We learn new things everyday during our holidays at home and away. Holidays are an extended classroom. These holidays I learnt many new things by helping out with day-to-day jobs at home.

My grandmother taught me how to look after the plants in her garden. She bought a small plant with green and red



leaves for Christmas. I watered the plant and kept in the sunlight for an hour everyday. The plant is alive and healthy and I feel very happy. I learnt how to care for a living thing.

I went to the bank with my grandfather. He wanted to withdraw money. He showed me how to fill the slip. I took a token from the token machine. When our turn came I gave the slip to the cashier. He was sitting inside the cage and my grandfather explained why. The cashier gave me new notes and I was thrilled. I now know how to withdraw money from a bank account.

I helped my aunt to fry fish. I almost dropped the fish piece on the floor instead of dropping it in the pan! It turned out really good and I ate it all up. I was proud of myself.

I also read magazines and encyclopedias and learnt new things from them about various topics, ranging from the human body to fashion.

My holidays have been fun and exciting and I enjoyed learning new-things everyday.

Is Holiday an extended class?

Tania Mithra, VII-A

Many students agree that homework during holidays is a form of cruel and unusual punishment. Upon returning from the holidays you'll probably be seeing people coming with a million reasons like the homework fell in the water or it got lost during the storm.

Students are learning all the time in the 21st century because of media and through internet. Giving assignments during holidays restrict the time spent with family and friends. Holidays are a time to refresh ourselves and come back to school rejuvenated.

There are other alternate ways to make holidays engaging and worthwhile like:-

- Asking us to read a good book and comment on them
- Encouraging a visit to a museum or a library and share the experience when they come back.
- Doing an assignment about their parents and grandparents - how they studied, played in their school and college days, so that family becomes much stronger
- Make a photo collage of how they spent their holidays.
- And make the kids enjoy their holidays as they want it and not like an Extended Classroom

Is holiday an extended classroom

Joyslin Jenifer, VI-B

Yes holidays are indeed an extended classroom.

What we learn from the classroom is only facts and figures given in the text books, prescribed for a syllabus. In that way, our mind is restricted to certain learning and classroom situation.

At school we are bound to complete our portions within a stipulated period of time. Since we are time bound, we are not in a position to refer to extra books to gain our knowledge.

At this juncture, I feel that holidays are indeed a boon to us during which we can learn a lot more

- By visiting places of historical importance and undertake field trips.
- By spending time in libraries to read and refer to more books
- By collecting learning materials and data through internet.

Also, we are given project-works, assignments and so on to be done during the holidays. Actually, it is an opportunity to get to know our potentials and access our capabilities. In connection with this, we have chances to meet and mingle with people who are specialized in a particular subject or field. Our interaction with them paves way for knowledge exposure and explosion. These sorts of on-the-spot studies, project works, interaction, computer based learning enrich our critical and creative thinking, provide space for improving our communication and life-skills.

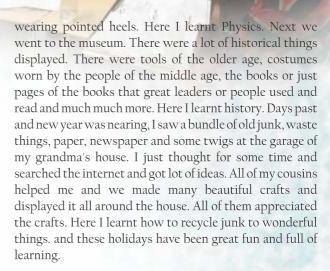
This is very essential for our career in future in a competitive world. So in my opinion, holidays are an extended classroom.

Is holiday an extended classroom

Andrea Preethi I . VI-F

This holiday season has not only been fun but has also helped me to learn a lot.

We planned to go to my granny's house for Christmas. On the way, we planned to camp in the woods. It was very dense and it also had a number trees and plants of different kinds. In this trip I learnt about plants and trees. After the camp we went to our grandma's house. There were about 10-20 guests and there was a big cake and it needed to be cut into equal pieces. So we cut it into 20 big pieces and distributed it. Here I learnt Maths. The next day we planned to go to the zoo with our cousins. There were many species of animals from different countries. I also learnt that when the elephant takes a step the pressure exerted is lesser than that of the pressure exerted by



With this I conclude and I do agree that Holiday is an extended classroom

Is holiday an extended classroom

Jotham N, VI-I

By the term holiday, we always think only of fun and frolic, but many of us never actually realize that we learn new things in holidays too. We learn values, friendship, tolerance, respecting elders, peace and so much more just in a simple game like hopscotch or catch-catch. The same way, we learn simple things like games in holidays. If there are any festivals during holidays we learn even more. We learn traditions, cultures, customs and more during festival holidays. Holiday is a type of classroom that does not teach articles or verbs but is a classroom that teaches moral values, life skills, basic yet analytic games, cultures and customs. Holidays can be better utilized for hobbies and learning, and not for laziness and indisciplinary activities. Here are some points that tell us how holidays can be better utilized and what are the benefits of holiday learning.

We often don't utilize properly which backfires at us when we do last minute chores which leads us to catastrophes. Use time properly as time doesn't wait for anyone. Classroom teaching gives us an idea of the reality while holiday tour visits give us the real experience...

We can involve ourselves in some activities which would prove fruitful later than just lazing away in front of TV

I would like to conclude by saying that holiday is a break of betterment and is an extended classroom of values indeed.





Grace Roshini J XI-0

Demonetisation means curtailing the value of currency permanently with some objective. There are many ways to cripple black money and demonetisation is one among them. It also took place recently in our country. It was at midnight on 8th November 2016, when the kings and queens of the Indian currency (legal tender status for rupees 1000 and 500 rupees notes) lost their crowns and turned into paper notes with no value. Almost the entire Indian citizens were shocked and perplexed on what was happening around them. At the same time most of the rural parts of my mother nation India, were sleeping peacefully without knowing what is happening. When all the eyes of our country citizens were on the ATM machines, TV and media and legs waiting for hours in front of banks, in Bangalore a luxurious and expensive wedding preparations were taking place. Of course the wedding expenses estimated to be 500 crores were soon drawn into controversies when most of the people were not able to get even rupees 2000 from the banks inspite of standing one or two days in front of the banks. News were flashed out that income tax department caught hold of few important personalities for having stocked lakhs and lakhs of newly printed 2000 rupees notes. The cars, lorries and other vehicles saved their money at the tolls because of the announcement made by the government. Both the small and medium scale industries collapsed at large. The farmers, marriage parties found no means to pay for wages and to purchase gold and other items. The scarcity of money resulted in the fall of price in various fields affecting the daily life of the citizens. At this juncture, when much of India is outside the internet age, it is better to give up or postpone cashless mode now. In view of the enormity of the demonetization problem there will be some temporary inconvenience to the common man.

Demonetisation

Ken Patrick A R, XI-B2

Demonetisation is the policy enacted by a government to identify and eliminate black money in order to develop the countries economy. This policy was initiated by our Indian Prime Minister Narendra Modi on November 8th 2016. This indeed was a quick and brave move made by our PM and was appreciated by everyone at first, but when the people of India were made to stand in the queue for hours to withdraw new currencies, they were put to great hardships. Yet they bore their difficulties, keeping in mind, the welfare of Indian economy. The co-operation rendered

by the people during this period was applaudable. Inspite of all the criticisms and objections the government stood strong in their stand. The demonetisation policy has taught people a lesson that they should not keep more money than needed. We should have money to meet our needs and not our greeds.

Phenomenon Supermoon

Keerthana V. IV-A

A supermoon is the closest approach the full moon makes to the earth on its elliptical orbit, resulting in the largest apparent size of the lunar disk as seen from earth. The technical name is the perigee. Symygy of the earth-moon sun system. The term supermoon is not astronomical but originated in modern astrology. The association of the moon with both oceanic and crustal tides has led to claims that the supermoon phenomenon may be associated with increased risk of events such as earthquakes and volcano eruptions, but there is no evidence of such a link.

The opposite phenomenon an apogeesymgy, has been called a micromoon, through this term is not as widespread as supermoon. The most recent supermoon occurrence was on December 14,2016 was the closest supermoon since January 26,1948 and will not be surpassed until November 25, 2034. The closest supermoon of the century will occur on December 6,2052. The next supermoon will be on May 25, 2017

Occasionally, a supermoon coincides with a total lunar eclipse. The most recent occurrence of this was in September 2015, while the next will be in October 2033.

Terminology

The name supermoon was coined by astrologer Richard Nolle in 1979, arbitrarily defined as a new or full moon which occurs with the moon at or near (within 90% of) its closest approach to Earth in a given orbit (perigee). In short the earth, moon and sun are all in a line, with moon in its nearest approach to Earth.

Natural Disasters

No evidence has been found of any correlation between supermoons with major earthquakes. Regardless of the evidence, there has been media speculation that natural disasters, such as the 2011 Johoku earthquake and tsunami and the 2004 Indian Ocean earthquake and tsunami, are linked with the 1.2 week period surrounding a supermoon. A large, 7.5 magnitude earthquake centred 15 km Northeast of culverden, New Zealand at 00:03 Nz Dt on November 14, 2016 also coincided with a supermoon.



Ryan Paul, VI-A

All work and no holidays make a student's life dull and boring. Holidays provide a great change to me. During holidays, I am free from studies and school activities. Holidays can give me the life that I want to live freely. But, I was wrong until I realized that holidays are definitely an extended classroom.

During holidays, teachers won't be around us, but whatever they have taught us remind me of all that I learn in class. Unconsciously, I experience it in my daily life...especially during holidays. During my vacation, I got a chance to do gardening with my Grandma, where I was able to practically see and learn the concepts in Biology. I get a chance to visit various historical places and temples in and around Tamil Nadu and experience the culture and heritage which I learnt in History Books.

I gained confidence in buying vegetables and grocery and handle money efficiently by applying the mathematical calculations. I can proudly say that I can help my mother in her home calculations.

Indeed this holiday was an extended classroom for me. Thanks to all my teachers who made me understand and relate my classroom learnings to real life.

Is holiday an extended classroom

Jeffrin Edward A, VI-A

School holidays are a great time to slow down, recharge, spend time, seeing your loved ones, and do things you wouldn't normally have time to do

Long school holidays help students clear their heads, relax a little and stretch their brains in different ways.

One of the benefits of school holidays is the time that families can spend together. School work, especially in junior and high school, become a child's job. Holidays give families an opportunity to spend time together and celebrate. The focus for students moves away from school and onto family and culture. Longer breaks such as winter and summer holidays allow families an opportunity to reconnect.

If you really don't have the time to dig into a new skill, you can atleast use the time to set yourself up for starting to learn one in the holidays. Spend sometime browsing books or games. You could figure out where you can fit them into your schedule.

Serving others has a long list of intangible benefits, like pride, satisfaction, accomplishment, connections with others strengthening your community, and improving the lives of others.

Holiday season is especially a hard time to keep a consistent workout routine. Factors like soaring temperatures, can throw off your schedule. But staying active even just a little bit each day can be easy and fun. When you are ready for a break check-out a new documentary film. There are documentaries on almost every subject imaginable, and you might learn about a topic or issue that empires you.

There's never a good time to learn how to snap chat when you have got a billion other things going on, but learning those new technologies is important. A few that I recommend include snap chat, Instagram like slack, whatapps and photo editing apps to improve your creative skills. If we utilize the time in the above manner, holidays are an extended classroom.

Is holiday an extended classroom

Michelle, VI-A

Learning never stops. There is something new every day and every where for us to learn, gain knowledge and develop our skills. Learning never stops outside our classroom. The perfect example for this are our holidays.

What are holidays? It is the break from our regular routine activities like school, job, etc. These kinds of breaks are very essential for us to rejuvenate our spirit and perform better. Holidays are more important as it is associated with little learning. Now you might wonder how is this possible, learning and holiday? I will tell you how holidays fall mostly during the festival seasons like Christmas, Diwali, Pongal, Durga Puja etc. Now recollect what you did during these periods. During Christmas we are involved in cleaning our house, making stars. Cribs, decorating our houses, decorating Christmas trees, baking Christmas cake, preparing sweets etc. As children we get to learn a lot from all these activities. It helps us to develop new creative ideas and can lay foundation for the future chefs, interior decorators etc. During holidays we play and visit new places. We get to see and interact with new people, know their culture, food habits, language, dressing etc. We capture pictures through our cameras. This helps us to gain knowledge on these people. By taking photos we develop our photographic skills and could be the starting point of a professional photographers. More over during holidays our parents put us through a lot of crash courses in pottery, painting, swimming etc. These help us to identify our interests and skills. Thus one can surely say that holiday is an extended classroom.

Is holiday an extended classroom

Sneha Joseph, VI-A

Holiday is a period when the school remains closed and does not function. This is the period when students enjoy and have lots of fun along with their families and friends. Students travel to places, near and far. Holidays for some students is like gaining freedom from school.

Holiday is an extended classroom for sure in this 21st century. The children of today completely forgot what holidays are meant for. It's the time for having fun of course through we need to do a little bit of studying. Nowadays during holidays children are engaged with lot of activities. People organize special holiday camps. Classes of all kinds such as dance, crafts, sports, music, special course for learning languages etc are also organized specially during holidays. What else is required for children to get attracted. Since children get engrossed in all these activities, holidays are equal to classrooms - a classroom with all the new technologies and cultural facilities. This is what makes a holiday an extended classroom. For kids who don't get engaged in all these activities, holiday is definitely not an extended classroom but there are only quite a few of this kind.

What will be the advantages if holiday is treated as an extended classroom?

Since children get engaged with the activities they learn something new and creative, and apply it in their daily lifestyle.

'These activities bring kids closer. They'll meet children from different cultures, societies and schools. They'll learn to make friends with all kinds of children.

There are actually no disadvantages but you could say, that children will not enjoy holidays as it was enjoyed during our parents. We'll not be able to spare time for our relatives and grandparents, who nourished us with lots of love, care and affection. I prefer not to get engaged too much with these activities by forgetting the human values.

Though holidays are extended classrooms for our benefits, for improving our skills, we should not forget the routes which made us what we are today.

Is holiday an extended classroom

Sabrin Maria, VI-B

Holidays, by definition, are non working times, an extended period of leisure and recreation, especially one spent away from home or travelling.

But in the recent days, in the present way of life, holidays have become extended classroom. My passion is skating, so I prepare myself with extra sessions. I am practicing on

the road for the upcoming skating competitions. It is very difficult now-a-days for executing a tour plan, because both my mom & dad are busy in their work. Anyhow since my mom, by herself, works in a hobby centre, I find that place as a place to relax and recreate.

During all my holidays, weekends and the time outside the school hours. I go to that hobby centre and engage myself in many extra curricular activities. In this way, I have learnt western dance, art & craft, coffee painting and yoga. At times I help my mom, in teaching, when she takes class for kids. I enjoy the company of my Mom as a teacher and I learn a lot from her. My school, is a place, where my teachers, take care of me like my Mom and my Mom takes me with her to her workplace, where she and other teachers take care of me like my school teachers.

Therefore, I cherish my holidays, even if they are extended classroom session.

जीवन एक संघर्ष

हर घड़ी, हर पहर, हर दिन, हर पत दर्द में. खुशी में, नींद्र में, ख्वाब में कश्मकश हैं कई, हत है कहीं नहीं चल रहा हूँ मैं, मगर दौड़ है जिदंगी दोस्ती, दश्मनी, रिश्तों की हैं ना कमी अपनों में ही खुद को तलाशती जिदंगी इस शहर से उस शहर, इस डगर से उस डगर थक जाता हूँ मैं, मगर थकती नहीं है जिदगी कल भी आज भी, आज भी कल भी वही थी जिदंगी, वही हैं जिदंगी रात क्या. दिन क्या. सबह क्या, शाम क्या सवाल थी जिदंगी, सवाल है जिदंगी जी भरकर खेलो यहाँ मगर संभलकर बचपना भी जिदंगी, परिपक्वता भी जिदंगी मनुज भी, पशु भी, खग भी, तरू भी जिंदा है सब मगर मानवता है जिदंगी हम हैं, तुम हो, ये हैं, वो हैं सब है यहाँ मगर कहाँ है जिदंगी सोच हैं, साज हैं, पंख हैं, परवाज है नाज है आज मगर कहाँ है जिदगी। कभी गम तो कभी खुशी के आंस् वक्त के साथ परिवर्तन है जिंदगी जिंदमी का तक्ष्य केवल है मृत्य मगर मौत के बाद भी हैं कहीं जिदगी।

Is Holiday an extended classroom?

Christlin B. VI-A

Yes, Holiday is an extended classroom. The extended classroom provides students with experiences that take them outside into the community. Exposing the students to a variety of experiences in the community is intended to promote growth into being the best citizen they can be. Learning continues outside the classroom through our unique, qualified outdoor education program. There's more to learn than just sitting in a classroom or reading from a textbook. Extended classroom learning incorporated a number of engaging and fun explorations. Some activities are best carried out over an extended holiday. Extended classroom activities are art and craft, sports, club activities, cooking, dance, drama, service learning and field trips. If communities and schools have enrichment programs during the holiday vacation, then students can participate in activities that would be difficult to do during a regular school term. Every student should experience the world beyond the classroom as an essential part of learning and personal development, whatever their age. Extended classroom activities are designed primarily to raise standards of achievement and allow children to realize their full potential in an environment where education is valued.

Are Holiday an extended classroom?

Arjun R, VI-A

Yes holidays are extended classroom

We get enough time to indulge in certain educational experiments which we don't have time during the school days. We can try out new experiments leisurely.

Holidays helps us in improving our creativity. It is a great chance to learn outdoor sports which require long active hours like swimming.

Meeting friends and their family at their places during vacation help us to know tradition and culture.

Holidays are the best time for learning photography.

I conclude that holidays are an extended classroom.

Are Holiday an extended classroom?

Asher Daniel M, VI-A

Yes I do believe holidays are an extension of the classroom. I think so because all of the classroom experiences can be categorized under one word: Education

And I think education is a life long process not just restricted to the classroom. You learn from everything and from everywhere. You read from books and from the backs of cereal boxes. You slowly but steadily gain knowledge throughout this journey we call life irrespective of whether you are in school, on vacation, in college, working etc. Learning is imperative. Learning is continuous and not limited to the classroom. In fact some of my biggest lessons in life were learnt while I was not in the class. Lessons on truth, togetherness, forgiveness and humility were some of the huge lessons I learnt while I was away on vacation from school. I guess all of life becomes one huge learning process; one huge metaphorical classroom where the students are shuffled everyday and new teachers come and go.

Is holiday an extended classroom

Umar Shamil S. VI-A

One morning, I went to the museum, I was so excited. I saw some coins of Pallavas, Subramaniya Bharathiyar's manuscript. His hand writing in Tamil was so beautiful. I saw some sculptures of Jains, Buddhist etc. It was like a history period in my classroom I went to the other block. I was shocked when I saw the model of dinosaur, bones of whales, elephant, deer. Fossils of a plant, coal, lignite, peat and also quartzite. Sculpture of reptiles like snakes, crocodiles, lizards, etc were floating in a bottle. Sculpture of elephants, when I saw it, was amazing. I saw the features of various birds. I saw a rex of peacock, cocks, bulls, flamingos, falcon, quails, region, doves, cranes, lion, tiger, kangaroo, monkey, vulture etc. it took me to the Biology class. I went to the other block. I saw some dresses which were worn by some dolls. It was dressed according to various states & countries. I saw the Alban printing press which was old. I saw some stamps and flags of different countries. Early electric motors, clocks, lights, printing press also were there. When I came out of the museum it was about 3.30 pm. I was so hungry, so I went to the Alsa Mall and ate Bread omlet. It was tasty. This trip was an educational trip. It was like a classroom.



Is holiday an extended classroom

Kevin Christopher, VI-A

Holidays are the perfect time of the year for a student, and of course it is very tempting to start hanging out all the time and forget even about the existence of homework. Very often studies are associated with constant stress and deadlines, but with a right approach you can change things for the better and start to actually enjoy your homework.

You don't have to study in the classroom always. The best way to concentrate on your studies is to change places where you study. Class rooms may be very boring, so you need to find another place. It is almost impossible to study at home, when you get distracted by your family and it is tempting to view your favourite TV show instead of studying. Choose some other places where no one can disturb you – it can be a park, a coffee shop or a public library. You will be able to not only study, but also explore your city and find some new exciting places!

You will have enough rest. It is very important to get enough sleep, at least 8 hours a day. It will keep your mind fresh, and ready for learning something new. You can try to read something interesting and useful before going to bed and your brain will process all the information while you're sleeping.

You can have as many breaks as you want. It is proven that its much easier to study with a lot of short breaks. So try to change your activities – after studying, relax for about 10-15 minutes and do some fun activities, like playing. It will distract you for a while, and will be good motivation to keep on studying.

Hence, holiday is an extended classroom.

Holiday an extended classroom

Glen Enosh J, VI-A

Holidays are extended classroom in many ways. Now days due to heavy competition the children have to excel in whatever they do. So just learning in the classroom alone may not really help them.

Most of the children go for coaching classes for competitive exams during holidays. Some of the children go for tution during holidays to prepare upfront for



curriculars. Also the school projects and assignments are done during holidays which makes the holidays an extended classroom.

To gain mastery in various skills like sports, music and arts the children attend many coaching classes. Specialized training for brain development and mathematical skills like ABACUS are quite common now a days.

All these activities make the holidays an extended classroom. But in my opinion though these activities are good they should be limited. The programmes make the children excel only in few skills. But for the overall development of the children they should be allowed to experience the various situations and happenings in life.

The children should be allowed to explore and experience various activities related to their hobbies. This will make them feel happy and confident about their work. Reading beyond curriculum gives lots of knowledge in various fields. Reading also improves your vocabulary. The life history of great leaders shows the importance of reading habit.

Learning need not be done only in classrooms. The theories learnt in classrooms can be experimented only in real life scenarios. We do mathematical calculation while buying things from the shop. Our mother decides the everyday menu for the family based on the nutrition needs. We can get to know various chemicals components in the medicines consumed by our grandparents. While cycling we can learn about the physics concepts like speed, energy and velocity.

Children who spend their holidays with grandparents are the most gifted children. Most of my holidays are spent at my grandparents home. Skating up and down the slopes, playing badminton in park, playing FIFA football video games in ipad, gardening with my granny are my most favourite and memorable past time during my holidays. The love, affection, respect, spirituality etc., are the important life skills learned by the grandchildren from their grandparents.

To live a balanced life a human should also enjoy and should have recreation. Nothing can give you the happiness what you experience from the aroma of good food, brightness of the sunshine, fragrance of the fresh flowers and the chillness of the morning dew. A balanced life is a healthy and prosperous life. Lets celebrate life and learning beyond classrooms.





C.C.M.C Lucative Lommunication Management Lentre Prize Winners

LEVEL - I	STD - VI

-	Name	Std	House	Place
	Sneha Joseph	VI A	Nehru	First
١	Glen Enosh	VI A	Shastri	Second
	Laurel Benedict	VI A	Nehru	Third
ı	Amika Stacia Jude	VI B	Shastri	Fourth
	Jeffrin Edward A	VI A	Shastri	Fifth
	Sabrin Maria E	VI B	Gandhi	First
	Jotham Karstan N	VI B	Shastri	Second
	Ishwarya A	VI C	Tagore	Third
	Sam Emmanuel	VI A	Nehru	Fourth
	Nathania Jincy Pio	VI A	Shastri	Fifth

LEVEL - II STD - VII

1	Name	Std	House	Place
Ī	Yuvasha	VII E	Tagore	First
	Rohan Daniel Mammen	VII B	Nehru	Second
	Vinutha J.A.	VII A	Tagore	Third
	Avanthika Maheswar	VII C	Gandhi	Fourth
	Timothy Daniel Dominic	VII A	Nehru	Fifth

LEVEL - III STD - VIII

1	Name	Std	House	Place
	Judith W	VIII B	Nehru	First
	Antony Roshan	VIII B	Tagore	Second
	Neil John Daniel	VIII D	Shastri	Third
	Reon Dexter	VIII D	Gandhi	Third
	Aryan Nahar	VIII B	Nehru	Fourth
	Jahnavi Murali	VIII B	Nehru	Fifth

LEVEL - IV STD - IX

1	Name	Std	House	Place
	Neha Trilok	IX E2	Shastri	First
	Akshaya	IX E1	Tagore	Second
	Swaathy K	IX E1	Shastri	Third
	Monica S	IX E2	Shastri	Fourth
	Treasa Tharakan	IX D	Tagore	Fifth

LEVEL - V STD - X

Name	Std	House	Place
Antony Thomas Retchakan	ХВ	Gandhi	First
Shreekrish Sridhar	ХВ	Tagore	Second
Samuel Joseph	ХА	Nehru	Third
Danielle Huggins	ХА	Gandhi	Fourth
Athithi K Velayutham	ХА	Shastri	Fifth

LEVEL - VI STD - XI Name Std House Place Prasidha Prabhu First XI B2 Nehru Sowmiya S Second XI C Nehru Emmanuel Chris L XI C Third Tagore Melita Tessy S XI C Fourth Shastri Priyanka R Fourth XI A Tagore

LEVEL - VII STD - XII

XI B2 Tagore

Fifth

Name	Std	House	Place
Aadhya Babu	XII A	Tagore	First
Hrithika Sathish	XII A	Tagore	Second
Namitha Trilok	XII A	Nehru	Third
Reethee Venkatesh	XII C	Gandhi	Fourth
Daryl Antony	XII A	Tagore	Fifth

EXTEMPORE

Sreedeep

Name	Std	House	Place
Salma Afrah	XI A	Shastri	First
Prasidha Prabhu	XI B2	Nehru	Second
Rebecca Maria	XI B1	Shastri	Third
Jason Britto	XII B1	Gandhi	Fourth
Joseph Tharakan	XII A	Tagore	Fifth

OVERALL POINTS

Classes	Gandhi	Nehru	Shastri	Tagore
STD – VI	38	49	46	35
STD – VII	26	38	22	42
STD – VIII	18	52	25	16
STD- IX	21	20	39	30
STD – X	27	17	15	18
STD – XI	14	29	15	25
STD – XII	16	15	10	27
EXTEMPORE				
STD – XI & XII	20	18	24	16
TOTAL	180	238	196	209

OVERALL POINTS

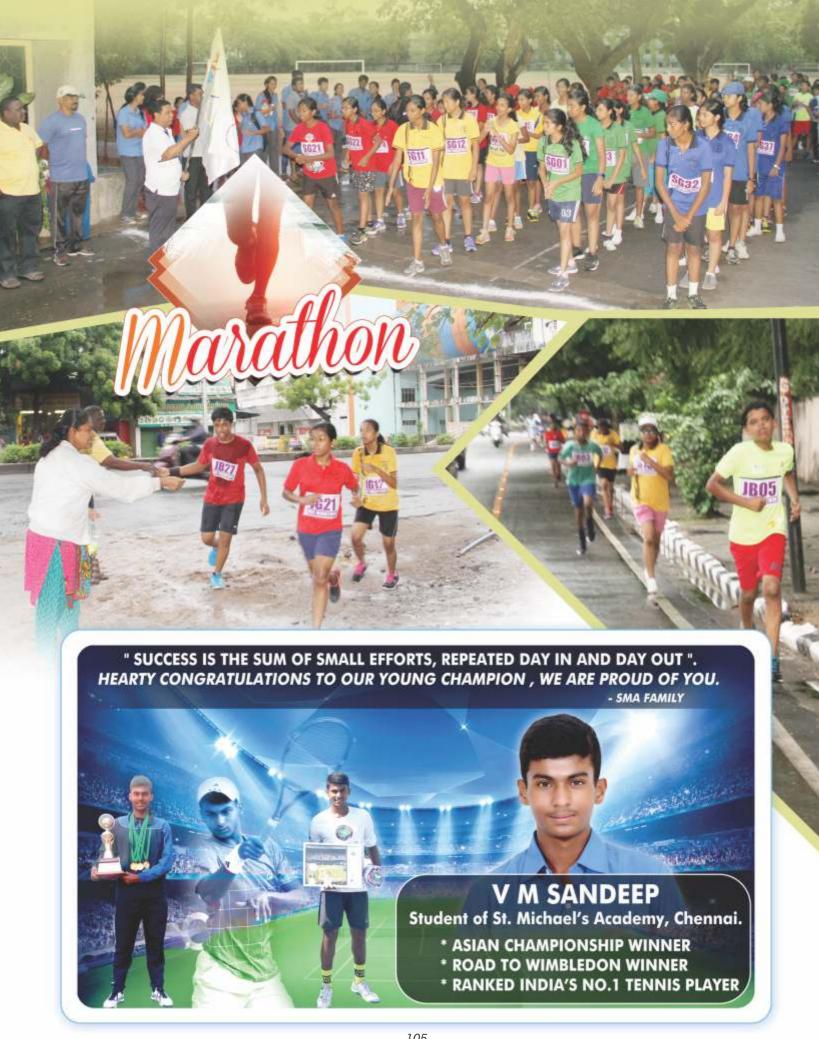
NEHRU 238 POINTS TAGORE 209 POINTS SHASTRI 196 POINTS GANDHI 180 POINTS

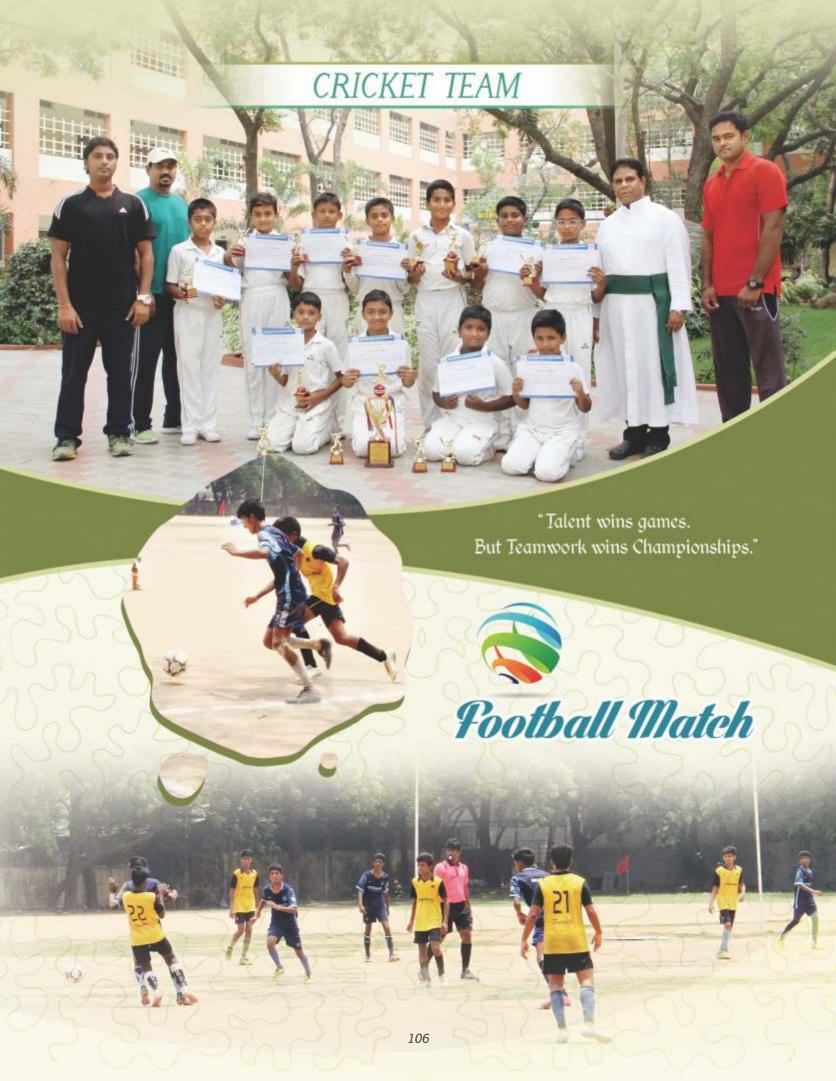












ALANAS PORTS ACHIEVERS

ATHLETICS



Ann Maria Shruthi A, VII B
event participated in regional level,
2nd place in 100m with
Rs. 6000 cash on 30.6.16
at Jawarharlal Nehru Stadium

GYMNASTICS



Ann Maria Thomson VIII-D
Medals: 4 gold, 5 silver, 6 bronze
Participated in the women nationals
selections, won 4 gold in the 8DAT
district champions and 2 silver in the
TNGA district champions. Participated
in the Trophy and won the second place
at SDAT – Aquatic complex

ATHLETICS U-14



Jenifer, VII-E , II Rank **Koushika,** VIII-E, III Rank **Zonal level** – High Jump

CRICKET U-17



Rohan Jebaraj X-D
Best outstanding cricketer selected by
State Level seleced by TNCPA
TN - South Zone opening batsman
deserving young cricketer award by TNCA

SWIMMING



Maithreyi R, II C

won 8th state level group swimming held in Madurai conducted by Aquatic Association 50 mtr Butterfly – Gold 50 mtr Backstroke – Gold 50 Mtr Breast Stroke – Bronze

State level invitational swimming meet at salem conducted by aquatic welfare asso.

4 x 25 mtr relay – Gold

25mtr Breast – Silver

25 mtr Back Stroke – Bronze

1st regional level age group swimming completion – kanchipuram conducted by SDAT 4 x 25 mtr Medlay Relay – Gold 4 x 25 Mtr Free Relay – Gold 25 mtr Back stroke – Gold 25 mtr BreastStroke – Silver 25 mtr Butterfly – Bronze 25 mtr free Style – Bronze

Dist. level Inter School Swimming Meet – conducted by St. Britto's Group of Institution 15 mtr Back Stroke – Gold 15 mtr Breast Stroke – Silver 30 mtr Free Style – Silver





SPORTS

BADMINTON U-17



MukeshRaj, IX E State Level Single Winner

BADMINTON U-17



Manish X

Zonal – Runner Singles

BADMINTON U-14



P S Ashwanth VIII-A won the singles in shuttle badminton at the ICSE regional competition Chennai District - Semi Finalist Vivant School Olympiad - Winner First National Games - Winner

BEACH SHUTTLECOCK



Kathalyne Nirubhama, VI E Achievements: represented india for the 5th Asian Beach Games held at Danang City, Vietnam, from September 23 2016 to October 3rd 2016 in shuttlecock

GYMNASTICS



Kathalyne D B Nirubhama V-E
Tamilnadu State Championship
1 Gold Medal and 1 Silver Medal
Chennai Dist. Championship
5 Gold Medals and individual Championship
Chiof's Trophy Gympostics Dist. Level

Chief's Trophy Gymnastics - Dist. Level Gold Medal in Uneven Bar and selected for state championship

BADMINTON U-17



Akshaya DDistrict Badminton - Runner

SPORTS ACHIEVERS

BADMINTON U-17



Duvicksha U

Winner - Badminton competition under Junior Girls Singles category held at Stanes School, Coimbatore on 8.10.2016

Participated and got certificate in Association of schools for the Indian school Tamil Nadu Region Meet.

TABLE TENNIS



Rebecca Maria, XI B1 Zones winner, District Runner up Mylapore Club tournament for non rankers - Runner up

SQUASH U-19



Bhuvan Uthaiah XI Zonal - Winner District - Winner SGFI - IV place

LAWN TENNIS U-14



Mohammed, VII B
District Level Winner in singles
State level Bronze Medalist
Emerging Player Award by T Nagar Club
Best Player Award in Rev. Bro. Mc Evoy
Memorial organised by St. Michaels

LAWN TENNIS U-19



Rishie Kumar, Vishaal XII Zonal-Runners in Doubles

LAWN TENNIS U-17



Monica SDistrict Lawn Tennis Winner

SPORTS CHIEVERS

LAWN TENNIS (DOUBLES)



Monica S, Sneha V Lawn Tennis District Runners Zonal Runners

SKATING & ICE HOCKEY



Manoj Kumar, IX-E State Level Ice Hockey Silver Medalist State Level Skating Gold Medalist State Level Skating Gold Medal in Rink I and Rink II

ROLLER SKATING



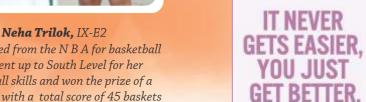
Meenalokshini, VIII

SFGI National meet which was held in Belghum, Karnataka in the year 2016, she won 2 medals of 3events they are: Rink III [300 mts - Timings] Silver medal, with the timing 31.03 Rink IV [500 mts – Race] Bronze Medal <mark>and made Tamilnadu</mark> Proud. And she is also selected for the RSFI (Roller Skating Federation India) Nationals, which is to be held in Bangalore, Karnataka.

> Aishwarya, VII B Skating Bronze 2-level

Sabrin Maria E, VIB

event participated in Chennai District Roller Skating Championship 2016 Prizes won: 3 Silver Medals in speed in line Skating. Selected for the state level meet, to represent Chennai District in the age group 10 to 12 years



SKATING



Apoorva R V B

The Geekay world school Organisation 2016 1st Place - Gold The Geekay world school organization 2015 1st place - Gold, 2nd place - Silver Velammal Vidyalaya weeklong boarding 2016 2nd place - Silver, 1st place - Gold Inline & Quad RSFI District level 2016 -2nd place - Silver, 1st place - Gold

BASKETBALL



was selected from the N B A for basketball and event up to South Level for her basketball skills and won the prize of a

runner-up with a total score of 45 baskets on 7th March 2016. She was awarded a N B A spalding basketball along with a silver medal

SPORTS

KARATE U-10



Adithya VI Gold Medalist **Praveen** V Gold Medalist State & National Level Medalist



Won one gold and one silver medals in the "Inter-State Taekwondo Championship" held in Madurai.

Won a Bronze Medal in the "National Level Taekwondo Championship" held in Dehradun, Uttarkhand State.

KARATE



Varsha V K, VII-C Won 2nd National Open Karate Championship at J J Stadium, Chennai 2nd Place in Kata, 3rd Place in Kumite

TABLE TENNIS



Catherin Tina D,

11 even sports national ranking table tennis championships- 2016 - participated in all the Zone matches and she got over all ranking no 9 in India. Also won two time titles in State Ranking Tournament 2016.

Christin Fiona D,

won three times in State Ranking Tournament 2016. Now she is ranking number 1 in TamilNadu Mini Cadet girls.

SWIMMING

Akashnavin B, IX-E 2 SGFI State Level competition U 17 category held at Aquatic complex Chennai Gold in 50mts, 200 mts and Silver in 100mts breast stroke

SGFI National Level Competition held at Ahmadabad Rajkot Gujarat on 25.11.16 to 30.11.16 placed in 7th 50mts breast stroke and 8th in mts breast stroke

Republic Day Sports state level competition held at Thiruvannamalai 2.1.17 to 4.1.17 Gold in 100mts, 200 & Silver in 50mts breast stroke

Camptez 17 State Level
Competition held at Trichy
Gold medal in 100mts breast stroke
Gold medal in 50mts breast stroke
Individual Medley and received
Individual championship

SWIMMING



Vimal P, X-D
B D S Meet: Selected in divisional for the
400mts Free style swimming. In chief
minister trophy district selection got gold
St Britto's meet: Secured 2 silver
medals in 50 free, 50 fly
Kanchipuram meet: Secured 2 silver
medals in 200 m I M and 50 free relay



Sitting: Mrs Pappa, Rev Bro Pasca (Vice Principal), Mr Bose Rajesh (Coach)
Standing: Maria Jansi M, Bamathi A, Divya Lakshmi K, Shalini R, Maria Sebastian L,
Srimathi Dolorus Camryn G, Shalika Rachel A

Zonal - Runners





Sitting: Mrs Pappa, Rev Bro Pasca (Vice Principal), Mr Bose Rajesh (Coach)
Standing: Debbie, Madhumitha S, Neha Trilok, Aishwarya S, Jadyn, Sivashree Arunan, Karthiyani

Zonal - Runners





Sitting: Mr Prince Devanesan (P.D), Rev Bro Pasca (Vice Principal), Mr Bose Rajesh (Coach) Standing: Sasi, Rishant, Mohit, Bharat, Nithin

Zonal Runners



Sitting: Mr Prince Devanesan (P.D), Rev Bro Pasca (Vice Principal), Mr Bose Rajesh (Coach)
Standing: Dhivyapriyan, Paul Vineeth Thomas, Ashwin S, John Antony Francis S, Praveen Saran S, Manikandan, Sharan kumar, Kallisamos P
Kneeling: Shuaib Ahmed, Sanjay Raj P



Sitting: Mr Prince Devanesan (P.D), Rev Bro Pasca (Vice Principal), Mr Bose Rajesh (Coach)
Standing: Arock Joe, Surya Prakash, Jonathan Dominic, Sanjay, John, Ayush R, Joshua, Anish Philip,

Zonal Runners

FOOTBALL U-17

BASKETBALL U-17



Sitting: Ms Pappa (PET), Rev Bro Pasca (Vice Principal), Mr Meganathan (Coach)
Standing: Mrithikha, Thabitha, Amita, Jenifer, Avantika, Bertina, Prithiksha, Anusneha, Crysiline, Frezency,
Jovitha Mrs Pappa Rev Pasca, Mr Meganathan, Deepa Agnes, Sheeba
113

Zonal Winners District III



Sitting: Mr Meganathan (Coach), Rev Bro Pasca (Vice Principal), Mr Prince Devanesan (P.D)
Standing: Ricario, Roshan, Trishan, Saran, Waman, Ariff, Prince, Mounish, Sameer
Kneeling: Abhishek, Sanjeev

Zonal Runners

FOOTBALL U-9

HANDBALL U-14



Sitting: Mr Prince Devanesan (P.D), Rev Bro Pasca (Vice Principal), Mr Meganathan (Coach)
Standing: Iyappan Annamalai, Sanjay, Ruban Ford, Febian, Tejas, Ashwin, Anton Britto, Royston, Eshwar, Jagadeeshwar, Farhan, Manikandan, Varun Kneeling: Sayee, Yuvan, Krithik, Jonathan



Sitting: Rajapriya, Belinda Sharon, Rev Bro Pasca (Vice Principal), Mrs Pappa (PET), Vishnu Vardhini, Pooja Amrita S Standing: Kaushiga, Millan Mathew B J, Krithika, Anu Katherine, Gomini L, Riyanka



Sitting: Mrs Pappa (PET), Rev Bro Pasca (Vice Principal), Mrs Muthuselvi (PT)
Standing: Lavanya D, Kavinaya S R, Dharuniga, Maria, PraissyZefi, Humayya Zulfa, Kathryn, Sneha
Squatting: Nirarah Rafi, Niranjana

Zonal Winners

CRICKET U-14



Kneeling : Standing :

Zonal Winners















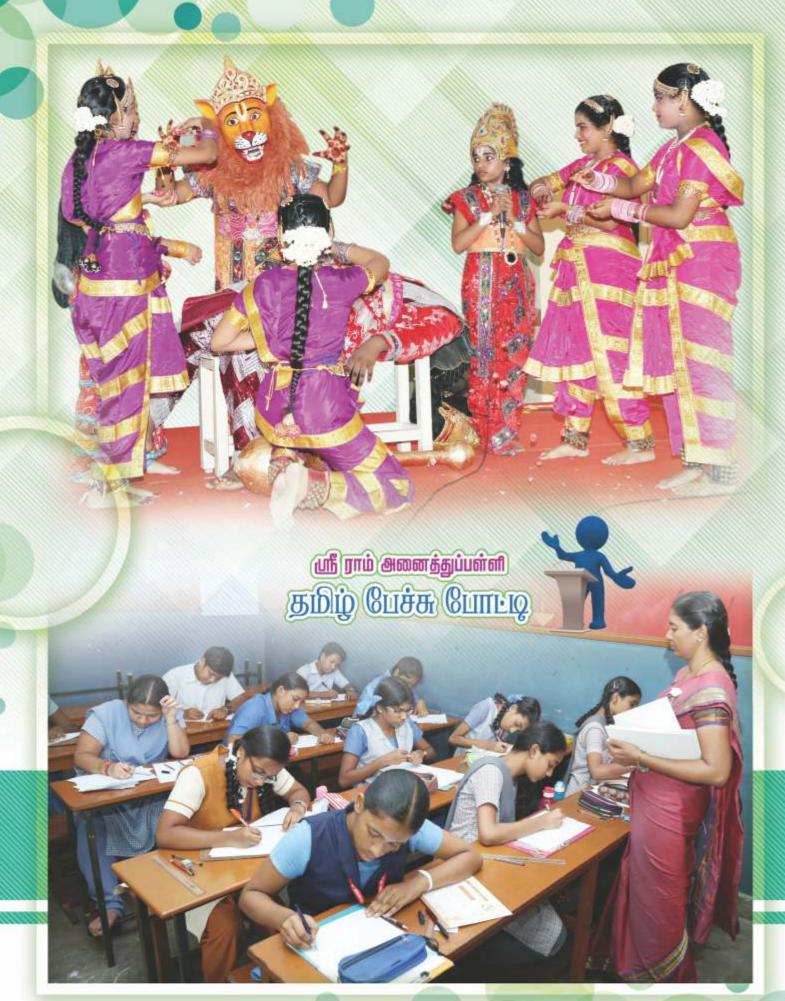






















"Nothing is so unbelievable the oratory cannot make it acceptable."



யானையும் நாயும்

ஒரு சமயம் பிரம்மதத்தன் என்னும் அரசன் காசியை ஆண்டு வந்தான். அவனிடம் ஒரு யானை இருந்தது. யானைப் பாகன் அதைக் கண்ணும் கருத்துமாய் கவனித்து வந்தான். தினமும் மதியம் யானைக்கு உணவு கொடுப்பான். அப்போது பாகனின் நாயும் அங்கு வந்துவிடும். யானையோடு சேர்ந்து சாப்பிடும். நெருங்கிய ഖിത്യെഖിலേധേ யானையும், நாயும் நண்பர்களாகி விட்டன. யானை நாய்க்காகத் தினமும் காத்திருக்கும். நாய் வராவிட்டால் யானை சாப்பிடவே நாயும் யானையுடன் விளையாடும் சாப்பிடாகு. யானையின் துதிக்கையில் ஏறி ஊஞ்சலாடும்.

பாகனுக்குப் சமயம் யானைப் பணம் ஒரு தேவைப்பட்டது. அவன் தன் நாயை விற்றுவிட்டான். நாய் மனமுடைந்தது. வேறு வழியின்றி புதிய வீட்டுக்குச் சென்றுவிட்டது. நண்பனைக் காணாக யானை சாப்பிட மறுத்தது. குளிக்கவும் வரவில்லை. யானை சாப்பிடாத செய்தி சோகமாக இருந்தது. மந்திரியை அனுப்பி அரசனுக்குத் தெரிய வந்தது. யானையைப் பற்றி விசாரிக்கச் சொன்னார்.

மந்திரியும் யானையைப் பரிசோதித்தார். "யானைக்கு உடலில் ஒரு குறையும் இல்லை. மனதில்தான் ஏதோ வருத்தம்□. என்று எண்ணினார். சுற்றியிருந்த எல்லோரையும் விசாரித்தார். பிரிந்த ஏக்கத்தால் யானை சோகமாக இருக்கிறது", அவர்கள் சொன்னார்கள். இந்தச் செய்தியை மந்திரி அரசரிடம் தெரிவித்தார். உடனே அரசன் "பாகனின் நாய் யாரிடம் இருக்கிறதோ அவர்கள் அதை உடனே விட்டுவிட வேண்டும். இது அரசனின் கட்டளை" என்று முரசு கொட்டி அறிவிக்கச் செய்தான். நாயை வாங்கியவன் இந்த அநிவிப்பைக் கேட்டான். மறுகணமே அதன் கயிற்றை அவிழ்த்து விட்டான். நாய் ஒரே பாய்ச்சலில் ஓடி யானையிடம் வந்து சேர்ந்தது.

இரு நண்பா்களுக்கும் ஒரே மகிழ்ச்சி. யானை துதிக்கையால் நாயைத் தூக்கியது. தன் தலையில் வைத்துக் கொண்டது. மகிழ்ச்சியால் அதன் கண்களில் நீர் வழிந்தது. பாகன் யானைக்கு உணவு கொண்டு வந்தான். யானை முதலில் நாயைச் சாப்பிட வைத்தது. பிறகு மகிழ்ச்சியுடன் தானும் உண்டது.

<mark>பழம</mark>ாழி: நட்புக்காக உயிரையும் கொடுப்பான் உத்தம நண்பன்.

ஜுடித்.வி, VIII-B

புலவரின் புத்திசாலித்தனர

விடியற் காலை நேரத்தில் ഖിதഖിதமான பறவைகள் மடியே இன்றி எழுந்திடுமே மகனே நீயும் எழு<mark>ந்திடு</mark>வாய்! கதிரவன்தான் எழுமுன்னர் கறவைப் பசுவும் எருதெல்லாம் அதிகாலையிலே எழுந்திடுமே, அம்பி நீயும் எழுந்திடுவாய்! கண்ணா உதய கால நேரத்தில் <mark>உலகில் எல்லாப் பூக்களுமே</mark> முதலில் மலர்ந்து மணம் பரப்பும், முனைந்து நீயும் எழுந்திடுவாய்!என்றும் பறவை விலங்கு பூக்களெல்லாம் <u> പതിധിல് கூட ഖിഥ്യ</u>ധിலേ உறக்கம் நீங்கி எழுந்திருக்க உனக்கு மட்டும் உறக்கம் ஏன்? விரைந்து எழுந்து கற்பதனால் கடினமான பாடமும்தான கண்ணா உனக்கும் எளிதாகும். உதய நேர உந்சாகம் உந்தன் சோர்வை நீக்கிடுமே இதயம் கூடப் பலமாகும் வாழ்வு நலமாகும்.

செ. ஜீவ ஸ்வித்ரர், VIII-A

கவிதை

எங்கள் தமிழ் ஆடுவோமே! ஆடுவோமே! ஆனந்த கும்மியிட்டு ஆடுவோமே! பாடுவோமே பாடுவோமே! பட்டி தொட்டி எல்லாம் பாடுவோமே! திருக்குறள் தந்த மொழி எங்கள் மொழி! <mark>திக்கெட்டும் பேசும் மொழி எங்கள் மொழி!</mark> <mark>காப்பியங்கள் படைத்த மொழி எங்கள் மொழி!</mark> <mark>காலங்கள் கடந்த மொ</mark>ழி எங்கள் மொழி! <mark>ஐவகை நிலங்கள் உள்ள மொழி எங்கள் மொழி!</mark> <mark>ஐயங்கள் போக்கும் மொழி எங்கள் மொழி!</mark> <mark>கற்றலில் சிறந்த மொழி எங்கள் மொழி!</mark> <mark>(இக்)கவிதை பிறந்த மொழி எங்கள் மொழி!</mark> ஆடுவோமே! ஆடுவோமே! ஆனந்த கும்மியிட்டு ஆடுவோமே! பாடுவோமே! பாடுவோமே! பட்டி தொட்டி எல்லாம் பாடுவோமே!

OWNERS OF STREET

சு. நகுலன், VIII-B

கனவு நாயகன் அப்துல் கலாம்

குர் ஆன் உன்னைப் பெற்ற தாய் குநள் உன்னை வளர்த்த தாய் அதனால் தான் நீ சாதித்தாய் அரசுப் பள்ளியில் படித்தவன் உருப்பட மாட்டான் என்றார்கள் இப்போது எல்லாப் பள்ளியின் மாணவர்களும் உன் பெயரை அல்லவா உருப்போடுகிறார்கள்.

சாதி, மதம், கடந்தவன் நீ அதனால் <mark>எல்லா</mark> சாதியினரும் உன்னை நேசிக்கிறார்கள் எல்லா மதத்தவர்களும் உன்னை வாசிக்கிறார்கள்.

எத்தனையோ விருதுகள் உன்னைத் தேடி வந்தன நீயோ இந்தியாவுக்கு விருதானாய் அரசியல் வாதிகளுக்கும் நடிகர்களுக்கும் படம் வைத்துப் பாவம் செய்தவர்கள் உன் படம் வைத்து அந்தப் பாவத்துக்குரிய பரிகாரம் செய்து கொண்டார்கள். குடியரசுத் தலைவர் மாளிகையில் குடியிருந்தாயே அது வல்ல உன் பெருமை குடிமக்கள் இதயங்களிலெல்லாம் குடியேறினாயே அதுதான் உன் பெருமை பள்ளிக் கூடங்களே உனக்கு பள்ளிவாசல்கள் கற்பிப்பதே உன் தொழுகை. உன் மதமே இறைவனுக்குச் சம்மதம் உன் அக்கினிச் சிறகுகள் இந்த நாட்டைப் புகழ் வானின் உச்சிக்குக் கொண்டு சென்றன உன் உடல் ஓர் அதிசயமான வீடு அதற்குள் ஒரு விஞ்ஞானி ஒரு மெய்ஞானி ஒரு கவிஞன் ஒரு மனிதாபிமானி ஓர் ஆசிரியர் ஒரு தேசப் பற்றாளர் இத்தனை பேரும் ஒன்றாகக் குடியிருந்தார்கள். இந்த நாடு உன் மரணத்திற்கு அழுத்து போல வேறு யார் மரணத்துக்கும் அழுததில்லை. அன்று சிந்தப்பட்ட கண்ணீர் துளிகளே நீ சேகரித்த பெருஞ்செல்வம்.

செ. ஜீவ ஸ்வித்ரர், VIII-A

டாக்டர் அப்துல் கலாமின் மேற்கோள்

"நம்பிக்கை நிறைந்த ஒருவர் யார் முன்னேயும், எப்போதுமே மண்டியிடுவது இல்லை"

"நம் அனைவருக்கும் ஒரே மாதிரி திறமை இல்லாமல் இருக்கலாம் ஆனால் அனைவருக்கும் திறமையை வளர்த்துக் கொள்ள ஒரே மாதிரி வாய்ப்புகள் உள்ளன".

<mark>"வரழ்கையில் வெற்றி பெற வேண்டுமானால் நல்ல நண்பர்கள் தேவை"</mark>

"ந<mark>மது பிறப்பு ஒரு சம்பவமாக இருக்கலாம் ஆனால்</mark> இறப்பு ஒரு சித்திரமாக இருக்க வேண்டும்". "கனவு காணுங்கள் ஆனால் கனவு என்பது தூக்கத்தில் காண்பது அல்ல, உன்னை தூங்கவிடாமல் பண்ணுவது எதுவோ அதுே (இலட்சிய) கனவு".

"கிராமத்தில் இருந்தாலும், நகரத்தில் இருந்தாலும், படித்த குடும்பத்தில் இருந்து வந்தாலும் உங்களால் வெற்றி அடைய முடியும். நீ யாராக இருந்தாலும் உழைப்பால் அறிவால் வெற்றியடைவாய்".

"கனவு காணுங்கள் கனவுதான் சிந்<mark>தனையாகவும்,</mark> சிந்தனைதான் செயலாகவும் மாறுகிறது".

"சிக்கல்களை எதிர்கொள்ளும் <mark>போதே சில</mark> திறமைகள் வெளிப்படுகின்றன. <mark>வாய்ப்புக்காக</mark> காத்திராதே வாய்ப்பை ஏற்படுத்திக்கொள்".

"துன்பங்களை சந்திக்<mark>கத் தெரிந்தவனுக்கு</mark> தோல்வியேயில்லை".

"வாழ்க்கை என்பது:

ஒரு சந்தா்ப்பம்-நழுவ விடாதிருங்கள்

ஒரு கடமை-ந<mark>ிறைவே</mark>ற்றுங்கள்

ஒரு இலட்சியம்-சாதியுங்கள்

ஒரு சோகம்-தாங்கிகொள்ளுங்கள்

ஒரு போராட்டம்-வென்றுகாட்டுங்கள்

ஒரு பயணம் -நடத்திமுடியுங்கள்".

க. நகுலன், VIII-B

நான் யார் - புதிர்

என் உடல் முழுவதும் காற்று

- 1. ஆனாலும் நான் சுவாசிக்க மாட்டேன் நான் யாா? விடை: பலூன்
- 2. மேலே மட்டும் போவேன் கீழே வரவே மாட்டேன் நான் யார்? விடை: வயது
- என்னைச் சத்தமாக அழைக்கும் போது நான் காணாமல் போயிருப்பேன் நான் யார்? விடை: மௌனம்
- 4. என்னிடம் பாதைகள் உண்டு ஆனால் வாகனங்கள் செல்ல முடியாது என்னிடம் காடுகள் உண்டு. ஆனால் மரங்கள் இருக்காது நான் யார்? விடை: வரைபடம்
- 5. பசிக்குத் தீனி தந்தால் குஷிதான் தாகத்துக்கு நீர் தந்தால் ஓடி விடுவேன் நான் யார்? விடை: தீ

OWNERS OF STREET

ஆ. <mark>பிராக்ஸ்டன் எல்மா,</mark> VI-C

குறுக்கெழுத்துப் புதிர்

கீழே கொடுக்கப்பட்டிருக்கும் கட்டங்களில் நிரப்ப வேண்டிய சொற்களுக்கான குறிப்புகளைப் பயன்படுத்தி, சரியான சொற்களைக் கட்டங்களில் நிரப்புங்கள்.

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இடமிருந்து வலம்

- 1. கசப்புக் காய் (5 எழுத்து வார்த்தை)
- 2. தாத்தாவின் பெண்பால் (3 எழுத்து <mark>வார்த்தை)</mark> வலமிருந்து இடம்
- 3. விசில் (3 எழுத்து வார்த்தை)
- 4. எதிர்பார்த்தது நிறைவேறாத போது இது ஏற்படும் (5 எழுத்து வார்ததை)

மேலிருந்து கீழ்

- திரவ நிலையில் உள்ள ஒரே மூலம். தெர்மாமீட்டரில் பயன்படுத்தப் படுவது. (5 எழுத்து வார்த்தை)
- 2. ஆடுவதை "ஆடல் என்று சொன்னால் பாடுவதை இப்படிச் சொல்லலாம். (3 எழுத்து வார்த்தை)

கீழிருந்து மேல்

- 3. உதகமண்டலத்தைச் சுருக்கமாக இப்படிச் சொல்வார்கள் (3 எழுத்து வார்த்தை)
- 4. பாயாசத்துக்கு மணம் கூட்டுவது, சுருக்கமாக "ஏலம்" என்பார்கள் (5 எழுத்து வார்த்தை)

ஓரெழுத்து வார்த்தை

5. "நீ" என்பகன் ஆங்கிலச் சொல்

ഖിതഥ :

(1	எழுத்து	வார்ததை)
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எஸ். மனிஷர், VIII-B

அம்மா ம் ந் ந் ந

என் விழிகளில் அழுதிட இதழ்களில் சிரித்திட இமைகளில் உறங்கிட இம்சையை இரசித்திட வெற்றியில் களித்திட தோல்வியில் துவண்டிட முத்தத்தில் மகிழ்ந்திட சித்தத்தைச் செதுக்கிட உயிருடன் கலந்திட இன்பத்தைப் பெருக்கிட இறைவனால் பரிசரிக்கப்பட்ட இனிய தேவதை நீ......

ஞ்சலின் மேரி ஜெனிஃபர், 🗸

தமிழின் சிறப்புகள்

அழிழ்தினும் இனிமையானது நம் தாய்மொழியாகிய தமிழ்மொழி ஈராயிரம் ஆண்டுகளுக்கு முன்பே, தமிழ் பேச்சுமொழியாகவும் சிருந்த எழுத்து மொழியாகவும் இருந்துள்ளது. உலகில் ஏறத்தாழ ஆநாயிரம் மொழிகள் உள்ளன. அவர்றுள் மூவாயிரம் மொழிகள் பேச்சு மொழியாக மட்டுமே உலகிலேயே உள்ளன. மிகப்பழைமையான மொழிகளான கிரேக்க, இலத்தீன் மொழிகள் தற்போது புதிய வடிவத்துக்கு மாநிவிட்டன. ஆனால் தமிழ் இன் நுவரை அன் நு முதல் உயிர்ப்புள்ள தொன்மையான மொழியாக விளங்குகிறது. "கல்தோன்றி மண் தோன்றா காலத்து முன்னால் உண்டான மொழியே தமிழ்மொழி, பல ஆயிரம் ஆண்டு போனாலும் இப்போது, புது மொழியாய் இருப்பதும் தமிழ்மொழி பல ஆயிரம் ஆண்டுகளுக்கு முன்பு மக்கள் பயன்படுத்திய பொருள்கள் பூமிக்கு அடியில் கிடைத்திருக்கின்றன. அந்தப் பொருள்களில் எல்லாம் ஆணியால் தமிழ்மொழி எழுதப்பட்டுள்ளது. இதிலிருந்தே புரிகிறதா நமது தமிழ்மொழி எவ்வளவு கொன்மையானது என்று.

"யாதும் ஊரே யாவரும் கேளிர் அன்பே எங்கள்உலகத் தத்துவம்" என்னும் உயர்ந்த கருத்தைச் சொன்னது, நம் தமிழ்மொழி "ஆண்டான் அடிமை மேலோர் கீழோர் என்பது கிடையாது" என்னும் கருத்தைப் பல்லாயிரம் ஆண்டுகளுக்கு முன்னால், "பிறப்பொக்கும் எல்லா உயிருக்கும்" என நம் தம்ழிமொழியில் தான் பாடி

இலக்கிய மரபும், இலக்கண வரையறையும், பணபாட்டுச் செறிவும் நம் தமிழ்மொழியில் மட்டும் தான் என்றும் உண்டு. இரண்டாயிரம் ஆண்டுகளுக்கு மேலாகத் தமிழ்மொழி பேச்சு மொழியாகவும், எழுத்து மொழியாகவும் இருந்துள்ளமையால் செம்மொழி என்னும் தகுதியைப் பெற்றுள்ளது.

இந்தியாவில் மொழிகள் பல பேசப்படுகின்றன. ஆனால் இந்திய அரசு 12.10.2004 இ ல அதிகாரப்பூர்வமாகத் தமிழைச் செவ்வியல் மொழியாக அறிவித்துள்ளது. அதற்குக் காரணம் தமிழின் தொன்மையே.

"யாமறிந்த மொழிகளிலே தமிழ்மொழிபோல் இனிதாவ தெங்கும் காணோம்". "வாழியவே பல்லாண்டுக் காலம் செம்மொழி என்றென்றும் வாழியவே! வாழிய வாழிய வாழிய வாழியவே வாழிய வாழிய வாழிய வாழியவே எங்கள் வாழ்வும் எங்கள் வளமும் மங்காத தமிழ் என்று சங்கே முழங்கு!

சு. நகுலன், VIII-B

வைத்தார்கள்.

கணக்குப் புதிர்

நவீன் கடையில் சில லட்டுகளை வாங்கிக் கொண்டு வீட்டுக்குச் சென்று கொண்டிருந்தான். வழியில் தன் குமாரைச் சந்திக்கிறான். தன்னிடம் இருக்கும் லட்டுகளில் பாதியை நண்பனிடம் கொடுத்து அதில் இருந்து ஒரு லட்டுவை திரும்பப் பெற்றுக் கொள்கிறான். சிறிது தூரம் சென்ற பின்பு இன்னொரு நண்பனான பிரதீப்பை பார்க்கிறான். அவனுக்கும் கையில் உள்ள லட்டுகளில் இருந்து பாதியைக கொடுக்கிறான். பின் ஒரு லட்டுவை அவனிடமிருந்து திரும்பப் பெற்றுக் கொள்கிறான். வீடு வந்து சேர்ந்து கையில் உள்ள லட்டுகளை எண்ணிப் பார்க்கும் வாங்கிய போது அவன் எண்ணிக்கையில் கையில் லட்டுகள் அவன் வாங்கிய இருக்கின்றன. அப்படியானால், நவீன் லட்டுகளின் எண்ணிக்கை என்ன?

விடை: நவீன் வாங்கிய லட்டுகளின் எண்ணிக்கை இரண்டு பாதி எண்ணிக்கை (ஒன்று) நண்பர்களிடம் கொடுத்தாலும் மீண்டும் ஒன்றைப் பெறுவதால் அவன் வாங்கிய லட்டுகள் அவனிடமே உள்ளன.

ஆ. பிராக்ஸ்டன் எல்மா, VI-C

கல்வி கற்பிக்கும் ஆசிரியர்கள்

அன்பின் ஆசானாய் ஆரவாரமில்லாத மனிதனாய் இசைப்பட வாழ்ந்தவனாய் ஈதலுக்கு இலக்கணமானவனாய் உடலுக்கு உரமிடுபவனாய் ஊக்கம் தரும் உள்ளத்தினனாய் எறும்பினைப் போன்று சுறுசுறுப்பானவனாய் ஏணிபோல் ஏற்றமிக்கவனாய் ஐயம் தீர்க்கும் அன்பனாய் ஒற்றுமைக்கு கண்ணியமானவனாய் ஓடி உழைக்கும் உன்னதமானவனாய் ஒள்டதர்களை உருவாக்குபவனாய் என்றும் எங்களோடு வாழ்பவன் நீயே!

தாய் அன்பு

<mark>அ</mark>ன்னையே!

உன்னைவிடச் சிறந்தவர் யாருமில்லை இவ்வுலகில் நான் விழும்பொழுது பூமியாய் நான் எழும்பொழுது வானமாய் நான் தோல்வியைக் கடக்க ஓர் ஏணியாய் எனக்காய் வாழும் தெய்வமாய் ... ஏன்? என்னை எனக்கே அறிமுகம் செய்த ஓர் ஆசானாய் இருப்பவளே

உன்னை விடச் சிறந்தவர் இவ்வுலகில் யாருமில்லை!

நா.வேதாஸ்ரீ, VI-D

என்னுயிரின் மேலான என் தாயே

எங்கள் தமிழ்

"உலகத்தில் ஏழு அதிசயங்கள் உள்ளன என்று சொல்கிறார்கள். ஆனால், எனக்கு ஒரே அதிசயம் என் தமிழ் மொழி மட்டுமே தமிழ்நாட்டில் உள்ள தமிழர்கள் பேச்சில், விளையாட்டில், படிப்பில் இதுபோல எல்லா வகையிலும் தமிழர்கள் சிறந்தவர்கள்.

"தமிழ் ஒரு அதிசயம்" தமிழாகள் வீரமும் தைரியமும் உள்ளவாகள். விளையாட்டில் தமிழாகள் சிறந்தவாகள்.தமிழாகளின் பாரம்பரிய விளையாட்டான ஜல்லிக்கட்டை தடை செய்வதற்கு பீட்டா அமைப்பணி முயற்சி செய்தது. ஆனால், தமிழாகள் கடும் போராட்டத்தில் ஈடுபட்டு ஜல்லிக்கட்டு நடத்த அனுமதி வாங்கினா். ஒரு நல்ல உதாரணம் என்ன வென்றால் தமிழாகள் வீரமும் தைரியமும் உள்ளவாகள்.

தமிழர்கள் படிப்பிலும் சிறந்தவர்கள். இதை உறுதி செய்ய. ஈமெய்ல் மின்னஞ்சலை (ந.அயடை) கண்டுபிடித்தது யார் என்று தெரியுமா? அது ஒரு தமிழன் தான் அவரின் பெயர் சிவா அய்யாதுரை. நம திருவள்ளுவர் எழுதிய திருக்குறள், உலக அளவில் புகழ் பெற்று மொழிகளில் மொழிபெயர்க்கப்பட்டடுள்ளது.

இதுபோல, இன்னும் பல சாதனைகள் படிப்பில் தமிழர்கள் செய்து கொண்டே வருகின்றனர். <mark>விளையாட்டில் தமிழர்கள் புகழ்பெற்</mark>றவர்கள். நாட்களுக்கு (முன்பு (Rio Paralympics, 2016) நியோ-<mark>பாரா ஒலிம்பிக்ஸ் 2016 நடைபெற்றது.</mark> அதில உயரம் போட்டியில், <u>தமிழகத்</u>தைச் தாண்டுதல் சேர்ந்த <mark>தகங்கவேலு என்பவர், முதல் இ</mark>டத்தைப் பிடித்து, இந்<mark>தியாவிற்கு பெருமை</mark> சேர்த்தார். இன்னும் பல சாதனைகள் தமிழர்கள் விளையாட்டில் செய்து கொண்டு வருகின்றனர்.

என்க் கூரி தமிழுந்கு, தமிழ் மக்களுக்குத் வணங்கு இன் நன்றி! ஆ. பிரா<mark>க்ஸ்டன் எல்மா,</mark>

வேடிக்கை விடுகதைகளும் விந்தை பதில்களும்

- தத்தக்கா பித்தக்கா நாலேகால் தானே நடக்கும் இரண்டு கால் முத்திப் போனால் மூன்றேகால் முடிந்து போனால் எட்டேகால் - இவை என்ன? விடை : குழந்தை, வாலிபன், கிழவன், பிணம்
- வானத்திலே ரோடு போட்டு
 மகாலிங்கம் பேரு வெட்டி
 இங்கிலீசுப் பள்ளிக் கூடம்
 எங்கெங்கோ போவுது அது என்ன?
 விடை : வானவூர்தி (விமானம்)
- தாய் இனிப்பாள்
 மகள் புளிப்பாள்
 பேத்தி மணப்பாள் -இவை என்ன?
 விடை : பால், தயிர், நெய்
- நல்லவர் கொள்ளும் தானம் நாலு பேருக்கு வராத தானம் நலம் சேர்க்கும் தானம் நாடறிந்த தானம் - அது என்ன? விடை : நிதானம்
- 5. விதவிதமாய் கோடிருக்கும்
 வித்தியாசமாய் பூவிருக்கும்
 செடியல்ல சித்திரமல்ல
 சேர்ந்த இடத்தில் செழுமை
 சேராத இடத்தில் வறுமை அது என்ன?
 விடை : ரூபாய்
- 6. தேடாமல் கிடைக்கும் பல் செல்வத்தைத் தேய்க்கும் பல் - அது என்ன பல்? விடை : சோம்பல்
- தாய் அசையாமல் படுத்திருப்பாள் அவள் மேலே மகள் அங்கும் இங்கும் உருளுவாள் - அது என்ன? விடை : அம்மி - குழவி
- 8. தரையில் வளராத மரம்தலைமேலே வளரும் மரம்கிளை உண்டு இலை இல்லை அது என்ன?விடை : மான் கொம்பு

9. அர்த்த ராத்திரியிலே ஆருமில்லா வேளையிலே மழை முடிஞ்ச நேரத்திலே மாப்பிள்ளை குடை பிடிச்சாராம் - இது என்ன? விடை : காளான்

10.பிறப்போடு வந்த இது இறப்போடு <mark>நின்றுவிடும்</mark> -இது என்ன? விடை : மூச்சு

11.எட்டெழுத்து ஊர் அதுவாம் யாருக்கும் தெரிந்த ஊர் அதுவாம் முதலும் இரண்டும் அழகாகும் மூன்றும் நான்கும் பதிலாகும் ஐந்தும் ஆறும் மணமாகும் ஏழும் எட்டும் அடிமரமாம் அந்த ஊர்தான் எந்த ஊர்? விடை : திருவிடைமருதூர்

12.எங்கிருப்பான் தெரியாது எப்படி இருப்பான் தெரியாது என்ன சொன்னாலும் திருமப்பிச் சொல்லுவான் யார் என்றே தெரியாது - இவன் யார்? விடை : எதிரொலி

எஸ் . மனிஷர், VIII-B

"விடிந்த பிறகுமா தூக்கம்?"

"விடிந்த பிறகுமா தூக்கம்? தடடி எழுப்பும் தலைப்பு தான்! உண்மையில் - நாங்கள் உறங்கிக் கொண்டிருந்தால் -எழுந்து விடுவோம் - இந்நேரம் !

கன்னித் தமிழுக்கு, இளநரை விழுந்தாலும் பரவாயில்லை! "இளந்தி<mark>ரை" அல்லவா</mark> விழுந்து விட்டது?

கையிலே துலாக்கோல் ! கண்களைச் சுற்றிக் கருப்புத் துணி! நீதி தேவதையின் கண்ணாமூச்சி விளையாட்டில் காணாமல் போனது தராசு மட்டுமல்ல! எங்கள் தமிழும் கூடத் தான் இது விடிந்த பிறகு படரும் தூக்கமல்ல! மடிந்த பிறகு தொடரும் தூக்கம் !!

எஸ். மனிஷா, VIII

பண மதிப்பிழப்பு

"கையில வாங்கினேன் பையிலே போகல காசு போன இடம் தெரியலே" என்று மாதாந்திர சம்பளக்காராகளுக்கும், நடுத்தரவாக்கத்தினரும் அடித்தட்டு மக்களும் அல்லல்படும் அளவிற்கு விலைவாசி உயாவு இன்று உச்சகட்டத்தை எட்டிவிட்டது. இதற்கு முக்கிய காரணமாக கருதப்படுவது வருமானவரி கணக்கில் வராத கறுப்புப்பணமே ஆகும். எனவே கறுப்புப்பண முதலைகளின் முகத்திரையைக் கிழித்து கறுப்புப்பணத்தை வெளிச்சத்திற்கு கொண்டு வருவதற்காக மாண்புமிகு இந்திய பிரதமா எடுத்த நடவடிக்கையே ரூ. 500 மற்றும் ரூ.1000-ம் நோட்டுகள் செல்லாது என்ற அறிவிப்பு.

மாண்புமிகு இந்தியப்பிரதமா நவம்பா 8 நள்ளிரவு முதல் 50 மற்றும் 1000 ரூபாய் நோட்டுகள் செல்லாது என்ற அறிவிப்பை வெளியிட்டாா். ஒரே மரண அடியில் ரூபாய் 14 லட்சம் கோடி ரூபாய் அதாவது பணச் சுழற்சியின் பண மதிப்பில் 86 சதம், பயனற்றதா ஆகிப்போனது.

பணம் செல்லாது என்று இந்தியாவில் அறிவிக்கப்பட்டது இது முதன்முறையல்ல. சுதந்திரம் பெறுவதற்கு முன்பு ரூபாய் 1000 மற்றும் 10 ஆயிரம் ரூபாய் நோட்டுகள் செல்லாதவை என்று 1946-ல் அறிவிக்கப்பட்டடு பின்னர் 1957-ல் ஆயிரம், ஐந்தாயிரம், பத்தாயிரம் என்ற ரூபாய் நோட்டுகள் வெளியிடப்பட்டன. 1978-ல் மொரார்ஜி தேசாய் அரசு, பணம் செல்லாது என்ற அறிவிப்பை மீண்டும் வெளியிட்டது.

தடாலடியான இந்த அறிவிப்பின் காரணமாக அன்றாட கூலிகள் தெருவோர வியாபாரிகள், சிறு வியாபாரிகள், வங்கிக் கணக்கு இல்லாத, வங்கி கடன் அட்டைகள் சாதாரண மக்கள்தான் கொடுமையை அனுபவித்தார்கள். மருத்துவச் செலவு, திருமணம், பயணம், என்று பெரிய பணம் தேவைப்படும் நிலையில் சொல்ல முடியாத இருந்தவர்கள் சிரமங்களை எதிர்கொண்டது கண்ணுக்கு முன்பு விரிந்த காட்சிகளாக இருந்தன. வங்கிகள் மிகப் பெரும் அளவிலான பணப் புழக்க நெருக்கடியை எதிர் கொள்கின்றன.

"ஆக்கம் உண்டெனில் ஆங்கே அழிவும் உண்டு என்பது நிதர்சனமான உண்மை "நோயைக் குணப்படுத்தும் மருந்துகள் கசக்கத்தான் செய்யும பொறுத்துக் கொண்டால் மட்டுமே உடல் நலமாகும்". அது போலத்தான் சாமானிய மக்களின் நலத்தை கருத்தில் கொண்டு கறுப்புப் பணத்தை ஒழிக்கும் பொருட்டு எடுக்கப்பட்ட இந்நடவடிக்கை அடித்தட்டு மக்களுக்கு நண்மையை ஏற்படுத்தும் எனினும் மாற்றத்திற்காக காத்திருப்போம்.

நன்மைகள் விளையும<mark>் என்றே</mark> வருங்காலம் வளமானதாகட்டும்.

காயத்தைப் பெரிதாக்காதீர்கள், <mark>அதைக் குணமாக்க</mark> முயற்சி செய்யுங்கள்:-

நம்பியிருப்போம்

ஒரு ஊரில் இருந்தாள் ஒரு இளவரசி:

அவள் தினமும் தானம் செய்வாள் ஒரு பை அ<mark>ரிசி ஒரு</mark> நாள் கிராமத்தில் கேட்டாள் சத்தம் ஓடிச் சென்று பார்த்தாள் இரத்தம் என்ன ஆகிவிட்டது என்று கேட்டாள். ஒருவர் அவளிடம் கொடுத்தார் ஒரு வாள். அவர் கூறினார் 'சிறிய நாயின் அன்னை இறந்தது அச்சிறிய நாயும் அழுதது

அந்தச் சத்தம் குழந்தையை எழுப்பியது அதன்தாய் வாளால் கீறினாள் அதன்வாய்" இளவரசி சென்று மருந்து போட்டு விட்டாள் மற்றும் தூக்கிப் போட்டாள் அந்த வாளை இளவரசி அந்தச் சிறிய நாய்க்குத் தந்தாள் பாசம் அதனால் அதன் காயம் ஆகவில்லை மோசம்.

பெயர், VI-C

புத்திசாலி "ஈ"க்கள் !

பழுக்காத பழத்தில் ஈ மொய்க்காது கல் வைத்த பழத்தில் ஈ மொய்க்காது மணம் இல்லாத பழம் மீது ஈ மொய்க்காது

நம்மைவிட நல்ல பழங்களைத் தோந்தெடுப்பதில் "ஈ"க்கள் புத்திசாலிகள் எனவே ஈக்கள் மொய்க்கிற பழங்களாகப் பார்த்து வாங்குங்கள்.

எஸ். மனிஷா, VIII

அறிவிழந்த ஆண்டி

நந்தவனத்தில் ஓர் ஆண்டி அவன் நாலாறு மாதமாய் குயவனை வேண்டி கொண்டு வந்தான் ஒரு தோண்டி அதைக் கூத்தாடி, கூத்தாடி போட்டுடைத் தாண்டி!

சஞ்சனா, VI-B

கீழ்ப்படிதல்

ஒருமுறை இயேசு பிரசங்கம் செய்து முடிந்தபிறகு "படகை ஆழத்திற்கு கொண்டு போய் மீன் பிடிக்க உங்கள் வலைகளைப் போடுங்கள்", என்று சீமோனிடம் கூறினார்.

பொதுவாக மீனவர்கள் சுறுசுறுப்பானவர்கள் அதிக வெள்ளத்திலும் நீந்தத் தெரிந்தவர்கள். அதிகாலையில் எழுந்து தங்கள் வேலைகளைச் செய்யும் பழக்கம் உள்ளவர்கள். இத்தகைய திறமை வாய்ந்த சீமோன், இயேசுவிடம் "அய்யா இரவு முழுவதும் நாங்கள் பாடுபட்டு உழைத்தும் ஒன்றும் கிடைக்கவில்லை. ஆனாலும் நீங்கள் சொல்வதற்காக வலைகளைப் போடுகிறேன் என்றார்.

மீன் பிடிப்பதில் திறமை வாய்ந்த சீமோன் இரவு முழுவதும் மீன் பிடித்தும் ஒன்றும் கிடைக்கவில்லையே, இயேசு சொல்வதை நான் கேட்க வேண்டுமா இது வீண்வேலை இதற்கு முயற்சி செய்வது வீண் எத்தனை வருடங்களாக மீன் பிடிக்கிற எனக்குத் தெரியாதா? நான் ஏன் அவர் சொல்வதைக் கேட்க வேண்டும். ஆனாலும் தன் ஆசானாகிய இயேசு சொன்ன ஒரு வார்த்தைக்கு கீழ்ப்படிந்து வலையைப் போட்டார். என்ன ஆச்சரியம் திரளான மீன்களைப் படகு நிறைய பிடித்தார். படகு நிரம்பியதால் அருகில் இருந்த படகை உதவிக்கு அழைத்தார்.

இது போன்று தான் ஒரு சில மாணவர்கள் நான் ஏன் வேண்டும். சொல்வதைக் ஆசிரியர் கேட்க மதிக்க வேண்டும். அவர்களை நான் ஏன் என்றெல்லாம் நினைக்கிநீர்கள். ஆனால் தன் ஆசான சொல்வதைக் கீழ்ப்படிந்து மதித்ததால் அன்று சீமோன் திரளான மீன்களைப் பிடித்தது போல, இன்று நாமும் மிக அதிக மதிப்பெண்கள் பெற்று அடைவோம். சில சிகரத்தை நேரங்களில் ஆசிரியர்கள் கூறுவது கடினமாக இருக்கலாம். ஆனாலும் அவர்கள் சொல்வதைக் கேட்டு கீழ்ப்படிந்து நடந்தால் நமக்கு பெரிய ஆசீர்வாதம் கிடைக்கும்.

<mark>என</mark>வே "கீழ்ப்படி அது நம்மை மேலபடிக்கு கண்டிப்பாக இட்டுச் செல்லும்"

எம்.ஜாய்ஸ்லின் ஜெனிபர், VI-B

மாற்றம் வேண்டும்! நாம் மாறத்தான் வேண்டும்

தன்னிலை துறந்து இறவை உம்மிலே கலக்க உண்மையை உணர்ந்து பொய்மையை விலக்க தண்மையில் செறிந்து வன்மையை துறக்க விண்ணக மேன்மையை மண்ணிலே சுவைக்க மாற்றும் வேண்டும் நாம் மாறத்தான் வேண்டும்!

கயமையின் நிழலினைக் கனிவினால் கிழித்திட பகைமையின் முகத்தைமுழுமையாய் அழித்திட மடமனக் கடினத்தை மென்மையாய் வளைத்திட அநத்தின் வேர்களை ஆழமாய் ஊன்றிட மாற்றம் வேண்டும் நாம் மாநத்தான் வேண்டும்!

ஒளிக்கதிர் வரத்தால் யுக இருள் மறைந்திட வளியின் அசைவிலே இன் உயிர் மகிழ்திட மேகத்தின் தூறலால் பெருமழை துவங்கிட சோகத்தின் நிலையே கருணையால் மறைந்திட மாற்றம் வேண்டும் நாம் மாறத்தான் வேண்டும்!

நீ, நான் தவிர்த்து நாம் ஆகும் ஒற்றுமை மத பேதம் மறைந்து மனிதன் எனும் ஆளுமை மணம் பதவி மாண்டு மனத்திற்குள் எளிமை வர அர்ப்பண வாழ்வில் பகிர்ந்துண்டு உவந்திட மாற்றம் வேண்டும் நாம் மாறத்தான் வேண்டும்!

உள்ளத்தில் வாய்மை - உணர்வுகளில் நேர்மை வாக்கினிலே இனிமை நெறிகளிலே தூய்மை கருணையிலே செழுமை இரக்கத்திலே வளமை அன்பினிலே சங்கமிக்கும் அழகான மெய்மை - உணர மாற்றம் வேண்டும் நாம் மாறத்தான் வேண்டும் ! எங்கோ எவரோ என்ற தன்னலமின்றி வான்உயர் பரிவும் மலைமுடி தொடும் பண்பும் கடல் ஆழ் கனிவும் கதிர்பச்சை மனமும் பழச்சாறன்ன இனிப்பும் மனவள ஆற்றலுமுற மாற்றம் வேண்டும் நாம் மாறத்தான் வேண்டும் !

இன்பங்கள் தரும் நம்மில் சில மாற்றங்கள் துன்பங்கள் மனிதனை இரும்பாக்கும் வாய்ப்புக்கள் நீர்குமிழ் வாழ்வின் அடித்தலும் திருத்தலும் அளவிலா மாற்றத்தை ஆழ்மனத்தில் பதியவைக்கும்

நயம்பட வாழ்ந்திடில் மனிதம் மலர்ந்திடும் உன்னும் புறமும் நோடக்கோடாய் இருந்திட்டால் களிப்பும் கவலையும்ட சரிநிகர் சமானருமேமாய் வாழ்க்கை சகடம் சரளமாய் ஓடிடும்

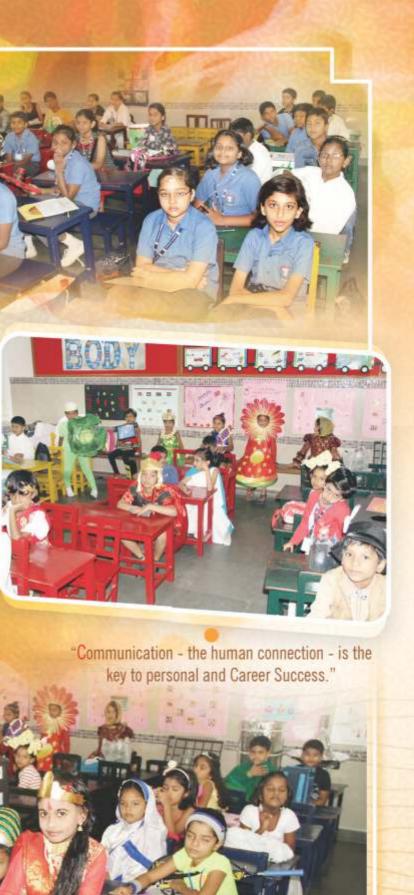
மாற்றம் என்றும் மாறாதது என்னும் மறுப்பற்ற தத்துவம் மனதிலே பதிந்திட்டால் மாறுவோம் நாம் வேண்டாத நிலை விட்டு மாற்ற மற்ற பரமனின் திருப்பாத அடிதொட்டு!!

திருமதி. பூங்கோதை, Tamil Teacher











Advancement in Technology

Humera V-C

In our world today, we are being controlled by the advancement in technology. We live in a culture where we wake up every day with the morning news, people delivering information in a fast-paced format attempting to get the viewers energized for the day. At the end of the day, we lounge in front of the television to unwind after an exhausting day. The influence of television on society becomes more apparent.

Watching television seems to be an integral part of the day. Many people think that it is impossible to think of a life without it. Media provides information, entertainment, and comfort. It reflects of the standard of living of many people that they start investing in digital cables to increase their exposure to the hundreds of new channels that come with it. Additionally, a lot of people invest in high-speed Internet connections to keep themselves updated with the daily news. They use the Worldwide Web to learn more about their favourite shows, certain interesting personalities, and movies.

Everything we experience shape and mould us. Everything that we see on television influences the way we think. It is not only the shows and movies that influence our persona, but also the commercials which influence our choices and decisions. Commercials get an ample amount of airtime, enough to make us stop and take notice.

Social Surrogacy Hypothesis

Current research is discovering that individuals suffering from social isolation can employ television to create what is termed a parasocial or faux relationship with characters from their favourite television shows and movies as a way of deflecting feelings of loneliness and social deprivation. Just as an individual would spend time with a real person sharing opinions and thoughts, pseudo-relationships are formed with TV characters by becoming personally invested in their lives as if they were a close friend so that the individual can satiate the human desire to form meaningful relationships and establish themselves in society. Jaye Derrick and Shira Gabriel of the University of Buffalo, and Kurt Hugenberg of Miami University found that when an individual is not able to participate in interactions with real people, they are less likely to indicate feelings of loneliness when watching their favorite TV show.

They refer to this finding as the social surrogacy hypothesis. Furthermore, when an event such as a fight or argument disrupts a personal relationship, watching a favorite TV show was able to create a cushion and prevent the individual from experiencing reduced self-esteem and feelings of inadequacy that can often accompany the perceived threat. By providing a temporary substitute for acceptance and belonging that is experienced through social relationships, TV helps to relieve feelings of depression and loneliness when those relationships are not available. This benefit is considered a positive consequence of watching television, as it can counteract the psychological damage that is caused by isolation from social relationships.

Educational Advantages

Several studies have found that educational television has many advantages. The Media Awareness Network explains in its article "The Good Things ABOUT TELEVISION that it can be a very powerful and effective learning tool for children, if used wisely. The article states that it can help young people discover develop closer relationships with their peer group and family, and teach them to understand complex social aspects of communication. Dimitri Chirstakis cites studies in which those who watched Sesame Street and other educational programmes as pre-schoolers had higher grades, read more books, placed more value on achievement and were more creative. Similarly, those exposed to negative role models suffered, those exposed to positive models behaved better.

Negative Effects

The rich array of pejoratives for television indicate a disdain held by many people for this medium, Newton N Minow spoke of the "vast wasteland" that was the television programming of the day in his 1961 speech.

Complaints about the social influence of television have been heard from the U.S. justice system as investigators and prosecutors decry what they refer to as "the CSI syndrome". They complain that, because of the popularity and considerable viewership of CSI and its spin-offs, juries today expect to be 'dazzled", and will acquit criminals of charges unless presented with impressive physical evidence, even when motive, testimony, and lack of alibi are presented by the prosecution.

Television has also been credited with changing the norms of social propriety, although the direction and value of this change are disputed. Milton Shulman, writing about television in the 1960s, wrote that "TV cartoons showed cows without udders and not even a pause was pregnant," and noted that on-air vulgarity was highly frowned upon. Shulman suggested that, even by the 1970s, television was shaping the ideas of propriety and appropriateness in the



countries the medium blanketed. He asserted that, as a particularly "pervasive and ubiquitous" medium, television could create a comfortable familiarity and acceptance of language and behaviour once deemed as socially unacceptable. Television, as well as influencing its viewers, evoked an imitative response from other competing media as they struggle to keep pace and retain viewer- or readership.

According to a study published in 2008, conducted by John Robinson and Steven Martin from the University of Maryland, people who are not satisfied with their lives spend 30% more time watching TV than satisfied people do. The research was conducted with 30,000 people during the period between 1975 and 2006. This contrasted with a previous study, which indicated that WATCHING TV was the happiest time of the day for some people. Based on his study, Robinson commented that the pleasurable effects of television may be likened to an addictive activity, producing "momentary pleasure but long-term misery and regret."

Psychological effect

One theory explains that when a person plays video games or watches TV, the basal ganglia portion of the brain becomes very active and dopamine is released (ref). Some scientists believe that release of high amounts of dopamine reduces the amount of the neurotransmitter available for control of movement, perception of pain and pleasure and formation of feelings,. A study conducted by Hebert Krugman found that in television viewers, the right side of the brain is twice as active as the left side which causes a state of hypnosis.

Research shows that watching television starting at a young age can profoundly effect children's development. These effects include obesity, language delays, and learning disabilities. Physical inactivity while viewing TV reduces necessary exercise and leads to over-eating. Language delays occurs when a child doesn't interact with others. Children learn language best from live interaction with parents or other individuals. Resulting learning disabilities from over-watching TV include ADHD, concentration problems and even reduction of IQ. Children who watch to much television can thus have difficulties starting school because they aren't interested in their teachers. Children should watch a maximum of 2 hours daily if any television.

Health Effects

Studies in both children and adults have found an association between the number of hours of television watched and obesity. A study found that watching



television decreases the metabolic rate in children to below that found in children at rest. Author John Steinbeck describes television watchers.

"I have observed the physical symptoms of television-looking on children as well as on adults. The mouth grows SLACK and the lips hang open; the eyes takes on a hypnotized or doped look; the nose runs rather more than usual; the backbone turns to water and the fingers slowly and methodically pick the designs out of brocade furniture. Such is the appearance of semi-consciousness that one wonders how much of the 'message' of television is getting through to the brain.

The American Academy of Pediatrics (AAP) recommends that children under two years of age should not watch any television and children two years and older should watch one to two hours at most. Children who watch more than four hours of television a day are more likely to become overweight.

TV watching and other sedentary activities are associated with greater risk of heart attack, diabetes, cardiovascular disease and death

Propaganda

Television is used to promote commercial, social and political agendas. Use of public service announcements (including those paid for by governing bodies or politicians), news and current affairs, television advertisement, advertorials and talk shows are used to influence public opinion. The Cultivation Hypothesis suggests that some viewers may begin to repeat questionable or even blatantly fictitious information gleaned from the media as if it were factual. Considerable debate remains, however, whether the Cultivation Hypothesis is well supported by scientific literature, however, the effectiveness of television for propaganda (including commercial advertising) is unsurpassed. The US military and State Department often turn to media to broadcast into hostile territory or nation.

Technology Trends

In its infancy, television was a time-dependent, fleeting medium; it acted on the schedule of the institutions that broadcast the television signal or operated the CABLE. Fans of regular shows planned their schedules so that they could be available to watch their shows at their time of broadcast. The term appointment television was coined by marketers to describe this kind of attachment.

The viewership's dependence on schedule lessened with the invention of programmable video recorders, such as the videocassette recorder and the digital video recorder. Consumers could WATCH programs on their own schedule once they were broadcast and recorded. More recently, television service providers also offer video on demand, a set of programs that can be watched at anytime.

Both mobile phone networks and the Internet can give us video streams, and video sharing websites have become popular. In addiction, the jumps in processing power within smartphone and TABLET DEVICES has facilitated uptake of "hybridized TV viewing, where viewers simultaneously watch programs on TV sets and interact with online social networks via their mobile devices. A 2012 study by Australian media company Yahoo!7 found 36% of Australians will call or text family and friends and 41% will post on Facebook while watching TV, Yahoo!7 has already experienced significant early uptake of its Fango mobile app, which encourages social sharing and discussion of TV programs on Australian free-to-air networks.

The Japanese manufacturer Scalar has developed a very small TV system attached to eyeglasses, called "Teleglass T3-F".

Natural Disaster - I witnessed

Ananya, IV-A

Two of the rare phenomena that I have witnessed is the flood in 2015 and the recent cyclone Vardah that hit Chennai in a big way – During the two disasters Chennai stood strong in spite of the destruction that was left behind.

Flood 2015-

With Chennai seeing the highest rainfall in 100 years, it became one of Chennai's terrifying moments – a sudden flood in the middle of the night. Houses along the banks of river Cooum, Adyar were drowned. People who were stuck on roof tops and in their high rise apartments were rescued on boats. People were walking around on streets to find a place to stay and for food. Our school distributed clothes, food and other basic necessities to the affected people. With the shops closed it was impossible to get



fruits, water and vegetables. Luckily, we had enough food and water supplies for days. In our apartment complex, we prepared food and distributed to people who were suffering form the impact of flood. Electricity was being restored slowly after 4 days. Chennai slowly started limping back to its life after a week.

Cyclone Vardah 2016-

Recently this December, Chennai was again affected by another disaster cyclone Vardah. During the cyclone, the winds were howling with heavy rain and our apartment in second floor, was flooded with water gushing through the bottom of the three balcony doors. The floors on all the rooms were flooded with water that forced me and my sister to sit on the bed all day. With candle to provide light, everything was stacked one upon another on chairs and sofas. Our speakers which is as tall as me was placed on the table and it looked funny. I was bored. So my sister and I engaged ourselves by throwing paper boats in the water and playing with candle wax. Our apartment complex was surrounded with much water and trees were uprooted. Our car was damaged and the glass pane on balcony door was broken. There were fallen name boards along the roads. The shop "Car Care" next to our apartment was severely damaged. In three days our apartment was almost dry and I was getting ready to go to school. On the way to school as well I saw many uprooted trees around. Though the experience was scary, my mum made us feel safe and we learnt from the experience. It reminded me of the horrors of 2015 flood.

Let us hope the new year 2017 goes without any flood and cyclone, even though I had a little fun after they were over.

Leaders of India

Sembbian, III-A

C.N Annadhurai was born on 15th September 1909 in Kancheepuram. His parents are Mr. Natraja Mudhaliar and Mrs. Bangaru Ammal. He was from a lower middle-class family. He had is schooling in Pachiyappa's High School and college in the Pachiyappa's college. He worked as an English teacher and began involving himself in journalism and politics. He launched his own party Dravida Munnetra Kazhagam (DMK). He was the Chief Minister of Tamil Nadu during the years 1967-69. He was the first member of Dravidian party to hold a post. He renamed Madras State to Tamil Nadu when he was the CM. He was well known for his Oratorical skills in Tamil and English. He died due to cancer in the year 1969.



Great Leaders of India

"Great leaders don't set out to be a leader, they set out to make a difference. It's never about the role, it is always about the goal.

Leadership is about one's life in influencing another. Over the course of it's magnificent history, India has been led by the most charismatic leaders who had guided our nation and served as an inspiration for all of us. The first and foremost among them is "The Father of our Nation, Mahatma Gandhi" who used his weapon of non-violence and Sathyagraha to awaken and free our nation from the hands of the British. Jawaharlal Nehru, the first Prime minister of India was another liberal, secular and socialist leader. He led a chaotic new born country right from it's Independence in 1947 and firmly put In India on the path it is striding today.

B.R Ambedhkar "Father of the Indian Constitution" was one of the greatest personalities of India and an embodiment of the approved and suppressed people.> "The Iron Man of India, Sardhar Vallabai Patel, built India and made it an amazing country. While Gandhiji chose nonviolence, Netaji Subash Chandra Bose - he was a man of courage raised the guns against the British. While all these leaders fought for the freedom of the nation, there was a person in the down South who fought for the freedom of the oppressed people of our nation. He fought for the justice and was against the caste discrimination system. He was one of the greatest leaders of the century, E.V. Ramasamy Periyar. He was a prophet of the new age, Socrates of south-east Asia, Father of the social reform movements and an arch enemy of ignorance, superstitions and meaningless customs and base manners. There was yet another leader down south, a man of simplicity, K. Kamaraj. An illiterate leader who provided literacy through midday meals scheme to lakhs of poor children.

All these leaders mentioned above were our ancestors. There was one leader whom we lived with, one who inspired us, Dr. A.P.J. Abdul Kalam, "The missile man of India with frizzy hair" "All birds find shelter during the rain, but the eagle avoids the rain by flying above the clouds" Dr. A.P.J. Abdul Kalam wanted us to dream and work towards making them a reality. Efficiency is doing the thing right, effectiveness is doing the right thing. There are two ways of spreading light, being a candle or being a mirror that reflects the light of the candle. Our leaders have been a candle to our nation during its darkest hours.

Leaders of the World



We all have leaders - from our class prefects to heads of our country. Who is a leader and what is leadership? Who is a leader? A leader is a person who influences a common man towards the achievement of a goal. We can define a leader as the 3P's - Person, People and Purpose.

"A leader is a person who goes the way, knows the way and shows the way" - John C. Maxwell

The requirement for leadership is personal vision. It is an ability to achieve something already achieved "The essence of leadership is vision" "You can't blow an uncertain trumpet" - Theodore Hemsberg

"A leader should be a visionary, yet talk the language of a realist and an idealist."-John Holfer

To be a leader, one must win the trust of the people. How can one win the trust of the people? Why would the people trust you? More importantly, are you worthy of their trust? Why are some people more effective than others in influencing people? Effectiveness in leadership is because of Persuasion Skills Leadership Skills Trust. When people are convinced of your love for them and that you always have their interests upon your hearts, they trust you. Now, instead of talking about who is a leader and what is leadership, let us talk about a few of our leaders.

World's greatest leaders: Let us talk about the great people who will never be forgotten in history.

- 1. Abraham Lincoln: He was the 16th president of the USA. He led America through the civil war and in doing so, he abolished slavery and strengthened the Federal government.
- 2. Nelson Mandela: He was the first Black President and struggled for the freedom of the slaves.
- 3. Mahatma Gandhi: He led India through the struggle for freedom. He is considered as the Father of the Nation. That is not all of the leaders, here are a few modern leaders,
- 1. Malala: She is continuously fighting for peace and has won the Noble Peace Prize.
- 2. Aung San Suri Kyi : She is a Burmese social democratic leader, activist and author. She rose to prominence in 1988 uprisings and became the secretary for the National League if Democracy. She own many awards like Noble Peace Prize and Jawarharlal Nehru Award.
- 3. Jeff Bezos: He is a business entrepreneur, investor and founder of Amazon Inc. He has donated considerably to the poor and inspires others to do so. Any person can lead you but, a true leader is one who influences you to achieve your goal. Remember, you can definetly achieve your goal with the right leader.

Leaders of the World

Natalie Kavva. IX-E

A leader is someone who knows that he is capable of guiding his fellow men through tough and great times, through hardships and joy. Dwight Eisenhower, the Supreme Commander of the allied forces during World War II, in one of his speeches he says, "Leadership is the art of getting someone to do something you want because he wants to do it" This world, in it's years, has held many great leaders, these leaders do not always do good things, but they are still remembered for the great yet terrible things they did. Although these bad leaders exist, the number of people who have risen for the good of the world has increased immensely. These leaders aren't always rich or politically abled, they might as well have been you or me, but the reason they are remembered world wide is because they chose to be seen, they chose to be heard and they chose to be remembered. "Courage is not having the strength to go on, but it is going on when one does not have the strength", said Theodore Roosevelt, the 36th President of the USA. He said these words during one of his speeches. While he was addresing the people, someone shot him, but did not die. The bullet first pierced the metal case that would hold his glasses, then the handbook he carried with him and finally hit his chest. Even though he was bleeding, he spoke about 90 minutes after the bullet had hit him. This shows a man's true courage. Leadership is not easy to acquire nor easy to handle. A true leader must be capable of facing his own fears as well as that of his people.

Martin Luther King Jr., fought for the equality of Negros, Helen Keller stood as an example and a leader for the disabled, showing them that one should not let their disabilities get the best of them, Nelson Mandela was the first black president of South Africa, and so on many great leaders have emerged from the depths of disaster, to come lead their people. Mahatma Gandhi, one of the greatest leaders of India, one who led India to freedom, one who laid down his life for the people. Dr. A.P.J. Abdul Kalam, the late President of India has done many inventive and heartwarming deeds. All over the world more great leaders are sure to emerge and lead the world into peace and tranquility. Barak Obama former President of the USA, has done many great things that helped the people of America that helped the world improve. Abraham Lincoln, the 16th president of the USA, was so great that he had his face carved unto Mount Rushmore. He spoke of honesty and defined democracy. Malala Yusufzai, fought for women's education and for their rights to be able to work and learn. She stood as a leader and as an example of what women should stand for. These leaders have also given many speeches, some of which have even changed the world. As Simon Sebag says, "A great leader should not just be able to capture the truth but also capture the lies." A leader can be anyone and anyone can be a leader...



Name, IX-B

A leader - a person who sets the right path for the people to follow. He inspires and motivates them to be better human beings for the sake of the country and the world. Leaders of the world are the people who make a huge impact and have a great impact on the human race itself. They would travel to the ends of the world to keep the people safe. They inspire the people for the greater good. Here are few leaders who were and are respected for their leadership qualities.

Late Dr. A. P. J. Abdul Kalam "Most of the geniuses can be found in the last benches of a classroom." Now that line gives hope and a light to the youth of India. Dr. A. P. J. Abdul Kalam encouraged all the people of India and the world to dream to their fullest potential. He was a very simple man and always connected to the people. He had a vision in his mind to create a better India. He learnt the ways of the world so it might benefit the country. He was not only a great leader, he was a great friend. People all around the world loved and respected him for the way he governed the people of India.

Barack Obama: He recently thanked the 2008 slogan "Yes we can" because he changed that very slogan to "Yes we did". He was a humble man and he became the President of the United States by undergoing many hardships. A true example for humility

"Great Leaders inspire greatness in others"



Be a change, See the change

Vaishruthi S. III-D

Change is the only thing which occurs permanently in the world. Nothing which is common and prevailing would get importance. Things which are different from the regular one with a change is being looked on by everyone. Though crores of people live in the world each one will have a unique character of their own. I want to be different from others with a helping mind and brotherhood with every one in the society. I aspire to be a change by living for the harmony of the society with brotherhood as an example which would inspire others to follow. Further, I like to be different from others in the style of my life which will create a change in the society and want to see the outcome, none the less the change in the society that which I dream to bring in.

Be a change, see the change

Name, III-I

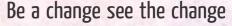
"To improve is to change, to be perfect is to change, often" – Winston C

Since the time of birth of humans into this planet, man has always been developing. This huge change is called evolution. Not only physically but mentally too, we have developed and till now survived to be the most intellectual and fittest of the organisms

Variation in a single man that causes an overall turnover and reflected by the immense population is the perfect example for "Being a change"

Not everyone are born to lead but a single difference will make a huge consequence. Greatest examples are found in every corner of the world Mandela, Kalpana, Kalam, Hawking, Ramanujam, Aristotle and more. Their contribution to the world of knowledge is beyond compare. Then let us just think for a moment.

What have we done or more correctly, what have you done so far? Prove to others that you can achieve the fact that seemed impossible and show that your capability is not determined by them. Everyone thinks of changing humanity but never to change themselves. So break that barrier and that old myth and prove to be a legend. If not now in the nearest future the CHANGE will be seen



Sharon, III-D

Everyone thinks of changing the world. But no one thinks of changing himself. Proper disposal of garbage, and a clean and green society is something we all seek. We don't realize that at the end of the day, it all comes down to an individual level. It every person work on himself, the world will automatically work by itself. Moral values like returning a borrowed pen is one of the most common things use expect from our friends. Before expicting use should asked to the rules ourselves. So be the change and than see the change

Be the change you want to see in the world

Irene Adelina W,

One of the famous quotes of Mahatma Gandhiji. If we could change ourselves the tendencies in the world would also change. As a man changes his own nature, the world would also change its attitude. We should not wait for others to change.

We should be the first to show the way to change. For example: If you expect others to be kind and lovable, first we should show kindness to others.

Be a change, see the change

Tamana, III-D

How often has this thought flashed across your mind?—
"How I wish things were not this way!" In a deeper thought,
how many of us have taken a step towards the betterment
of something? Mahatma Gandhi once said: "Be the change
you wish to see in this world." This simply means each one
of us must contribute and help to make this world a better
place. As children, we can follow some simple rules and
make this world a better place for us and generations to
come

Rules

- Grow more trees
- Keep your surroundings clean
- · Help the needy
- Preserve nature
- Follow safety rules

Remember, stop complaining and start changing things for a better future



Be a change see the change

Stephie Blessita V, III-B

Mahatma Gandhi the father of our nation said "Be the change that you wish to see in the world". Many of us often complain about things which are not good around us. We say the classroom is dirty. The streets are dirty If I wish to see a clean space around me. I should take the first step I should not litter around but throw trash in the dustbin only. This is a small way in which I can bring a change around me.

Be a change see the change!

Name, III-F

Resistance to change is refusal to live. The word change, in today's world, is more important to be successful.

While change is the only thing, constant about mankind, it is important that we be the change that we wish to see.

It's easy for one to preach about change but very difficult to practice the same. It is natural for one to follow statue once. However, to emerge as a leader, it is important that one stands up and takes the other path.

Gandhiji showed this by living a life of Ahimsa. He was the change that he wished to see and influenced our great country to follow the path of non-violence.

India is seeing great examples of people, being the change. From the way we travel, to the way we shop, from the way we play to the way we learn, from the way we send missiles into space, to the fitness levels, we show on the sportsfield, modern India is filled with stories of people who walk the talk.

It is critical that we stop talking of law and how we expect the world to change and start being that very change. Let us be catalysts of a better tomorrow. Let us be the change that leads to the change.

As the saying goes, "Ask not what your country has done for you, Ask what you have done for your country"

Be the change see the change

Ama Caitlin J III-F

When the last tree is cut and the last fish killed, the last river poisoned, then you will see that you can't eat money – John May

We all want our environment to be clean and green. To see a change in our environment we should start the change from ourself. Attitude change is important to reach the goal. One should feel the change, practice it and then preachit to others to change. To keep our country clean we



should think practice and make ways to keep our surroundings clean and grow more trees. We should create awareness to the public to keep our environment clean. Be a change to see the change

Be the change see the change

Balachandar M, III-0

Quote by Mahatma Gandhi "Be the change that you wish to see in the...

Mahatma Gandhi – Be the Change that you wish to see in the world'... tags: action, change, inspirational, Philosophy wish, Read more.... Gandhi's top 10 fundamentals for changing the world"... If you change yourself you will change your world if you... Be the change you wish to see in the world" – (Not) Gandhi elephant

August 30,2011 – Perhaps you've noticed a bumper sticker that purports to quote him.

"Be the change you wish to see in the world

People also ask

Who said be the change?

Who said go confidently in the direction of your dreams? Who said be the change you want to be in the world? How did Gandhi change the world?

False words were never spoken - The New York times

Be a change see the change

Benedict Sam N, III-A

This is the quote seen everywhere. "You must be the change you want to see in this world" said by our dear Mahatma. What does 'Be the change' mean? 'To be the change' means:

Have the power within you – To create the life you want to live To shape the world around you To gain faith in Humanity To forgive others

To love enemies

To endure struggles and pain

To resist others to hurt you

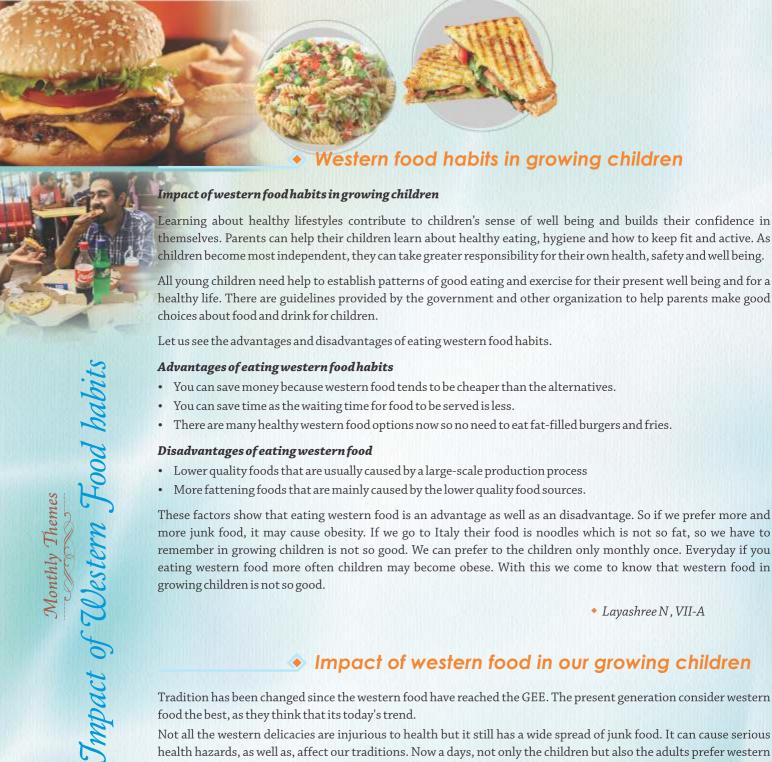
To burn ego which loves to divide things to find enemies

To fight with evil

To reach your goal

To create a change

You want to see



remember in growing children is not so good. We can prefer to the children only monthly once. Everyday if you eating western food more often children may become obese. With this we come to know that western food in

Layashree N, VII-A

Impact of western food in our growing children

Tradition has been changed since the western food have reached the GEE. The present generation consider western food the best, as they think that its today's trend.

Not all the western delicacies are injurious to health but it still has a wide spread of junk food. It can cause serious health hazards, as well as, affect our traditions. Now a days, not only the children but also the adults prefer western food, as its faster and easier to find our ancestors have accustomed their bodies to a particular diet and a sudden change in the diet would cause serious health problems like obesity and chronic diseases. The present generation like to go to the western restaurants like KFC, MC Donalds, Pizza Hut etc. as they think the food is tastier to eat. Over the period of time the number of western restaurants have increased which results in the traditional restaurants getting less income.

In conclusion, western food has many ill effects on our health. Changing the diets can cause too many problems and diseases. It can also cause a huge impact on the traditional food. You may think that western food is fancier but always remember, "HEALTH IS WEALTH!!"

Avanthika, VII-C



Impact of Western Food

Our society, especially the young growing children of today are caught up in the western style of food habits. This is a big problem that we face today. And it is also a problem that can lead our country and especially the young ones with various sickness. So here I would like to pen a few effects of western food on the growing children of today.

Generally, western foods are Junk foods and it looks so attractive and yummy for the growing children western foods are unfit to the health and one who practices to eat western food calls so many disorders to his or her health. The western food is less nutritional and harmful to the body systems. It contains high level of saturated fats, sugar, salt and bad cholesterol which are toxin to the health. Western food have gained so much popularity because of the nice taste and east to cook. There are many readymade western Junk food available in the market packed in the polybags. Most of the people depend on such readymade food because of their busy schedule or they do not know to cook food at home.

If this situation and the style of eating continues, the young growing children of today will end up in many diseases like cancer, early ageing, blood pressure, bone problems, diabetes, mental disorders and liver disorders.

According to research, kids and children eating more Junk food on daily basis are over weight and obese and highly prone to the heart and liver disorders. Such kids are more prone to become diabetic and lethargic because of high sugar collection in their body in the early ages. They get high blood pressure because of high amount of sodium minerals in the Junk foods. Kids and children should be trained by their parents and teachers to follow healthy eating habits from the childhood.

To remain healthy or unhealthy is our choice... so choose healthy food and it will lead to healthy life living.

"Healthly food leads to healthy thinking and happy life."

Claret, VII-C

The impact of western food habits on Indian children

India an eagerly populated country, has easily adopted western food habits in Indian food from countries like the USA, UK etc. The western food habits do not suit Indian people especially children. Children get tempted to eat these foods. They are called junk food eg: Burger, pizza etc looking and unhealthy but tasty food. Excess of these kinds of food lead to obesity. food like burgers and pizzas have excess of cheese in them which plays a major role in obesity. Children eat a lot of this and become fat and obese. This obesity leads to the risk of heart diseases in an early stage. Not only heart diseases, also diseases like hypertension, hyperactivity and restlessness. Some kind of western habits are good. They may eat a lot of junk food but they eat a lot of vegetables like lettuce, spinach and fruits like apples, pears and litchis. Unfortunately, people do not seem to adopt good side of western food habits. Due to this major diseases like diabetes, hypertension, heart attack are on the rise in India. Due to this, India has become diabetes capital of the world. Junk food giants like Mc Donald, Dominic pizza and Pizza Hut open shops popular localities which lead a lot of people buying such food stuffs. Eating these occasionally is alright, but using it as proprietary food is bad for our health. People must become smart, realize the danger on such foods and avoid it. People love these kind of food because they are cheap, quickly eatable and easily done. They are easily found anywhere and anyplace nowadays. People must go back to the Indian food which is healthy and more suitable for the Indians.







We children think western food is tastier than our healthy food. But eating healthy food is really good for health but we are attracted by western food because of it's taste. When we eat healthy food it gives us five nutrients called Proteins, Vitamins, Minerals, Carbohydrates and Fat. These nutrients are really important for growing children.

Vitamins are nutrients that are required in very small amounts for the body's metabolism. Minerals are elements that help the body to function normally and to use other nutrients. Carbohydrates is the main source of energy for the body. Fat are broken down the release energy and release double the energy given by carbohydrates. Vitamins needed for our body are Vitamins A, VitaminsB1, Vitamins B2, Vitamins B3, Vitamins B9 (Folic Acid), Vitamins B12, Vitamin C, Vitamins D, Vitamins E, and Vitamins K. if you don't have these vitamins we get deficiency diseases. If you don't have Vitamin A than we get night blindness-poor vision in the dim light, dry eyes, ulcers in eyes. So eat healthy nutritious food.

• Sharanya K, VII-A



Impact on children by western food habits

Dietary habits and choices develop early. An infant's eating habits are shaped by their parents in accordance with their view of what constitutes a healthy baby. Those views are shaped by their parents and can indirectly affect their nutrition.

Some research suggest that children pick up eating behaviors by observing the eating habits of others.

Eating with spoon and fork isn't good for health at all. Eating with hands as we Indians do is the best habit and should be followed by every growing child. Western foods mostly consist of fat and thus, should be avoided, to remain fit.

Derrick Jotham , VII-B



Impact of Western Food Habits in Growing Children

Our country India consists of a wide variety and diversity of food habits. The idly, dosa, vadai, sambar, rice etc are from the south. The rice, fish are from the coastal areas. The roti, chappathi, naan, dal etc from the North and many more... During the olden days our ancestors ate these foods and stayed hale and healthy. Now a days every body possess it as a trend to eat western food like burger, chips, sausages, pizza and many more.

Why, even every single person in urban areas eat these foods and there are hotels too. Is this right or wrong? WRONG, of course, it is not only because some of these food sare unhealthy, it is that we are losing our unity and diversity which is of great interest to the whole world. In fact the most immediate thing that comes into our mind when we say INDIA has delicious variety of traditional food.

Nowadays, we find that the western foods even affect the rural areas. The impact of western food habits is growing childhood is increasing.

Western food is not so good. Brings us danger, it would! Let us preserve our India, we should!

Ramitha C, VII-B









Impact of western food habits on Indian children

Western food or junk food, which is better? Some say Western Food, but both are just the same. Junk foods are zero in nutrional value and they make us obese.

Junk food affects us if we eat too much of it. It might be tasty, but it makes us obese, mentally weak, drains energy and many other such effects have been researched. They ban food based on ingredients and side effects, and something or the other bring it back. Eg – Maggie Noodles was banned and now have been brought back with a new advertisement.

Now-a-days, you see very little number of children playing outdoors. They are busy eating junk food, breaking their high scores in video games, android based games and online games playing with others across the world. They do not have physical activity which will increase their metabolism.

Indian Dishes like idli, Dosai and a traditional Thali meal is good for health as it has higher nutritional value. A home cooked meal is healthier than any other kind of western food. It is dangerous to buy food from outside – Apple has a coating of wax on the skin. Cabbages are being made of plastic, Rice too being seen to be made of plastic. Plastic is in everything – Be it bags, bottles, phones, baby toys and all the material used for packaging food too. Plastic is extremely dangerous.

Our parents say Home Food is the best food as it is prepared with safe ingredients which are healthy. Everyone should control Junk Food, eat good Indian food, which is available in various cuisines that will excite our appetite... Eat healthy, stay fit and avoid junk food.

◆ Nikhil Kadavil, VII-B



Death brings pain that time can only heal,
No words could ease what we truly feel,
But with God, her joy is eternally sealed,
And cherish her memories that
death can't even steal.
Lift up a smile for she is already
in the paradise.
Our Deepest Condolences
SMA FAMILY







Influence of television in our life

The word television comes from greek word tele meaning "far" and visio meaning "Sight". These were many contributors in invention of TV but the credit goes to John Logic Baird. He did lots of advancements in the outcome of TV with movable images.

TV which was once considered a luxury is a need presently. The important feature of TV is its ability to deliver simultaneously into the intimate environment of millions of homes.

The famous children fiction author Roald Dahl explains that TV is a hypnotizer which dulls the imagination of children. It completely controls their minds and its impossible to do or think of anything else.

However, Roald supplements substitute in the place of the gross TV, and that thing is READING!

Unlike printing, which took hundreds of years to influence the culture, TV's impact was almost instantaneous.

Advantages of TV:

- a) It is a good pass time in the present society of busy and lonely life style.
- b) It is a good source of employment for many actors and technicians
- c) It is used rightly within limits; It is a great source of knowledge
- d) As an advertisement media, it is a good source product of promotion for today's market
- e) A check on robbery in malls, banks due to video recording
- f) Provides an option for live match viewing for games like Olympics, cricket etc
- g) It can be used by government to alert people regarding any issue that it feels necessary.

Disadvantages of TV:

- a) It is a great time loser for those who are addicted to it.
- b) Since it keeps a person immobile for long time, it reduces physical activity, the reason for diseases.
- c) The power consumption has raised due to extensive use of TV
- d) Increases the plastic pollution. So it should be handed over to the company concerned for safe disposal.
- e) Effect of radiation damages the eye.
- f) It decreases the social get together.
- g) People give up some good habits like reading, writing etc

Hundreds of arguments can be made on the topic that TV is playing good or bad role in the society, but most philosophers, scientists and critics agreed that TV is playing a vital role in enhancement of violence in the society.

The overwhelming influence of media is a constant threat to the maintenance of traditional family values and to the protection of one children's future. Nevertheless, TV cannot be changed for its too big and powerful but compromises can be made that can strengthen society and help keep certain values protected.

According to research in 1995 survey by NHNE watching TV while eating causes obesity. Overall the invention of TV has impacted society and the world in positive and negative ways.

TV cannot be attacked because it can and has successfully stood up to all sorts of challenges. The solution of changing its role in society lies within man himself.

◆ Sharon Ensa T, V-A



Monthly Themes







A percentage of people will argue that television is nothing but garbage, while others will demand that TV is a tool for good. Some people blame the television shows for all of world violence, while others see it for being a resource for education. Who is right or wrong? Well, it is not as simple as that. The truth does not come packaged nicely in a concrete answer, rather it is more of a discussion with compelling arguments on both sides. Lets look at Pros and Cons of watching television.

The pros of watching television

- 1. Television is a cheap and easy source of environment entertainment in this life that is quite busy and expensive and provides us with access to news.
- 2. There are also channels that are exclusively educational that increase our knowledge about the world around us.
- 3. DIY channels provides access to information on cooking, home improvement, investing, and so much more.
- 4. Television also provide a way for people to realize dreams and goals that they didn't even know they had and can give them a push in the right direction.
- 5. Social surrogacy is the term used by psychologist to explain how television can make people feeless lonely. It sort of fills the shoes of absent family or friends.
- 6. Television events like the Olympics or an award show can gather family and friends in a central location, where they are able to discuss their thoughts and feelings on the particular event.

The cons of watching television

This list would go on and on, but there are a few highlights

- 1. The violence and crime depicted on television shows can have negative effects on young, impressionable children. Some researchers argue that the kids that see these violent acts are more likely to repeat this violent and aggressive behavior.
- 2. Watching too much television is also bad for your health. Watching more than 3 hours of television a day may contribute to behavior problems, sleep difficulties, health issues and lower grades.
- 3. Too much television can also make you anti serial and it is potentially a waste of time.
- 4. Some people fear that television brainwashes people into consumerism. Advertisers target children and on average. Children will see 40,000 advertisements per year many of them being for snack food and alcohol. The motive is to get consumers to buy.
- 5. Television can be seen as making people shallow, because that's what the majority of the content is.
- 6. Oddly enough, television can also be addiction. Those who watch a lot of TV may find it harder to stop.

To conclude television time can both positively and negatively effect the viewer although children tend to be affected more adversely than adult.

◆ Sam Daniel A, V-C

The influence of television on our lives

"I can explore the world at the comfort of my home." This is a tagline for an advertisement cable television. Indeed television has come a long way in our lives. From its first introduction it has already created waves in the society that we live in.

In the past, television was a symbol of social status and wealth. Only the rich and powerful can afford the luxury of having a television in their homes. It has served a vastly different purpose that it does today. In Singapore, the introduction of television began around the 1960s where it has taken over the era of radios in the entertainment industry. At first, television (the black and white form) is a rarity, and they only had 3 channels that showcase English, Chinese, Malay, Tamil and sports programmes. It is precisely due to its rarity and newsness that it attracts cople to the television sets. All of a sudden, family with the television set became popular with the neighbours and















Class Teacher: Mrs. Miriam E Solomon, Music Teacher: Mr. Susil Watson

Sitting L-R: Asher Daniel, Umar Shamil, Aakqil Akthar, Aaron Cruz, Abdul Wahab, Laurel Benedict, Cailin Maria, Andrea Meenatchi, Tanya Philomin, Samiksha, Nikyta Bridgyt

Standing I row L-R: Damien, Ryan Paul, Kevin Christopher, Eniyan, Aadithya, Vishal, Sneha Joseph, Diya Subbiah, Michelle Agnus, Hibo Firozl, Alina Feroz, Karthikka Standing II row L-R: Samuela Antto, Karston Valentino, Arjun, Mohammed Maaqil,

Standing II row L-R : Samuela Antto, Karston Valentino, Arjun, Mohammed Maaqil, Seanan Josh, Glen Enosh, Mervin Francis, Aqeel, Sri Prasanna, Siddharth, Tania Mitra, Nalina Mitra

Standing III row L-R: Jeffrin Edward, Ivan Winfred, Sam Sumonth, Christlin, Jemimah, Nathania Jincy, Sanjay, Karthik

Standing IV row L-R: Rohan Basil, Kevin Romario, Louis Varun, Maria Steve, Sam Emmanuel, Krithikesh

Class Teacher: Mrs. Maria Catherine X F P.T. Teacher: Mrs. Pappa Joseph

Sitting L-R: John Scaria Thomas, Mohammed Naina Shahid S, Adhi Shanmugam M S, Samuel Elvis, Rahul Boby, Vishwa, Amika Stacia, Merlin Vennilla B, Smirthi, Neha, Josna Renzy J, Jessica

Standing I row L-R: Jeffrey Jose D, Kevin Kinsey, Pranav R N, Sohil Francis, Guru Charan Vishnu U, Abhilash R, Sanjna J, Aishwarya R, Sainthavi S, Santhanam, Andrea Preethi J, Sabrin Maria, Schnell Gabriella Prabhu

Standing II row L-R: AJoseph Antony Wilson, Joe Emmanuel M E, Shiram S, Aaron Deepsan Praveen, David Ajay, Kevin Rajendran C, Preethika Pradeep Kumar, Sneha, Liya Fathima S P, Lavanya P C, Joyslin Jenifer M, Jashmitha Anand Standing III row L-R: Levin Samuel, Vigneshwar, Yeshwanth R, Jonas Ryan

Standing III row L-R: Levin Samuel, Vigneshwar, Yeshwanth R, Jonas Ryan Charles, Gericxno Gerard, Gabriella Joanna P, Aditi Muralidharan, Tejashwini A, Jovita Mia Henry

Standing IV row L-R: Adithya Arunaachalam, Jotham Karstan N, Muhammed Fauz N, Subavarsheevi S, Dakshata Maria FV, Govind Shardul D

VI - B





Class Teacher: Mrs. Shalini R, French Teacher: Mrs. Subha Balaji

Sitting L-R: Prakash M S, Braxton Elmer A, Aditya R, Steve Jalen, Richard Roshan, Harshad M P, Arshiya Mustafa, Maria Sherlin A, Philomina C J, Ivana Cassiel, Preethi G, Netania Roselin

Standing I row L-R : Joshua Kevin Jawahar, Brian Sam A, Elijah Denis Simpson, Sri Ram A, Vidyuth Krishna, Allwyn Tony I, Anto Matria, Reshma, Ishwarya, Kate Jonita, Rexline Magi J M, Sneha Sherine J

Standing II row L-R: Nithin Amirth, Surya S, Kishan Venkat, Joel Edwin A, Jai Kesav S, Sanjay Thiyagarajan, Chandrika, Samantha Elizabeth J M, Elakya Karthikavan, Rhia Susan Thomas, Janet A, Bhumika

Standing III row L-R: Roger Krishna, Kevin Christopher S, Allan Paul Victor P, Arjun B, Siddharth B H, Daman Deep Singh Bhatia, Chris Jordan Clifford, Johnson Jaden Dhyrian, Akshaya K, Rebecca Rhea F, Varshaa V K

Class Teacher: Mrs. Helen Prabha A

Sitting L-R: Jashwanth, Jotish B J, Jegatheesh N, Ashwin Kumar R, Joe Trevin M, Arif K M, Kavin Murugan M, Krista Shera Amboocken, Shriya R A, Pavithra Uthrah R K, Riya Surya Kiran C, Aishwarya Priyadarshini R, Sharon N, Sunayana Standing I row L-R: Azhagu Sivarama Manikandan S R, Richard Selvadurai Samuel J, Samuel Aloysius, Mohammed Ihsan N, Jervin Joe Samuel J, Aadhitya V, Nithius M, Pespacaphica JR. Spaina S, Lagric A, Arahlan H, Harchini A, Schighli S, Spaina S, Lagric A, Arahlan H, Harchini A, Schighli S, Spaina S, Lagric A, Arahlan H, Harchini A, Schighli S, Spaina S, Lagric A, Arahlan H, Harchini A, Schighli S, Spaina S, Lagric A, Arahlan H, Harchini A, Schighli S, Spaina S, Lagric A, Arahlan H, Harchini A, Schighli S, Spaina S, Lagric A, Arahlan H, Harchini A, Schighli S, Spaina S, Lagric A, Arahlan H, Harchini A, Schighli S, Sharin A, Sharin A,

Nithiya M, Pranaambigai R, Sanjana S, Jessica Aaralyn J, Harshini A, Srinidhi S, Shithya P

Standing II row L-R: Kiruban Vasi A, Narain Vageeswaran, Nishikesan K, Karthik S, Rahul L, Rohin Sharon T S, Zia Beghum J, Agnes Roselin D, Kezia S, Anoushka Prakash Kumar, Afiyah Fathima A, Antonita Evelyn Maria S

Standing III row L-R: Steve W Frank, Naveen Daniel L, Pio Solomon J, Joel Thompson P, Angelina M Pinto, Rupa Shree L, Evangelin Paulita, Sadiksha Pandey Standing IV row L-R: Rex Britto TR, Sanjit KK, Veedha shree N, Nandhana PS, Jenila Sweetlyn M, Lohita Lakshmi L S

VI - D





VI - E

Class Teacher: Mrs. Faustina D J, Co-ordinator: Mrs. Amsa Devarani

Sitting L-R: Jeremiah Hudson C, Dhanvanth S, Nithin Ignatius S, Rajarathinam K, Leonard Ross, Ronald Savio Karol Sheeba M, Bhamathi A, Dolorus Camryn G, Shalika Rachel, Kathalyne Nirubhama D B, Shobana A

Standing I row L-R: Denver Mark Samuel, Priyan A, Yukesh S T, Richard Selvamanickam S, Derrick Joshua E, Diyalakshmi K, Srimathi K, Bhavani E, Sharon Selvarita S, Catherine Jenny, Fadhila Noor M

Standing II row L-R: Vikranth S, Sanjay G, Jenith Christopher Y, Roger Fenix B, Mohammed Ashfar S, Jayanekuru Karthick N, Jude Sahari R, Allend Tons V, Shasi Kiran S, Vasilis G

Class Teacher: Mrs. Anita Rebeiro P T Teacher: Mr. Prince Devanesan

Sitting L-R: Anton Che Enoch M, Akshay Benedict P J, Cletus RajKumar, Sanjay Jerome, Kavan Anselm A, Raymund Natus A, Ezhil R S, Santina Appalo A M, Evangelin Madhumitha, Harshita S, Prabhitha Miracline, Siva Priya

Standing I row L-R: Samuel Stanis, Mohammed Aadil S, Subin Jenson, Taranath Chan, Timothy Daniel Domni, Yuvan, Ferzin N, Vinutha J A, Joanna Jeyakaran Jeyaraj, Catherine Tina, Joshita A, Adrienne Magdiel N

Standing II row L-R: Mathew Shaun R, Nishanth Mathew Paul, Nithiss Kumar S, Mohammed Aryaan, Arwin Jonathan P J, Ivan Santo S, Jerome Sandeep Aroc, Shravya Kotha, Monisha, Shreya G P, Laya Sree Narra N

Standing III row L-R: Ganeshvar Balaji G, Prajol D, Arhun Karthick, Balakrishnan V R, Varun V, Priyadarshan R, Kavan Anselm A, Sakthivel J, Kavin Kieboro

Standing IV row L-R: Aaditya Krishna V, Giriprasad P, Alvina Victor R, Harshitha R S, Deniston Joshua S, Bharath Kumar K

VII - A





Class Teacher: Mrs. Auxilia Steffie, Tamil Teacher: Mrs. Margeret

Sitting L-R: Vejin S J R, Danny Joel A, Ahmed Fahad A, Nitin S, Meffric Joshua J, Francis Veron R K, Iva Serafina Rodriquez, Aananya S. Akshaya Ravichandran R, Ann Marie Shruthi A, Aishwarya R, Annie Kezia A

Standing I row L-R: Aditya A S, Simeon Joel, Prithivakash R, Tharun I, Derrick Jotham G, Logesh K, Davina Latisha, Christlynn Sabu, Ramithamalar, Abhinaya Suresh, Geetha Lakshmi B Y, Sheena Abigail

Geetha Lakshmi B Y, Sheena Abigail

Standing II row L-R: Ron J P, Buvaneshk Kanna S P, Gowtham S, Sharoon Sudaesh V G, Sudharsan G, Mohammed, Rohan Daniel, Shrinesh K R, Abraham J, Husain A, Nikhil Kadaivlli, Padmanaban S

Standing III row L-R: Vishal Sanjeevi A S, Brian Stewart A, Rishi R, Gokul S, Sarvajit S, Sofia Catherine N H, Vishruthi North, Carol Hubert William, Hemalya G, Divya Lakshmi A

Class Teacher: Mrs. Lysa Hindi Teacher: Mrs. Leela Bose

Sitting L-R: Rosary Jovan S, Jerin Savio, Philip Regin, Madhav V G, Jeffrey Daniel Raj, Naveen Vignesh, Sajitha S, Joshna Sagar V, Saidharsha, Katta Thanushree, Malha Faustino Ganesh, Archita Prabhakar

Standing I row L-R: Nitin S, Enoch Paul, Shohail Usman, Christy Shawn, Kevin Issac E, Alvin Aaryan Neelamen, Nisha T, Kezia Stephan, Khadeeza T K, Joann Sahana Johnson, Benedicta Evanca A, Avantika Maheshwar

Standing II row L-R: Amish Jairus, Joshua Kevin Nobel J, Roshan Joshua Patrik, Joshua Issac Manesseh, Surya E, Claret D Crus, Trisha Sree, Amritha I N, Anitha Baskar, Sanjana S, Aditi J, Pavitra S

Standing III row L-R: Advik Bijo Senan J, Allam Jakub A X, Mohammed Asfaan A, Vishal Mahendran, Youvani Gabriel, Damien A Joseph, Sri Kopperumdevi M, Theerthi V, Zeba Zayan O K, Yogita J S, Caren Maria Novena K, Grace







Class Teacher: Mrs. Jansi, Dance Teacher: Mrs. Reena Murphy

Sitting L-R: Guru Promoth G, Rohith S, Anush Kumar K, Chirayu N, Jabez Sam Sunder, Joshua Abraham Chelliah, Olivia Pearlin J, Caren Alexander, Jeni Grace, Venessa Vaz, Sharanya N, Viju Valentina W, Lincy Catherine K J
Standing I row L-R: Joshua Aaditya Rex, Vijayan, Nikhil Stanis N, Mithyn Aaditya, Daniel Macarthur, Stanley Chin, Kavya, Hamsa Latha, Dhaania Viruthi, Dhaarani C, Aashika Nicropo HV

Aashika, Nisreen HV

Standing II row L-R: Kaaushick S, Mohammed Farzil, Cavin Chandran, Jagadeeshwaran, Tushar Ram, Shyam, Previn Kumar, Yannis, Anish Varshan, Asal Farhan Standing III row L-R: Kishaan Carani, Harish, Noel G Alfred Raj, Tarun C, Vishnu Priya, Jennifer Ruth, Maria Jeniffer, Joan Felcia

Standing IV row L-R: Tharun Aditya, Taher, Tanaaz Mariam, Tanmaya, Priyadarshini J, Sarrang Srinivas, Allan Antwan

Class Teacher: Mrs. Sharmila Desikkan

Sitting L-R: Jeyam Austin J, Michael Johnson M, Ganesan M, Ajay Jaswanth S, Nevin Adriel Josephat V, Rafeal Maximus V, Erin Jovitha Ruby H P, Yuvasha S, Maria Jansi M, Frency Fabia Poorani F, Mrithika C, Alvita Doratty A

Standing I row L-R: Muhilan Meenakshi Sundaram P, Richard Benedict T, Joshua Ziegen Paul M, Aniston Bright A, Bharath J, Maria Sebatini L, Angel Salome P, Hannah Shalini R, Swetha D K, Jenifer B, Christline Saviourya Roy R

Standing II row L-R: Kingston S, Srishan S, Aakash A, Fairul Ruzman N, Mohith Naren S, Chaithanyah A S, Hemanth D P, Jithesh R, Sam Krithick Kevin S, Daniel Joseph Kollanoore K, Someshwaran E

Standing III row L-R: Rathina Gesav V R A, Mohammed Ibrahim, Collin Royal Peter J, Sheik Aftah, Bastin K J, Dominic J, Saikiran Reddy P, Rahul Santhosh A, Alfred Mathew A





Class Teacher: Mrs. Natasha M R

Sitting L-R: Allan S, Thamilan M G K, Ritish Kumar, Mitun, Alwin Rozario, Vishnuvardhan, Jeeva Svithra S, Oviya M A, Cathy Megan Doss, Trisha Jaison, Varsha S, Sathva Priva

Standing I row L-R: Jeyasurya, Muralikrishna Reddy, Rishab Murthi, Shawn Callistus Jerome, Jude Roosevelt, Kevin Christ, Kanishkaa, Reah Susan Rai, Evangeline Dora J, Shreya Bavana K, Pragya Balaji, Vidya Prathiba

Standing II row L-R: Rohan Thomas, Ashish Abraham Francis, Antony Ashwin, Harish Prabhu, Ashwanth P S, Jasvan Ram, Anisha Mary Soosan, Kaaviya P, Sanjna Ullas, Nisha R, Anna Sucharita Doss

Standing III row L-R: Letilia Maria, Angelo David, Shrivatsan G, Ramya Santhosh

Class Teacher: Mrs. Anburani Librarian: Sandra Raj

Sitting L-R: Saad Faheem Khan, Rohan Steven B, Sarvajith P, Michael Sharon J, Khaushik P, Aryan Nahar B, Judith W, Jahnavi Murali, Harsha A, Kaviya Maran, Kripa Shera Amboocken, Parveen Sahanaa

Standing I row L-R: Hanan Abel, Praanesh B, Adhitya Sudhir Ravidran, Azeem Kamal S, Aaron Prabhakar Peter, Pooja Sree Kamali J, Mitra Karuppaiya, Joswikkha D, Lohitha R, Janet Blessy A, Manisha S

Standing II row L-R: Shane Sequeria, Rocye Vailan D Silva, Antony Gerard Joseph Roshan, Chatrapathi R, Rebecca Sandra, Dhiviya K, Nivila Rachel N, Sri

Shreya DV, Asvika M, Varuna K.A, Ramita Anand

Standing III row L-R: Mani Sundar T, Jerry David D, Naghulan S, Joy Alexis R,
Chriswin Antony A, Pranava P, Benjamin George David S







Class Teacher: Mrs. Ezhilarasi R, Co-ordinator: Mrs. Celia Peter

Sitting L-R: Sabu B, Kishore G, Heavenly Paul Roshan S, Srinath K, Mohammed Aashiq S, Benjamin Prabhu, Sangeetha K, Joana Daphne Dansal, Aruna Meenakshi M, Tina Trisha N, Merlyn E, Stefani Jeyaseelan

Standing I row L-R: Monish Arjun A, Antony Godwin A J, Geoffrey Anto Ignatius E, Ashish Alex Murikan, Jonathan Daniel R, Hemanth Kumar R, Jean Rebecca P I, Varshini V S, Rini Margret A, Nandhini R, Harsha K A, Keerthana K R

Standing II row L-R: Srivatsan B, Arjun G, Roshan Prince J R, Ajay Narayan M, Harshini Alice Ronica, Hemin Riya Henry G, Shreya Elizabeth Franklin, Deepika R, Marianne Privanka Kanoor Rinasri P

Marianne Priyanka Kapoor, Rupasri P

Standing III row L-R: Pranav Balakrishna Sriganth, Vikram R, Aaron Solomon, Freedan Jeremiah S, Silverster Thomas C, Adlin D, Hamsini S, Mokshitha S

Class Teacher: Mrs. Maria Aruna, Mrs. Veonica Edward

Sitting L-R: Suriya S, Diwin Joshua W, Tharun, Neil John Daniel, Alfred George Sunny, Reon Dexter, Karmeletta Tonia A, Ashley Nivedha J, Meenalokshini S, Karishmaa A R, Ann Maria Thomson, Shahina Fathima

Standing I row L-R: Kawin Kishore, Nandha K J S, Austin A Raj, Ashwin K, Mohamed Youhana, Sandhya C, Amrita Mariam K E, Swethaa S, Varshini V S, Magdiel Susi Samuel, Madhumitha K

Standing II row L-R : Santhosh Raj M, Joseph Aakash, Sharaf Jameel M, Dhanush M, Dharshan R K, Kaushik T, Nikhil Iresh, Ryan Christopher, Sam Mathew Hendry, Sam Joe Silvano

Standing III row L-R: Divislay R, Muhammed Sharaf, Divya B K, Pritika S,

Niveditha S, Levina Mary D, Arun Prasanth, Pranav S P







Class Teacher: Mrs. Priyanka, Computer Teacher: Mrs. Vinnarasi

Sitting L-R: Baskar S, Ayman Safaraaz N, Sam Allen F, Gokul S, Barathvasan S, Steve Issac M, Brindha R Raja Priya A, Sreya Santhosh, Vishnu Vardhini T R, Pooka Amrita S, Jouslessor I Standing I row L-R: Mohammed Hamood H, Mathew Louis, Shagul Hameed A, Karthick K, Fredric Jason J, Naveen K, Kaushiga R, Riyanka Sarah Paulson, Belinda Sharon B, Tabitha Anceline E, Nivethaa Daniel L, Nivedhitha M

Standing II row L-R: Dastagir Ahmed S, Dhivyesh S, Joshua Ashwanth D, Joshua Jayanth J, Dalvin J, Rithish Joshua M, Adlina Olive Lydia P, Gomini L, Anu Katherine K, Avantika, Mirudhula A Standing III row L-R: Allen Samuel R, Jai Ganesh K, Lokesh Lakshmanan R, Joy Aswanthan P, Aditya L, Fawaz Hassan N, Aravind K J, Nitish Shyam K S

Standing IV row L-R: Mervin Jonathan Anand, Mohammed Faraaz Q, Kaavya A, Harshitha S, Krithika B J, Milan Mathew K, Marinald Pius A P, Pavithran S

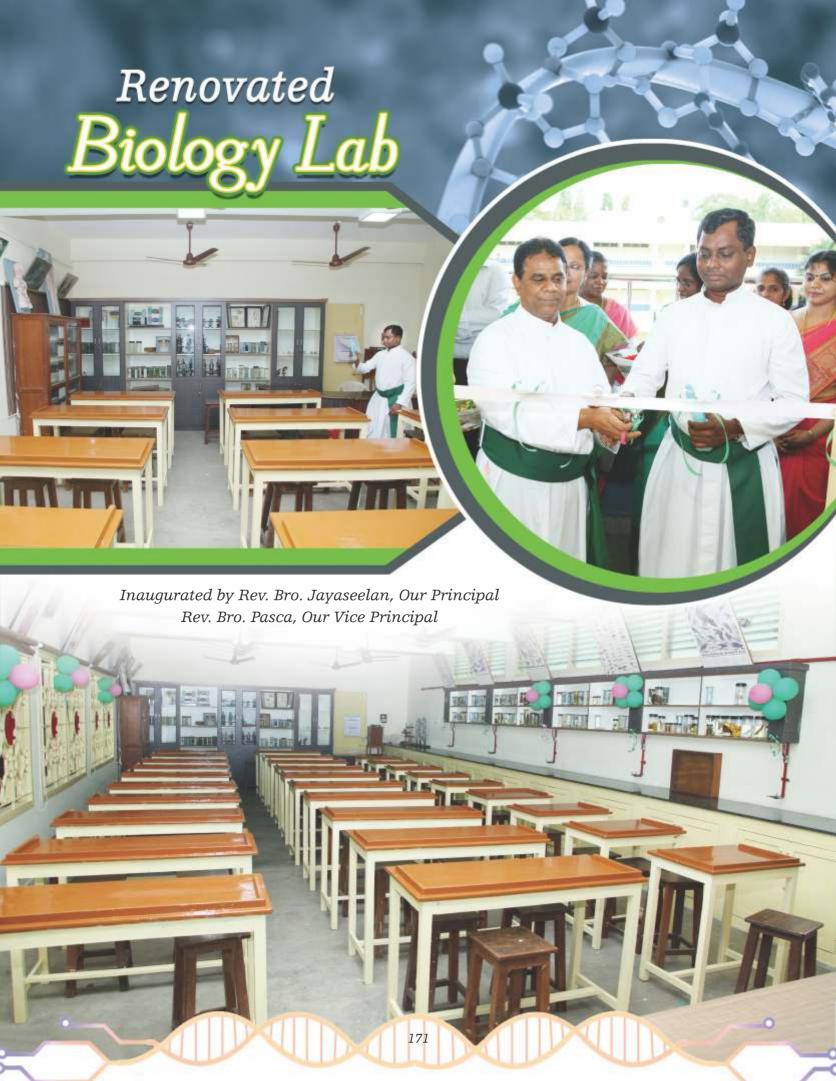
परिवर्तन

हो गया उन्हीं का आज दलन देखों यह जग का परिवर्तन रहती थी नित्य बहार जहाँ बहती थी रस की धार जहाँ था सुषमा का संसार जहाँ है वहाँ आज बस ऊजड़ बन देखो यह जग का परिवर्तन था अतुल विभव का वास जहाँ था जीवन में मधुमास जहाँ था सन्तत हास विलास जहाँ है आज वहाँ दुख का कंदन देखों यह जग का परिवर्तन जो देश समुन्नत-भाल रहे नित सुखी स्वतंत्र विशाल रहे जन-मानस-मंज्-कराल रहे लो उनका भी हो गया पतन देखो यह जग का परिवर्तन

~ ठाकुर गोपालशरण सिंह

जीवन एक परिवर्तन्

जीवन तो है एक परिवर्तन, परिवर्तन ही तो है जीवन, इस पल हें खुशियां तो, उस पल हें गम, जिंदगी की राह पर कभी माय्स ना होना, ट्ट जाए जब कोई सपना सलोना, गम में कभी खुद को न खोना, हारकर कभी तुम् न रोना, तुम्हे तो हैं अभी पाना सारा जमाना. करने पडते हें ऐसे फेंसले भी जो खिलाफ हो तुम्हारी मर्जी के. जिंदगी हर पल एक नया मोड लेती हैं हर मोड हमें एक नया सबक देती हैं. किसी मोड पर आकर, त्म कही रुक न जाना. हालात सिखा देते हें हमे, उसी रूप में खुद को बदलना. इस बदलाव को देखकर, कहीं तुम रुख् न बदलना, तुम्हें तो हें मंजिल तक पहंचना. राजश्री राजभर









"An essential aspect of creativity is not being afraid to fail"





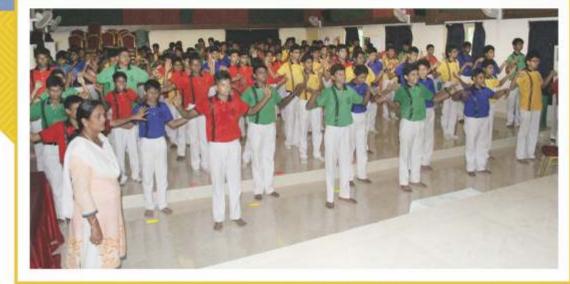






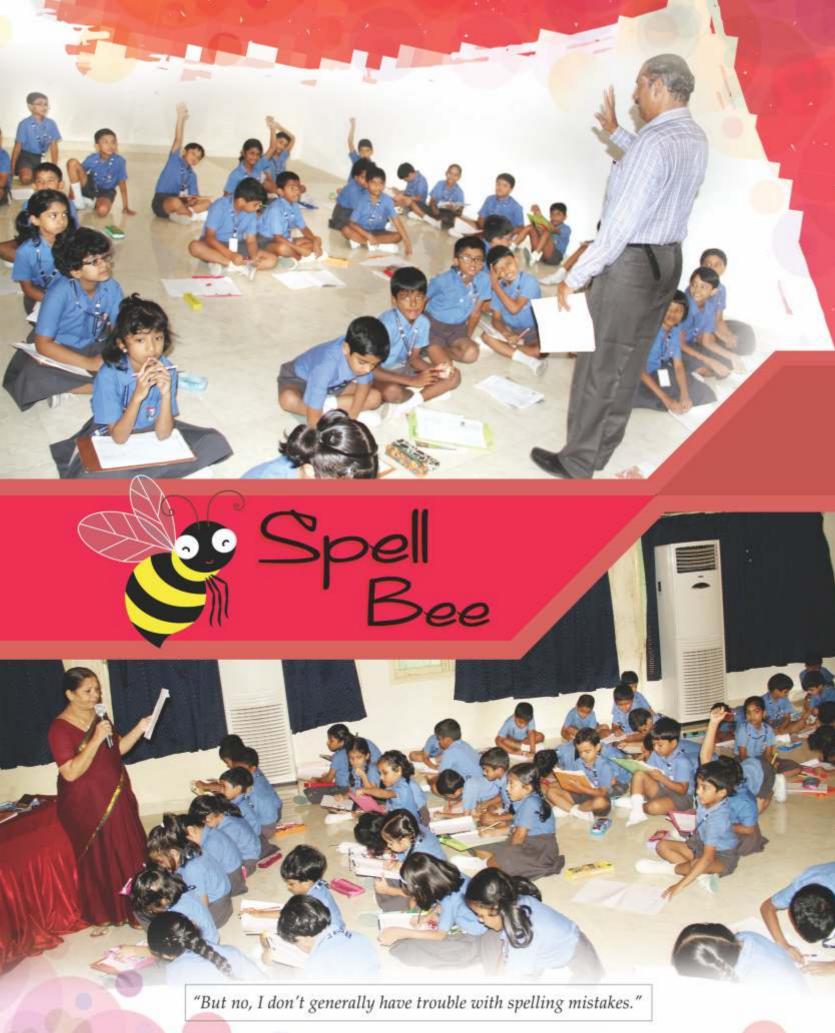


Good, better, best Never let it rest Till your good is better and your better is best

















Class Teacher: Mrs. Uma Victor

Sitting L-R: Akshaya R, Celena Rose Andrews, Sai Mithuna R, Shivani Margaret E, Christina Mary John, Rabiha R, Koushikaa Sri K, Shabreen N, Shivaani S, Lekha Shri S Standing I row L-R: Issac Navin P, Vishnu P S, Ivan David Wilson, Kenitawin Helena Periera, Mrithula K L, Daniel Joshua D, Ajin Dev A, Alwin Sundar A Standing II row L-R: Leroy K I, Ronaldo Immanuel, Yuheswar K S, Arjun Manikandan P L, Abhishek B, Trishan Sudaesh V G, Shaun, Daniel Joseph P, Sanjai Nagaraaja M Standing III row L-R: Harjeeth Edbert A C, Asif Mohammed, Shakthi Sundar T, Advaith R. Hareesh

Advaith R, Hareesh

Class Teacher: Miss. Sindhya P

Sitting L-R: Subashini B, Charu Priya N, Jovina Virgin X, Hannah Preetha Daniel, Sole Bhavyaa Lakshmi, Divya V, Natalie Kavya R, Srilayaa R T, Shereen Samyuktha, Kristal Joanne D' Souza

Standing I row L-R: Adithya Brendan Lakra, Jonanthan Tarun R, Tarun Prakash S, Allwin Mechach Hezron, Jhuvana Anto Lazer, Deeksha R, Prasanna M S, Shrutik Mathew Navin, Shaun Mathew Sunil, Jonathan Philip, Mathew K J

Standing II row L-R : Shyam Sengol Augustus, Kevin B S, Roshan K P, Abbie Philip Daniel, Bala Kumar T, Rohan Ajay Samuel, Mathew Jonanthan G, Kirupakaran A Mujibur Rahman M A, Immanuel George Winston, Hisham Feroz P, Keshav S







Class Teacher: Mrs. Pameala Vasantha Kumari A Art Teacher: Mrs. Shanthi

Sitting L-R: Pauline Joshna R, Joanna Christopher, Samyuktha R, Annika Micheal, Lauren Patricia, Anusha S, Andrea Sarah Yen, Zeena Firoze
Standing I row L-R: Jason Pio, Varun Kannan, Privithiraj Marothi, Cherubina Chelsea, Shreya P, Aswathi Reddy, Maria Sylvia Nithya Sri K E, Pratap A, Kumaran O R,

Standing II row L-R: Joveen J, Mohammed Rayyan, Darshan Enoch, Rubesh Kumar A, Jared Rex, Luwin Tony Xavier, Vishal S, Rohit Perkins, Sree Pranav

Standing III row L-R: Patrick Abhishek, Praveen Mahesh Ramamurthy, Harshithan K

S, Karthick Rohan G, Katta Riteesh, Caris Abishek, Alwyn Aaron P

Class Teacher: Mrs. Sunitha T Philip

Sitting L-R: Treasa Tharakan, Reenu Bhagavi C, Shanon Blanche Gomes, A, Malaveka, Shriya T M, Lakshmishri S, Tanya Miriam Williams, Sadhana P, Nikitha Angleique Rajesh, Samantha Tiraz

Standing I row L-R: Prince N, Nassario, Arjun Srinvisan, Shrinidhi Jayabalan J, Chris Jerusha Clifford, Nandika Michelle Fabian, Timia Raj Kumar, Nivedha Shankar, Depika Ganesan, Ashlin Dominic Oconor, Waman S

Standing II row L-R: Joyson Issac J, Veron Marc J Huffton, Aibin Roy, Santhosh Kumar B, Edwin Joshua Samraj, Sanjay S, Ricario P, Pio Dinesh, Rishi Keshavan S, Barath A S

Standing III row L-R: Eliazer Abhijjai, Taher Hamid, Rahul Kannan S, Abhishek S Ravindran, Marian Marcus Robin J, Vignesh S M, Daniel Anandha Geethan J





Class Teacher: Mrs. Vidhya \$

Sitting L-R: Shivadarshini R, Christina Rachel, Mahima D, Andrea Sherine, Katherine Lobo, Annaliza Tojo, Infanta Caroline F, Sharon S, Divya L, Swaathy K

Standing I row L-R: Manoj Kumar R, Shaik Jalaudeen, Aadhirai S, Nivya Thomas, Akshaya D, Divya D, Akilandeshwari A, Sharon Alexander, Marilyn Keerthana, Arjun Indrasinan, Mounish S S

Standing II row L-R: Mukesh Raj K, Vignesh B S, Jai Aadhit Reon P, Sharan Kumar S, Mohammed Hammad, Iljak Ali, Aushik R, Darius Allan A, Kallis Amos P

Standing III row L-R: Mohammed Aamir Rahul S, Raphayendra A K, Roshan C, Leffry

Standing III row L-R: Mohammed Aamir, Rahul S, Raghavendra A K, Roshan C, Jeffry Samuel S, Jayendran N, Dhivyapriyan S, Mohammed Akthar B P, Pradeep C G

Standing III row L-R: Sri Kumar A, Pravin Saran S, Ariff Ahmed, John Antony Francis, Shriman R, Allen Mathew

Class Teacher: Mrs. Rachel Jayachandran

Sitting L-R: Karthiyanni P, Deepa Agnes M, Prithika S, Madumitha S, Sivashree A, Deeshma S, Joanna Finny, Debbie Penelope M, Krithiga S, Anusneha Mary A **Standing I row L-R**: Shuaib Ahamed Z, Mark Steve, Hashika V, Abdul Nashita N,

Jadyn Afra A, Neha Trilok C, Sowmethra P, Aishwarya S, Sneha V, Monica S, Sylvia Praisy P, Sam Christopher, Mohammed Shafeeq S

Standing II row L-R: Jefferson A, Dhevendhar S, Mohammed Mushraf S, Dharnish L, Manikandan S, Rakesh D, Vignesh S, Abishek T, Linto Mohan M, Mohammed Muflien S Sanjay Raj P, Mohammed Aman Standing III row L-R: Anush Raj V, Paul Vineeth T, Joel Virgin D, Saran R, Tarun Teja, Ashwin S, Liithesh H, Shanford Aaroon F

1X - E2





Class Teacher: Mrs. Helen John, Co-ordinator: Mrs. Nalini Tamil Teacher : Mrs. Jasmine

Sitting L-R: Jane Ann Elson, Leah Maria George, Jennifer Wilfred, Anisha Priyadarshini R, Elisha Simpson, Tanaaz Zoroofchi, Kamatchi R
Standing I row L-R: Shwetha Patra, Rayanna J, Shruthi Lakshmi L S, Himaja R, Nivetha Basil Srinivasan Varsha Jeyvel Josephine Amreena Nikkita A, Apoorva Nandhini, Zahra Chiniwala, Kavya A, Fabia S, Daphnie Ritika R
Standing II row L-R: Joseph Rithik W, Harish Chander, Rohan A, Littiesha S, Deepthika K, Athithi K, Velayutham, Rashmi Anand, Maria Angus, Roshan S, Calvin Joshua Rathin D. Anto Moses Edward

Joshua Rathin D, Anto Moses Edward

Standing III row L-R: Jeshu Amalraj, Sooraj Alphonese, Jaideep Nath Anand S, Jofin F Archbald, Ammar Ahmed, Aaquib Rakshan K, Jugal Marlecha

Standing III row L-R: Anish Sathish, Kevin Timothy Muller, Rohit Shanmugam S, Samuel Joseph, Mohammed Tashfin, Midhlaj, Tanishkar Ś

Class Teacher: Mr. Joseph P J, Co-ordinator: Mrs. Nalini Josephine, Computer Science Teacher: Mrs. Devi

Sitting L-R: Shreya Subramanian, Kaashni, Shrriyadita, Poojadharshini, Niveda Ramesh Kumar, Danielle Huggins, Sai Raksha

Standing I row L-R: Dheetschitaa, Sheirin Mary Saju Jedidah Jeniffer, Krithika K, Devashree B, Doreen Grace Santhosh, Sheryn Maliesn, Hema Priyadhashini, Jediah Beryl B S, Adline Fernamdo F, Rebecca Anand, Kiruthiga Raj, Pearlyn

Standing II row L-R: Denver D' Cruz, Isaac Immanuel, Duvicksha U, Rufina Jennifer, Harishree G, Sameeya Unissa, Jayitha Sadhanandh, Allen Joe Sunny, Adrian M, Rohith R

Standing III row L-R: Badrish Vasu, Gurmukh, Shaan Kevin, Shyam S, Jeffery Clement, Manay S, Antony Thomas Retchagen, Steven J

Standing IV row L-R: Arun DA, Rifin Silva, Mohammed Sahel, Prasanth Karthic J, Maheshwaran L, Shree Krish Sridhar, Mithwin I Stanley







Class Teacher: Mrs. Jayanthi M, Hindi Teacher: Mrs. Preethi Aggarwal Tamil Teacher: Mrs. Vasantha, Co-ordinator: Mrs. Nalini Josephine

Sitting L-R: Rosemary C, Shrinidhi Praga P, Evina Navi T, Ajithaa E, Rakshenaa R,

Standing I row L-R: Crissa Nalmika, Reshma A, Yazhini Shwetha, Swetha Sri M, Aishwarya R, Andrea Nerthi R, Gayathri R, Padmashree S, Febi Triphena A
Standing II row L-R: Ramasamy Arumugam, Haneen Hassan, Bala Prithik A, Francis Jasper Terrence R, Soundappan, Mukesh Kumar V, Mukilan R, Francis Alivn Joel, Brian George Charlin, Hari B, Rohan John Joseph
Standing III row L-R: Noel Jerrold A, Jayaant N, Pratham Saxena, Vivek Thomas

George, Siddharth Saravanan, Onasis Melchoir, Ronel Phillips, Tarun Raghavendrar, Sivan Sriman P C, Ashwin Patrick

Class Teacher: Mrs. Vijalakshmi, Mrs. Jackuline Andrews Co-ordinator : Mrs. Nalini

Sitting L-R: Rithika Mirriam Paulson, Vaishnavi B, Skanda Kousalya Devathaa R A, Vaishaali V, Davina Sarah J, Tina Kiran V, Sujitha Lakshmi A Standing I row L-R: Sanjay M, Vijay M, Vinson Prakash, Zaina Aslam, Kavya M, Baasima Nadira Q, Michelle Ajit A, Sanjeeve Krishna K, Vijay E, Akash A Standing II row L-R: Rakesh Dilip B, Vimal P, Roshan Winston, Ragland Johnson Vasikaran, Shankar Narayanan S, Praveen Joseph E, Kailash S V, Nithin Paul B,

Standing III row L-R: Deepak S, Mohammed Siban S, Alfred Rajan, Fredrick Jack J, Amalwin Stanly, Aditya Joseph J, Saran Kumar S







Class Teacher: Mrs. Eben Stephenson, Co-ordinator: Mrs. Nalini Josephine

Sitting L-R: Sameen Afroze, Sujatha M, Sreenidhi S, Sansheya Baskar, Bertina S, Anindita Xavier C, Monica R, Marilyn Fernandez

Standing I row L-R: Srihari S, Manish D V, Cynthia Jenifer P, Jaya Shruthi S, Dixal Shruthika, Roopika Shivani S, Ria Sharon, Muhammed Haris, Roshan B, Rohan Jebaraj **Standing II row L-R**: Jack Timothy, Ashroon Jude, Anirudh Guru, Tharun M, Derik Joris, Goutham S, Ronith Robin, Noel Asir Jesudas, Jerry Rinaldo S

Standing III row L-R: Sanjieve S, Nithish Sakthivel S, Jethro Mahil Jacob, Abraham Joseph, Nithin Joseph A, Pavan Siddharth J, Melvin Anderson

जीवन नाम है परिवर्तन का

जीवन का एक कट्ट पल देख कर प्रयत्न में विराम न आये एक चोट से घायल हो कर राह तुम्हारी कहीं बदल ना जाये कितनी देर ठहरेगा आवारा बादल कब तक यह बौछार रहेगी तुफान रहेंगे आते जाते फिर मनचाही बयार बहेगी आंखों में यूं आंसु भरकर नजर न कर तू धूंधली अपनी मुस्कानों के रथ पर चढ कर पानी है तुझे मंजिल अपनी कब सुखे हैं वृक्ष हरीले पतों के गिर जाने से नीड बर्नेगे फिर से इन पर बसन्त बहार के आने से फिर से कलियां खिल आयेंगी

फिर से कोयल कुकेगी फिर से फल आयेंगे इन पर फिर ये डालें लद जायेंगी पथ के क्षणिक ठहराव को मृत्यू की तुम संजा देकर जीवन को रसहीन न करना इस धरा पर जन्म लिया है सबको ही है एक दिन मरना देख ध्यान से समय को करवट लेत जीवन नाम है परिवर्तन का व ऋतुओं के आने जाने का जब आन्नद का अमृत पिया है पीडा में, न सम्बल ले, बहाने का काल के कपाल पर कील ठाँक कर अनवरत रख तू यात्रा जीवन की राहें सुगम हो जायेंगी स्वंय ही प्रकाशित हो, उज्जवल स्वर्णिम सी



French Teacher: Mrs. Subha Co-ordinator: Mrs. Celine Herman Class Teacher: Mrs. Sheela Stephen

Standing I row L-R: Katherene Priestly, Joanna, Akshita, Reaea Savio, Dharuniga, Sarah Catherine, Praissy Zefi, Lily Ann, Niranjana Devi, Kiruthiga K, Celeste B, Roselin Shobana, Dhivyashree P

Standing II row L-R: Lydia Jayapriya, Lindsey, Lavanya, Sashmita, Katherine Olivia, Deepika A, Priyanka, Joselyn Benita, Niranjana A **Standing III row L-R:** Sam Akash G S, Jaspher, Joel Rathinam, John Wilfred, Manoj M,

Daleesh, Ashif K M, Kevin, Sushil Amalan, Sindesh C M

Standing IV row L-R: Ajay Dev, Fyaz Shafiul, Divyesh D, Bhuvan Uthaiya, Amrut Srinvas, Allen Jones, Chriswin, Arunachalam J

Tamil Teacher: Mr. Muthuramalingam Class Teacher: Mr. Babu Co-ordinator : Mrs. Celine Herman

Sitting L-R: Emilia Nishitha, Sneha K, Reshma, Iffah Moideen, Ashlin Sahana,

Maria Mathew, Shruthi Mukunth, Rhea R **Standing I row L-R**: Amritha A, Daniya Nishi, Nauyashree, Kundana Ganiserh, Sunanda S, Rebecca Maria Cecilia A, Kathlyn P, Srinitheka T, Steffi S

Standing II row L-R : Visaal Mosses, Ritvik LR Jacob, Ahmed K, Andrew, Sanjit J, Varun Mohan Sembiam, Allan Mark, Mohammed Shazwan, Sandeep

Standing III row L-R : Jason, Vishaal Koushic S, Shane A, Michael Sam, Manikandan J, Samuell Godwin R, Joel E, Jashwanth Sumithra Balu

Standing IV row L-R: Evan Paul S, Sanjay Krishnan, Ritesh K, Pavan S, Shoaib S,





French Teacher: Mrs. Sujatha Class Teacher: Mrs. Amala Dorothy Co-ordinator: Mrs. Celine Herman

Sitting L-R: Saher, Janice, Alka, Evangeline, Valentina, Shruthi, Yuvashri, Rinky Standing I row L-R: Sasidharan, Jovin, Sathia, Dharani. Harita, Sneha, Kavyashree, Radhiga, Prasidha, Maria Vinta, Chris Harris, Albin Standing II row L-R: Allen, Fayaz, Sreedeep, Tharun, Bhargav, Joshua, Ernest, Pranav, Joseph Johny, Joseph Noel, Reuben Standing III row L-R: Hrithick, Radha Krishnan, Harsha, David, Haresh, Anselm, Gruthary Verbyuark Surpa, Kap Batrick

Gowtham, Yeshwanth, Surya, Ken Patrick

Standing IV row L-R: Steve, Vigneshwaran, Sabarish, Maurice, Gideon, Hariprasad,

French Teacher: Mrs. Subha Class Teacher: Mrs. Mala Anand Co-ordinator : Mrs. Celine Herman

Sitting L-R: Jeniffer, Grace Trisha, Shruthi S, Amy Daniel, Aamatullah, Niyaraah Rafi, Nivedita, Sinduja

Standing I row L-R: Sonaali, Hrithicka, Nithyashree, Melita Tessy, Anjana Kumutha, Privthivee Rajesh, Carolin Valentina, Madhulya Nithi, Anthea Manuel,

Kumutha, Privthivee Rajesh, Carolin Valentina, Madhulya Nithi, Anthea Manuel, Karunja V, Vinitha V, Sanjana, Akshitha Ashok

Standing II row L-R: Jonanthan Immanuel, Nithilan K, Noel Joseph, Sai S Sivaany, Geralyn Trisha, Swetha Maria, Saai S Chandhine, Mercy Rebekha, Pragathi S, Mhd Nabiel, Anish Philip, Nithyn Joseph R

Standing III row L-R: Nino Adam, Sanjiv S Kumar, Emmanule Chris, Ashwin Sathya, Sanjay V, Ayush Praveen, Mhd Dawood Afthaf, Jonathan Dominic, Krishna Kumar S, Adrian Michael, Arun Prabhakaran

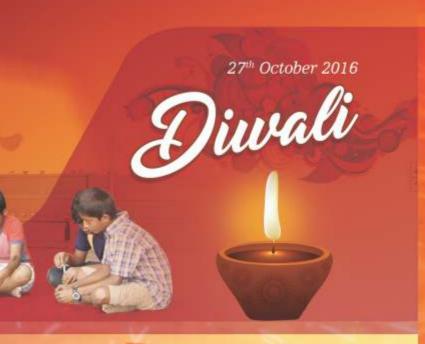
Standing IV row L-R: Abhejit, Elumalai, Dev Prasa, Joshua Arul, Sanjay S, Yuvan Ram Afrah Akthar George Henry Kevin Hans

Ram, Afrah Akthar, George Henry, Kevin Hans

X1 - C







Festival of Lights - Joy, Prosperity and happiness













Momentous Occasion to be Celebrated









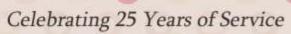




PASCA Brother with Staff













Brother

with Staff





Christmas









Our Chief Guest -Rev. Fr. Jacob, the Parish Priest, St. Louis Church Guest of honour -Rev. Bro. Francis, Superior, Patrician Community



Christmas - the spirit of giving without a thought of getting.











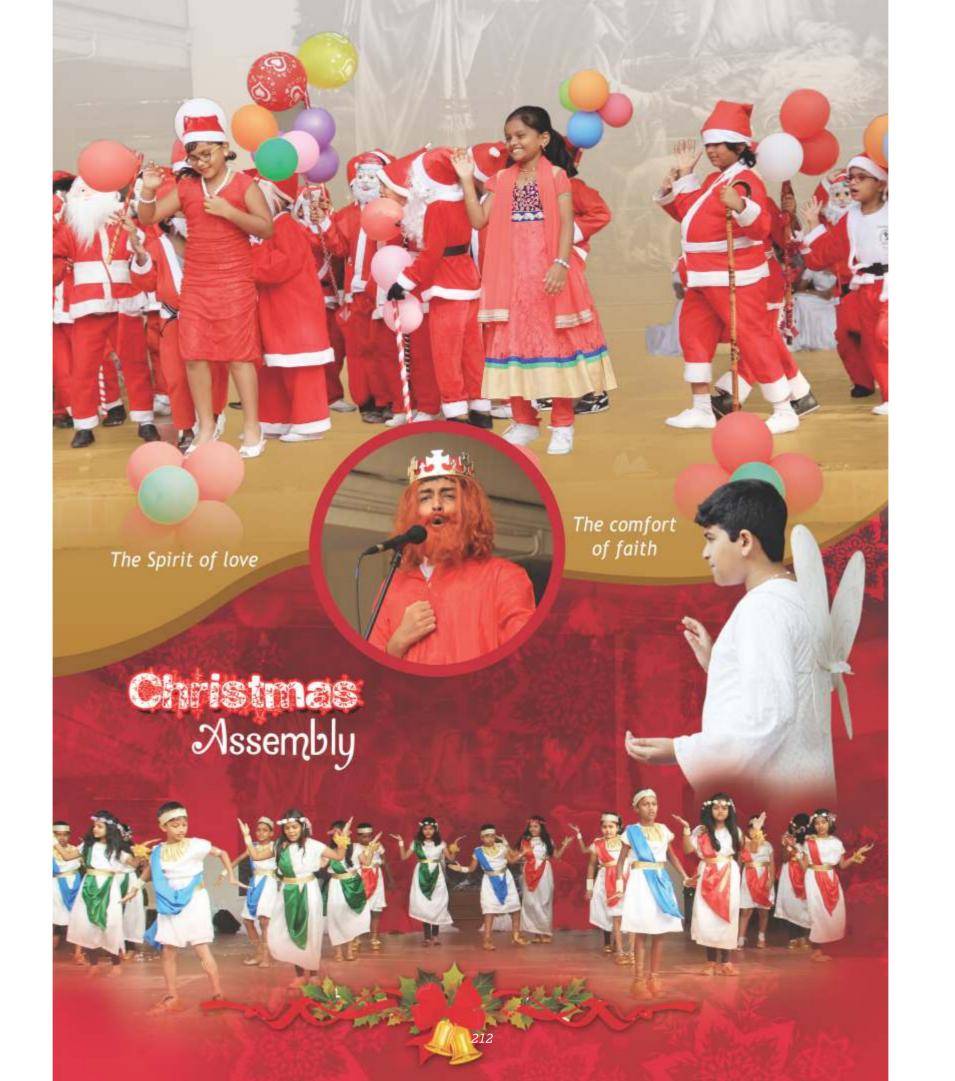




The best of all gifts around any Christmass tree : the presence of a happy family

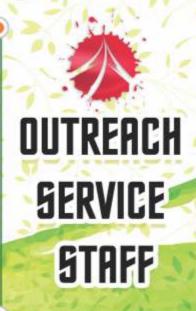






To Serve is Beautiful









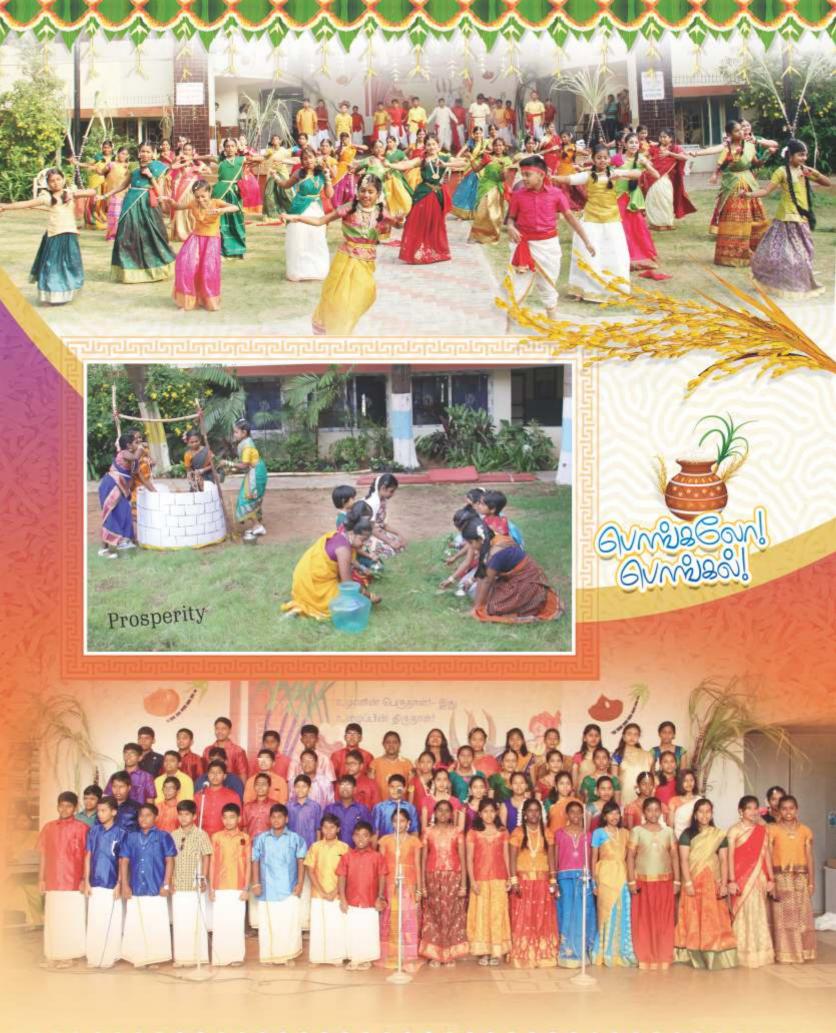


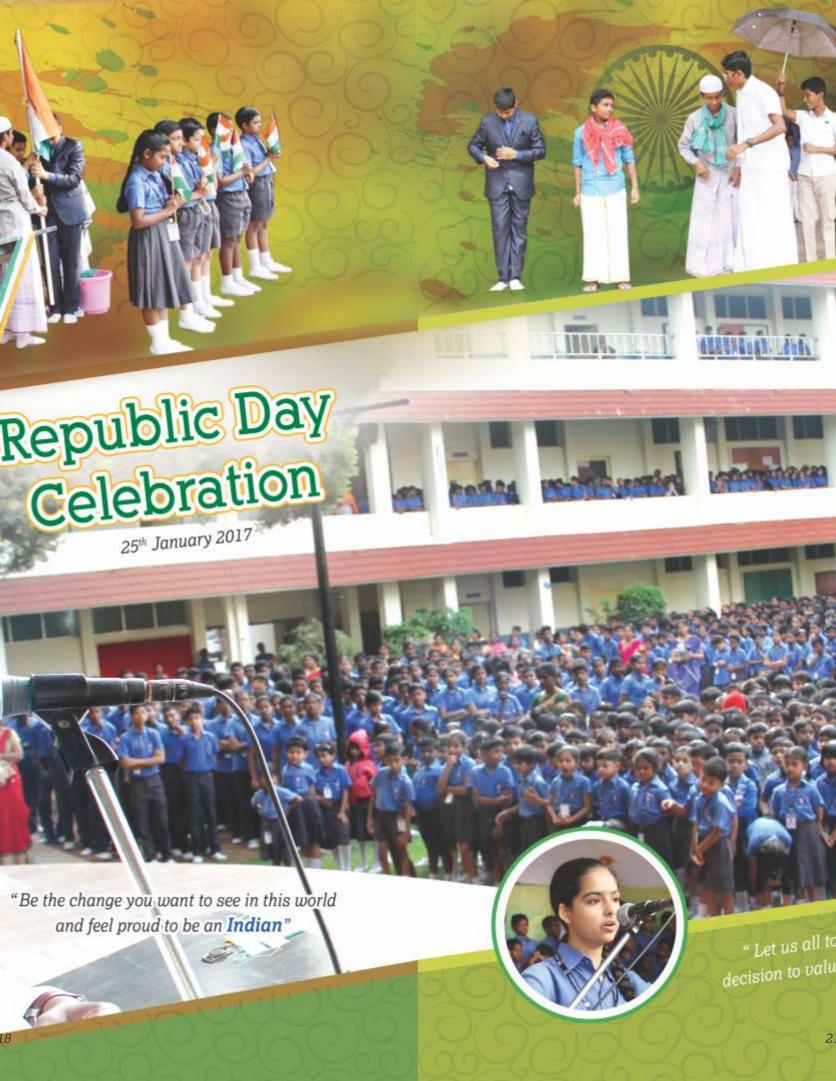




One Person can make a differ









Sitting L-R: Ms Pappa, Mr Muthuramalingam, Mr Dilli Babu, Mrs Sophia, Bro Jeyaseelan, Bro Pasca, Mrs Celine, Mrs Amala, Mrs Sheela, Mrs Subha Balaji,, Mrs

Class Teacher: Mrs. Sofia Wilson

Standing I row L-R: Nishhanti Priya, Jeffy Vianney S V, Oviya P S, Sanjana K E, Sadhana Saravanan, Sri Vaishali T, Namita Trilok, Hrithika S, Maithri S, Sri Raghavi S, Yamima J, Manasvi P, Jyotsna Muralidharan, Adlin Seles A

Standing Il row L-R: Preesha Christina Anandh, Mohana Priya J, Nivedha S, Krishna Priya S, Nashita S, Maega Jacob, Aadhya B, Monica Faustino G, Prithika K, Shwetha S, Greeta Kavitha J, Paroma Roy, Anu J

Standing III row L-R: Sakina Zuzer Lai, Joseph Tharakan C, Vinay Joseph Govias, Sharan Sivakumar K S, Dev Mithunisvar P, Sanaa Fathima B, Shivani R, Richie Robert, Daryl Antony, Krishanth S B, Mohammed Huzam, Rishie S Santhanam, Fathima Neeha S P

Standing IV row L-R: Farhaan Ahmed Z, Kevin Joe, Sudhir S, Royston Fernando M, Simeon Samuel Dinesh, Kevin Jonathan, Karthik B, Anton Britto, Ansel imothy Francis, Bertlyn Joseph S, Iyappan Annamalai



Class Teacher: Mr. Senthil

Sitting L-R : Mr Prince, Mrs Nalini, Mrs Subha, Mr Muthuramlingam, Mr Senthil Kumar, Bro Jeyaseelan, Bro Pasca, Mrs Celine, Mrs Amala, Mrs Sheela, Mrs Dieela, Mrs Preetha

Standing Irow L-R: Winfred Gnanaraj, Rangesh, Vaseekaran, Koushik, James Christopher, Sai Anirudh, Robin Thomas, Kevin Jeyasingh, Pradhyumna, Sanjay C, Reno, Nithyanand, Samuel Thomas

standing II row L-R: Lokesh, Mithran, Md Azeem, Philip Xavier, Charles Samuel, Md Natish, Allan Syjan, Tejas, Kevin B, Jason Britto, Vivian Xavier, Prashanth,

Standing IV row L-R: Mahetha, Vimala, Mystica, Merlin Jenifer, Christina Gifty, Shreethi, Susan Joy, Sarah Peters, Isha Ramesh, Roshini Poorima, Treasa Bency, Shivani, Samantha, Gayathri, Eurroshini, Infant Sheerin Standing III row L-R: Rachael Ebenezer, Abbas, Kamalesh, Jaya Krishnan, Philip Akash, Harikesh Ramji, Vishwak Jayakanthan, Aswath K, Harish Gowtham, airakshith, Neil Pepin, Sanjay R N, Meghnaa



Class Teacher: Mrs. Dixeena Nathan

Sitting L-R: Mrs Pappa, Mr Muthuramalingam, Mr Senthil, Mrs Subha, Mrs Dixeena, Rev Bro Jeyaseelan, Rev Bro Pasca, Mrs Celine, Mrs Amala, Mr Dilli Babu,

Standing Irow L-R: Arvind Raj, Derrick, Sayee Darshan, Avanthika, Curie, Sakthi, Boshna, Varsha, Erica, Rithikaa, Adrian, Adithya K Unni, Aadeish
Standing II row L-R: Giri Ganesh, Ruban, Juan, Vivin, Varun, Nithin, Hari, Mario, Alvis, Andrew Melvin, Siddharth, John Rohan
Standing III row L-R: Parthasarathy, Jagadeeshwar, Melvin Freddy, Nanda Kumar, Nishinth, Rohith Vamakanthan, Shishir, Sivam Akash, Fabian, Rithin,

Standing IV row L-R: Muthu Kumar, Merage, Jordan, Alex, Vishal, Rohit Varghese, Sarveshwaran, Abishek, Karthik, Dhanush



Class Teacher: Mr. John V S

Sitting L-R: Mr Prince, Mrs Dixeena Nathan, Mrs Mala Anand, Mr Muthuramalingam, Mr John V S, Rev Bro Jeyaseelan, Rev Bro Pasca, Mrs Celine Herman, MrsAnitha Rosaline, Mrs Subha Balaji, Mrs Preetha

Standing I row L-R: Yukktha Shankar V, Viola Grace Evangeline, Natalia Sarah Anthony, Prasanthi Sai B, Safira Shabanaz K, Naqiya Hasani Unjhawala, Angela Jovita L, Benzy Amala, Mahima D, Sruthika S, Mithra S M, Nandita J, Ashvita S, Silviya Lourdu Ezhilarasi, Gayathri M, Ramya R. Standing II row L-R: Maria Rheya Mystica, Nini A, Fazmina T, Sai Harini Ganesh, Varsha Gokul, Sarrah Huzefa Broachwala, Harshitha Pragathi S, Priyanka K, Preethika K, Kamalaa A R, Antara Balaji, Rethee V, Mohanraj, Joe Merisha, Shraddha R, Madelein Shirley B

Standing III row L-R : Adithya Rao, Puvi Ezhilan S, Rishi Thiruvengadam K, Vishaal Prasanth, Sehaj Śingh Kohli, Arun Siddarth G R, Pragadeesh, Saif Ahmed, Andrew Rajan, David Caleb R, Ámit Gilbert Govias, Patrick Mervin Royan S, Kevin Moses Anand

Standing IV row L-R: Gautham T, Nitish S, Eashwar Nithyan, Ajai Irudayaraj V, Samy A K, Sirish Savio, Arokiaraj S, Aakash Kumaar, Avinash Raj A, Afsar N, Ashwin Prasanth, Joseph Emmanuel V, Pranith M P



Nostalgic moments at school? It's weird you know, because there are so many moments in the past fourteen years, during which I've laughed my heart out, or almost cried, either way I've had teary eyes and patted my friend's shoulder and said, "oh my God, I'm feeling so nostalgic."

I swear to God, so many times. And yet somehow, when I tried picturing the school campus, the UKG block, the tiny tots block where we first had our music class (which is now converted into the junior section library). I tried remembering all the different canteens we've had, but guess what? This campus doesn't make me nostalgic. What makes me nostalgic and teary eyed, are the people associated with all these corridors. I'm scared that if I touch my hand across the walls of UKG, it is going to echo with the sounds of all our laughter, our tears, our 'outstanding' class moments- with all our memories.

Now when I see a small girl outside a UKG or LKG classroom, getting her panties and skirt done by a school maid, I honestly feel grossed out. But I'm pretty sure each one of my classmates have had those moments too, and even though I don't remember it, I'm feeling nostalgic about it. I remember the old playground, which I don't think I'll ever be able to forget. I remember how we used to think going beyond the big green net that divided our school from what looked like a forest, was cool and anyone who went beyond it was basically a dare devil.

I remember being scared about playing on the see-saw because there's always that possibility that you'll be on the higher end and suddenly your friend will get up, and you'll hit the ground and injure your butt. I remember getting out of the fear and learning to trust-(No, not really see-saws will always scare me).

I remember how seriously people took it when you challenged them to climb on the big blue slide which used to be by the auditorium. It wasn't sliding down that was the heart racing past, it was the climbing up. (Even in life, right?)

I then remember growing up. The first thing I realized when I came from skirts to pants was that, guess what? You don't have to adjust your pleats before sitting on the bench anymore! I'm nostalgic about that revolution.

I remember that phase in school where literally everyone used to get caught for playing Nikal-Kundal. If you don't know what that is, ask anyone of our middle school teachers. They might look at you cross eyed at the question, but they'll give you a better explanation than any of us.

I remember all the pinky promises I made to my middle school friends for being 'bffs'. I remember how every silly cat fight which made me feel like the end of the world. I remember feeling that the teachers in middle school would never ever understand us and I remember thinking back about it in high school and knowing that everything that was done, was done for our betterment. And if I don't always feel that way even now, I'm sure I'll feel it when I leave school. Everything always seems better once you lose it, right?

I've grown up from learning the difference between 'your and you're, 'their' and 'they 're with these guys and for that, I'm forever nostalgic (and well, grateful).

More than anything, this school has taught me that relationships will begin and relationships will end, but these is always someone betteryou'll find after you leave someone behind.

Stop working up your brains too much. I'm talking about friendships. But more than that, this school has taught me how to make paper airplanes and boats and four cups. You see, it's in those moments when you are doing graffiti on the tables INSTEAD of studying for a class test, I'm going to feel nostalgic about that. About all the amazing and enlightening song lyrics and code words that we've written down. Under all those new layers of paint, I'm sure they are still there.

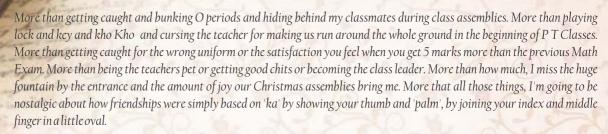
I'm nostalgic about how our beloved karate shed has turned into a junkyard. About singing on top of our lungs during class, or whispering in the lowest possible voices. About the chits we used to pass, with that adrenaline feeling that we might get caught. About that 'look' we give our friends during inside jokes. About choco sips and corn puff. Most importantly, about hiding cell phones in the most unbelievable places possible.

This topic is vast and if I have to write every single thing. I am nostalgic about, we'd all have to get some tissues for the tears I would drown you in.

And you know what the funny part is? This nostalgic isn't going to end right now. Infact, it is going to begin only after we leave the school.

Continues...





Guys, remember that?

- Naqiyah Hasan XII 'C'

My time at Michael's

Time flies, doesn't it? Fourteen years at Michael's and thinking back, it seems like a colour. These years at Michael's have contained the best moments of my life. While passing through the grades at Michael's I have learnt valuable life skills, which will hold me in good stead for the rest of my life. All the high and lows have been learning curves for me and I can't believe that my time at Michael's is about to end. Each day at Michael's was a day of fun, learning and making friends. My education was taken care of by the best of teachers. I cannot thank them enough for guiding me through my schooling years. They have always been there for me and have helped me become a good person in society. My time at Michael's has been the absolute best and I couldn't have asked for anything more. It has been and will always be an integral part of my life.

- Kevin Jonathan XII 'A'

Nostalgic memories at school

Decked in grey and blue Getting ready to start without a clue With feet fit into new white shoes As happy to travel on a cruise A mini schoolbag on the shoulder With curiosity as much as the size of a boulder Entering the gate of art with a big broad smile Very innocent without the act of guile Lighted rooms with colourful chairs All kids made to sit in pairs Talking and happily fighting without a bother Also very insistent to make a pother Playing joyfully in the slides and swing Experiencing with friends the beauty of spring Growing in age and mind Also in the attitude of being very kind Out in groups here and there With loads of things to talk and share

Learning and scrutinizing a lot Until the deep sleep in the midnight cot Off with teachers and friends as a picnicker Giggling at funny jokes with sadness seldom to flicker Participating in sports and a game Was done without the feel of shame The unforgiving time passing on Labelled were our flagship dons More and more responsibilities pouring in With nothing to throw away in the bin Life monitoring exams holding on the lead With many advices to heed It never means to forget those days of joy Which can never be got back like a broken toy Worries never to peep out and remained unseen And now off to recollect our beautiful teen

- Gayathri K XII-Bl



Reminiscence

For the past 14 years I have introduced myself as Jyotsna Muralidharan of St.Michaels Academy. And soon St.Michaels Academy is going to be a part of my past. A wonderful and memorable past but 'the past' nevertheless.

The first memory of anyone's school life would be the teary first day of school where we held on to our mother's hands or 'dupatta' hoping to be taken back home; hoping to get andny one way from this strange andny one way nd unfamiliar place. Little did we know that this place was going to become a part of our daily life for the next fourteen years and also our 'second home'. But nothing stopped us -the so called 'tiny tots' from crying our hearts out everytime our parents left us at the school gate. Some of us even continued the practice every academic year on the reopening day. Every day we came to school hoping for the 2:15bell to ring faster and for the breaks to last longer. The lightest showers would have usall lined up in front of the tv , praying and hoping that the government declares a holiday. But every holiday we despised the boredom and hoped to come back to school and meet our friends or enjoy a nice PT period. Such is school life. Day after day we walked from kindergarten to primary school, middle school, high school and higher secondary and yet our steps falter as we near the day to finally walk put of school. Every sports day and culturals we screamed our throats out cheering. Every children's day we wore our favourite dress to school and every free period we celebrated like crazy. Memories of SMA can never be summed up in a page or two because it includes 14 years worth of cherished memories.

On the first day of school we cried because we had left behind our comfortable, loving homes. On the last day of school we cried once again because we are leaving behind yet another one of our homes.

- Jyotsna Muralidharan

Reminiscence

It isn't much but these are my thoughts about my school days.

I'd studied here since LKG, never thought of changing schools, just went with the flow. In my first years I kept to myself, I was quite socially awkward actually. And the thing which helped me first was our school culturals. It made me engaged toward something and I had to face other people, and I slowly began to move along well with others. I met a lot of new people and importantly I met new people with 'similar interests'. And thus I made new friends. One way, nein?

Honestly? I am not much when it came to studying. But I'd participated in a NASA olympiad when I was in 8th. And I'd gotten the 1st rank (school level). I'd never expected it and I'm pretty sure none of the adults did too. That was the beginning toward my increased interest in studying and I can say I didn't do as bad as before.

My favourite year? 11th, sure, the science group was tiresome. But But I can say it was the best and most 'alive' group besides the studies. In all it doesn't matter what you follow, as long as you like it, and it helps if you have others to like it with you. A break from boards, but that doesn't mean it's easy. But that doesn't mean it doesn't have to be fun either. I'd participated a lot that year. And the best memories were of when we had gone to friends' houses to practice. A relief from a monotonous lifestyle. But even though I ought to be saying you must study in 11th. I really can't. Cause that's the time when you get to realise, this is the last year we can enjoy a bit before the painstaking exams begin. To be precise, week after week. But you must know when to be serious, that's the key.

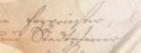
Though I lost the captaincy for the house, the surprising part was many juniors recognised me later. It was really heartwarming really. In my last year I joined the football team and it was so much fun. Though we had our differences. We drudged our way all the way to states. That was another milestone in my school life. And no matter what troubles you come across, remember it's just a bad day, not a bad life

In all, PARTICIPATE in as many activities you can. OPEN your mind to new opportunities.

Remember: No one remembers a person who gave up. And be the person you needed when you were younger.

Farewell!

- Shivani R, XII-A





















Mrs. Colleen Aaron

World's

Longest

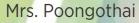
Coffee Break

"You will be remembered for the things that you had done here.

Thanks for Your years of hard work and dedication.

Congratulations on your Retirement.

Stay blessed."





Mr. Muthuramalingam











